



**S. R. GOVT. COLLEGE FOR WOMEN**  
AMRITSAR, PUNJAB (INDIA)

Memo No. 5110

Dated. 27/3/23

Dr. Malkiat Singh  
Dept. of Political Science  
Guru Nanak Dev University  
Amritsar

Subject: - Lecture on G-20 under the leadership of India: Opportunities and Challenges.

Sir,

We are pleased to invite you to deliver a lecture on the topic-G-20 Under the leadership of India: Opportunities and Challenges on 28/03/2023 at 11.00 a.m. Your valuable discourse will enlighten and motivate our students.

Looking forward to a favourable response.

27/3/23

Principal,  
S.R.Govt.College(W),  
Amritsar

*[Signature]*

email id: [gcamritsar@gmail.com](mailto:gcamritsar@gmail.com)

McLeod Road, Rani Ka Bagh, Amritsar Punjab, (India)

Ph/FaxNo: +91-183-225818

[www.srgewamritsar.or](http://www.srgewamritsar.or)

23/3/23

Principal,  
Saroop Rani Government  
College For Women  
Amritsar.

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Saroop Rani Government College for Women, Amritsar  
Department of Political Science  
( 2022- 2023)

Lecture On “G- 20 Under the Leadership of India:  
Opportunities and Challenges”



Date: 28/03/2023

No. of Participants:83

Resource Person: Dr. Malkiat Singh

Designation: Deputy Director AISCEE Guru Nanak Dev University, Amritsar.

The Department of Political Science of Saroop Rani Government College for Women, Amritsar has organised guest lecture by Dr. Malkiat Singh, Deputy Director AISCEE Guru Nanak Dev University, Amritsar on the topic “**G- 20 Under the leadership of India: Opportunities and Challenges**” on 28th March 2023. It was very interactive session. The session was inaugurated by a floral welcome by worthy Principal Professor Dr. Daljeet Kaur. **Vasudev Kutumbakam** is the theme of India's G-20 presidency. The G-20 is a group of countries whose economic potential represents 85% of the world's GDP. The G20 is a group of those 20 countries that represent 75% of the world's trade. Doctor Malkiat Singh explained the challenges like climate change, terrorism etc and also opportunities through which India tried to upgrade its economic status. The students raised various questions and were very well answered by Dr. Malkiat Singh. It was very educative, interactive and interesting session.

25/9/23

Principal,

Saroop Rani Government  
College For Women

Amritsar.

name

name



**Saroop Rani Government College for Women, Amritsar**  
**Department of Political Science**



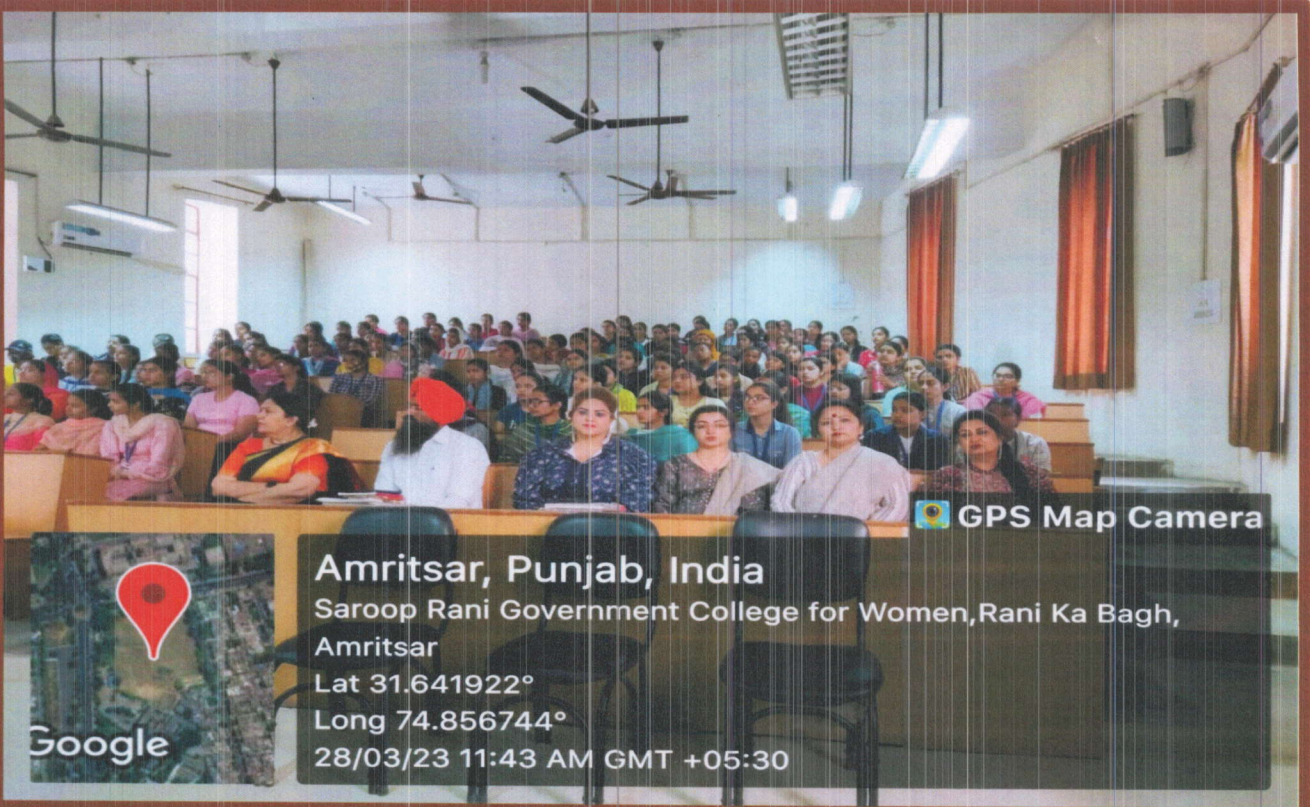
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Principal  
Saroop Rani Government  
College For Women  
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**Saroop Rani Government College for Women, Amritsar**  
**Department of Political Science**



**Amritsar, Punjab, India**

Saroop Rani Government College for Women, Rani Ka Bagh,  
Amritsar

Lat 31.641922°

Long 74.856744°

28/03/23 11:43 AM GMT +05:30



**S. R. GOVT. COLLEGE FOR WOMEN**  
**AMRITSAR, PUNJAB (INDIA)**

Memo No. 5110

Dated. 27/3/23

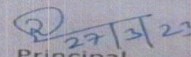
Dr. Malkiat Singh  
Dept. of Political Science  
Guru Nanak Dev University  
Amritsar

Subject: - Lecture on G-20 under the leadership of India: Opportunities and Challenges.

Sir,

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Looking forward to a favourable response.

  
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Ph/Fax No: +91-183-225818

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College For Women  
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## सरूप रानी राजकीय महिला महाविद्यालय अमृतसर में वक्तव्य आयोजित

अमृतसर-29 मार्च (राय) बताया। प्रिंसिपल ने उनके सरूप रानी राजकीय महिला महाविद्यालय, अमृतसर में प्रिंसिपल प्रो डॉ दलजीत कौर के सुयोग्य निर्देशन में राजनीति शास्त्र विभाग की ओर से जी 20 में भारत की अध्यक्षता- अवसर और चुनौतियां विषय पर एक वक्तव्य आयोजित किया गया, जिसमें गुरु नानक देव विश्वविद्यालय के राजनीतिक शास्त्र विभाग के सहायक प्रो मलकीत सिंह मुख्य वक्ता के रूप में पधारे। अपने वक्तव्य में उन्होंने जी 20 में भारत की अध्यक्षता को देश के सर्वांगीण विकास और भविष्य में विकास के अनेक नए अवसरों के लिए बड़ा महत्वपूर्ण कदम बताया। प्रिंसिपल ने उनके वक्तव्य को लाभदायक बताया और उनका धन्यवाद किया। इस अवसर पर कॉलेज काउंसिल सदस्य व राजनीतिक शास्त्र विभाग के मैडम कुलजीत और, मैडम मंजु कोचर आदि उपस्थित रहे।



## सरूप रानी राजकीय महिला महाविद्यालय में जी-20 पर लेक्चर का आयोजन किया

**संस्था व्यूहर्गा**

अमृतसर, 29 मार्च: सरूप रानी राजकीय महिला महाविद्यालय में प्रिंसिपल प्रो डॉ दलजीत कौर के सुयोग्य निर्देशन में राजनीति शास्त्र विभाग की ओर से जी 20 में भारत की अध्यक्षता- अवसर और चुनौतियां विषय पर एक वक्तव्य आयोजित किया गया। इस मौके पर गुरु नानक देव विश्वविद्यालय के राजनीतिक शास्त्र विभाग के सहायक प्रो मलकीत सिंह मुख्य वक्ता थे। अपने वक्तव्य में उन्होंने जी 20 में भारत की अध्यक्षता को देश के सर्वांगीण विकास और भविष्य में विकास के अनेक नए अवसरों के लिए बड़ा महत्वपूर्ण कदम बताया। प्रिंसिपल दलजीत कौर ने उनके वक्तव्य को लाभदायक बताया और उनका धन्यवाद किया। इस अवसर पर कॉलेज काउंसिल सदस्य व राजनीतिक शास्त्र विभाग के मैडम कुलजीत और मैडम मंजु कोचर भी उपस्थित रहे।



मलकीत सिंह का स्वागत करती प्रिंसिपल दलजीत कौर व अन्य।



सरूप रानी कालेज में आयोजित लेक्चर में मुख्यमेहमान को सम्मानित करते हुए प्रो. दलजीत कौर • सौ. कालेज

### सरूप रानी कालेज में लेक्चर करवाया

संस, अमृतसर : सरूप रानी राजकीय महिला महाविद्यालय, अमृतसर में प्रिंसिपल प्रो. डा. दलजीत कौर के निर्देशन में राजनीति शास्त्र विभाग ने जी-20 में भारत की अगुआई, अवसर और चुनौतियां विषय पर लेक्चर करवाया गया। मुख्य

वक्ता गुरु नानक देव विश्वविद्यालय के राजनीतिक शास्त्र विभाग के सहायक प्रो. मलकीत सिंह ने जी-20 में भारत की अध्यक्षता को देश के सर्वांगीण विकास और भविष्य में विकास के अनेक नए अवसरों के लिए बड़ा महत्वपूर्ण कदम बताया।

### जी-20 अनेक नए अवसरों के लिए महत्वपूर्ण कदम: प्रो. मलकीत सिंह

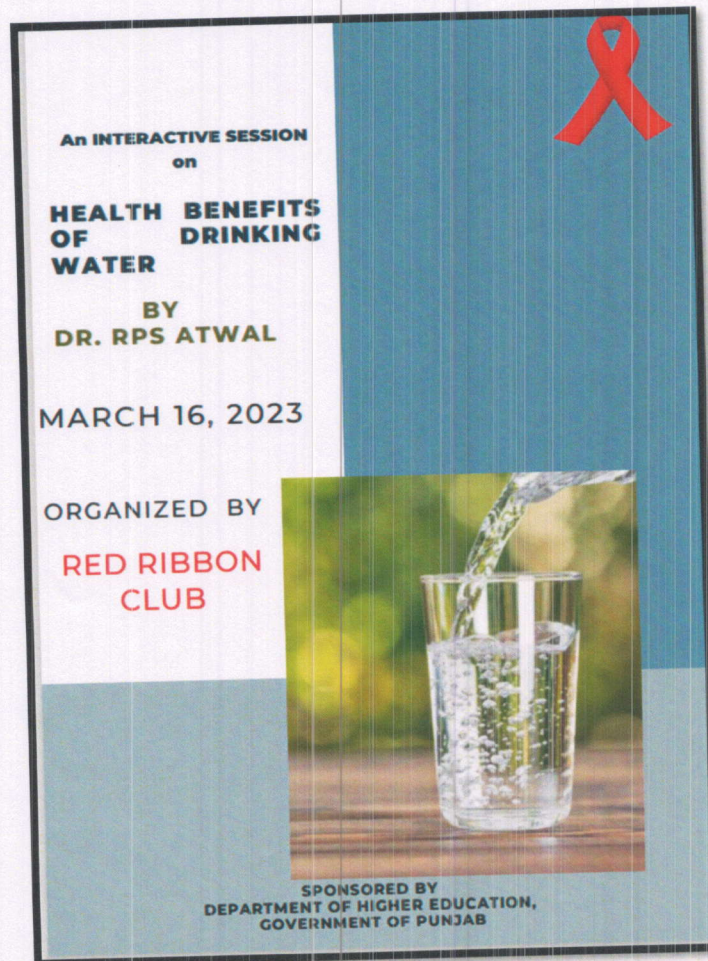


अमृतसर, पब्लिक दिलासा (ब्यूरो): सरूप रानी सरकारी कॉलेज में प्रिं. प्रो. डॉ. दलजीत कौर के दिशा निर्देशन में राजनीति शास्त्र विभाग की ओर से जी-20 में भारत की अध्यक्षता-अवसर और चुनौतियां विषय पर एक सेमिनार आयोजित किया गया। इस मौके जीएनडीयू के राजनीतिक शास्त्र विभाग के सहायक प्रो. मलकीत सिंह ने मुख्य वक्ता के

रूप में शिरकत की। अपने संबोधन में उन्होंने जी-20 में भारत की अध्यक्षता को देश के सर्वांगीण विकास और भविष्य में विकास के अनेक नए अवसरों के लिए बड़ा महत्वपूर्ण कदम बताया। इस अवसर पर कॉलेज काउंसिल सदस्य व राजनीतिक शास्त्र विभाग के कुलजीत और मंजु कोचर उपस्थित रहे।



RED RIBBON CLUB



No. of Participants: 76

Resource Person- Dr. RPS Atwal

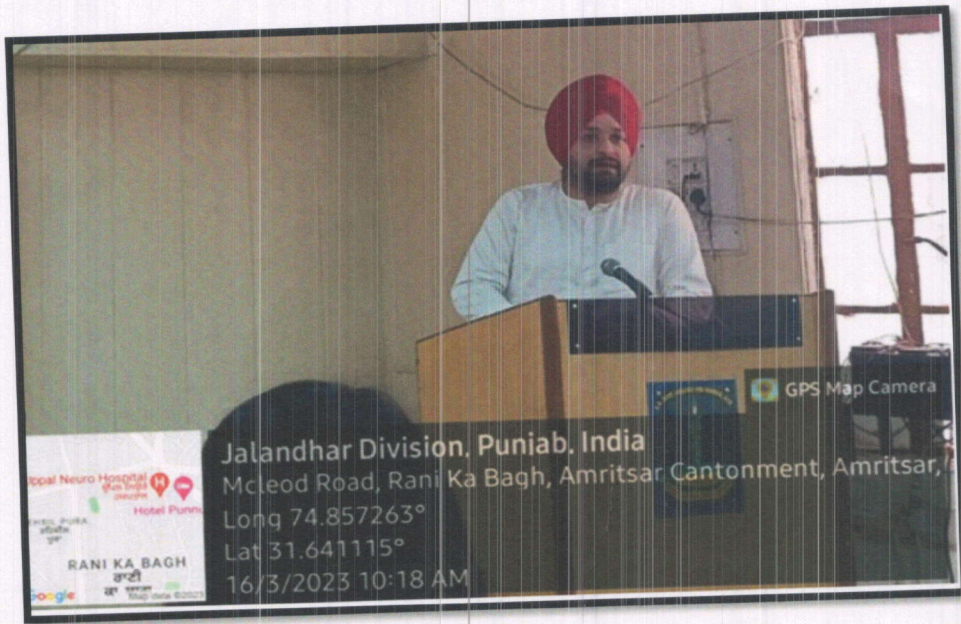
Red Ribbon Club hosted an interactive session on the **Health Benefits of Drinking Water** in the Multimedia on March 16, 2023. Dr. RPS Atwal, Ojas Hospital, Chheharta, Amritsar interacted with students and stressed the importance of drinking mineralized water. He said to keep the body hydrated, as deficiency of water in the body is a major cause of various ailments in the body. Thirst is the signal to drink pure water and not soft drinks, beverages etc. The quickest way to keep the body hydrated is by eating cucumbers. 70% of the body is composed of water and all cells and organs need to be hydrated, especially the brain. The human brain needs 60% more water than the body. He stressed the need to make **walking** a part of daily routine as it keeps the cells and organs hydrated and the mind distressed.

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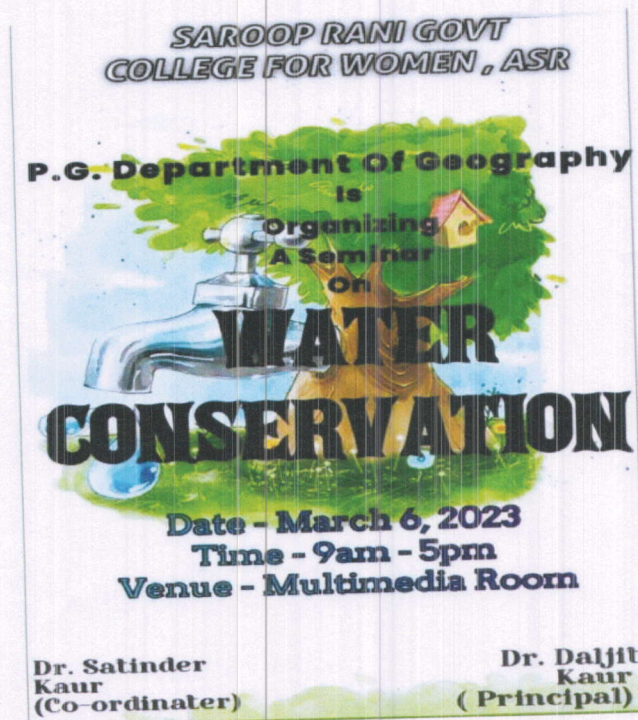


## A SEMINAR ON WATER CONSERVATION

Date: 06.03.2023

- A Seminar on Water Conservation was organized by Department of Geography, S.R. Government College (W) under the able guidance of Principal Prof. Dr. Daljit Kaur. Mr. Seminar was started with the welcome address by Dr Jaideep Singh. Key Note Address was read by head of Geography department, Dr Satinder Kaur.
- In first session of the seminar, Jagdeep Singh (IEC Specialist) from the Department of Water Supply and Sanitation, Government of Punjab presented his lecture. He shared his ideas with the students on water conservation and sustainable use of water resources. He also talked about the recent schemes run by the Government on water conservation.
- In second session after the lunch Mr. Baldev Singh, a retired teacher and a Social Worker enlightened the students about the proper usage of water and talked about the conservation techniques he is using in his native village.
- In the interactive session students raised their queries.. The seminar was concluded with the vote of thanks by the. The Seminar was very informative and useful for the students.

Number of Participants: 77



*Satinder Kaur*

*23/9/23*  
Principal,  
Saroop Rani Government  
College For Women  
Amritsar.  
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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

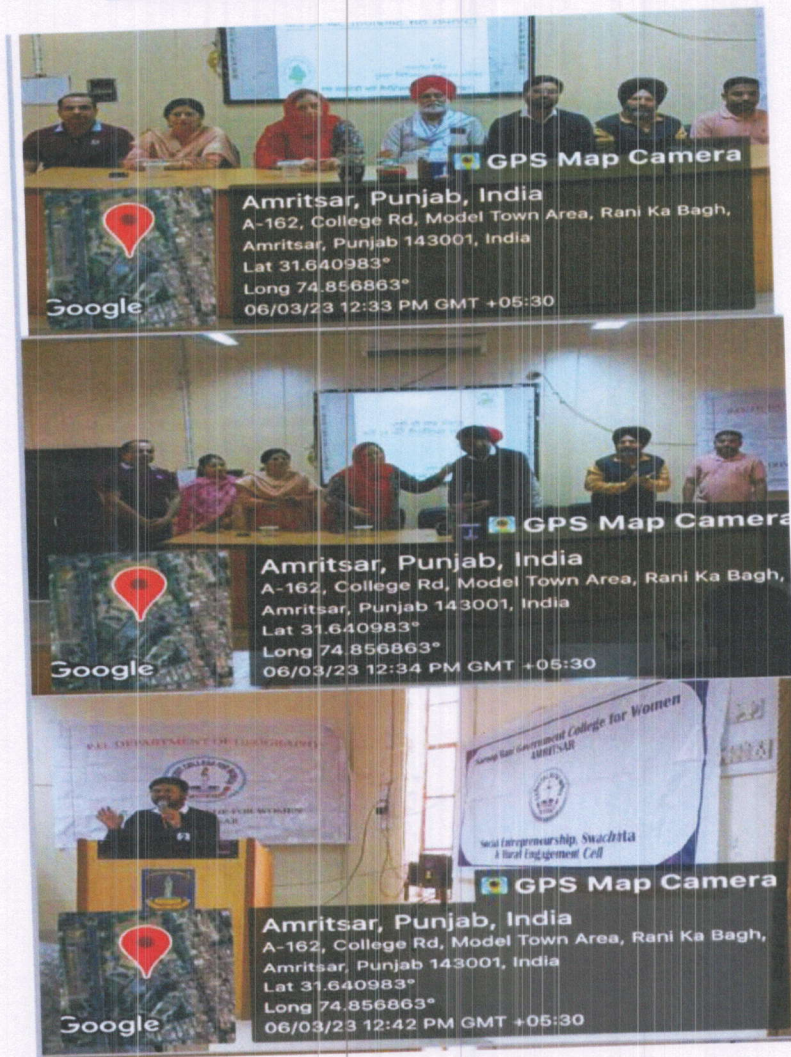
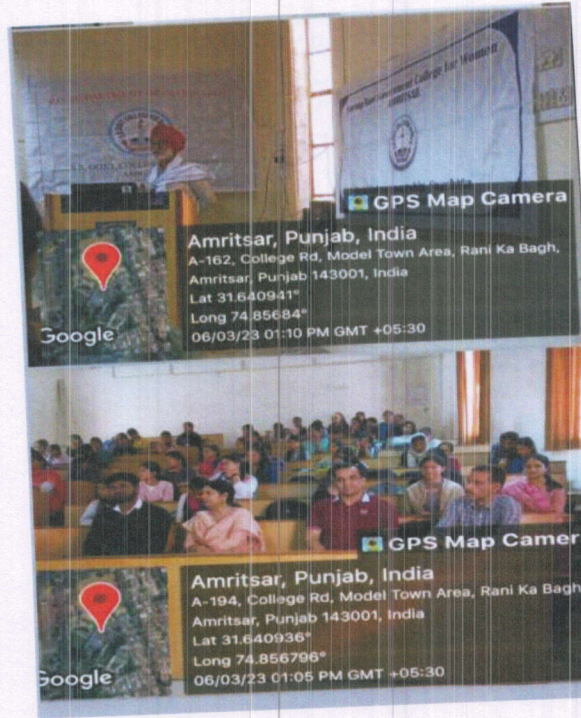
TIME	EVENT
9.30 am to 9.40	Welcome address by Dr Jaideep Singh
9.40 to 10am	Key Note Address by Dr Satinder Kaur
	<b>First session</b>
10 am to 12pm	Presentation
12pm to 1 pm	Lunch
	<b>Second Session</b>
1 pm to 3 pm	Lecture by
3 to 4 pm	Interactive Session
4 to 4.30 pm:	Vote of Thanks by Prof (Dr) Daljit kaur, Principal S.R. Government College
4.30 to 5 pm	Tea

*Satinder Kaur*

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Saroop Rani Government  
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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY



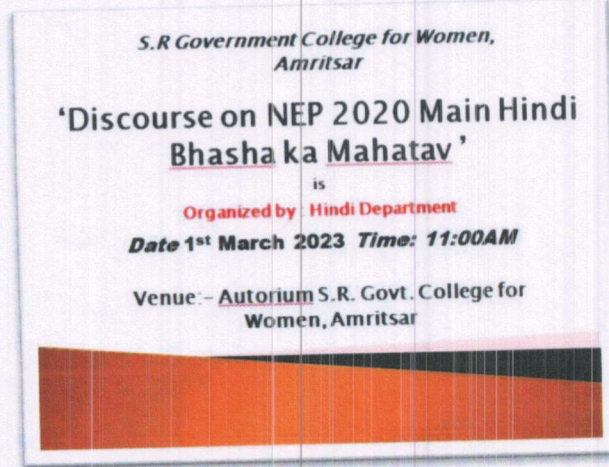
*Satinder*

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25/9/23



Saroop Rani Government College for Women, Amritsar  
Department of Hindi

- Name of the activity:- Discourse on NEP 2020 Main Hindi Bhasha ka Mahatav
- date:- 1<sup>st</sup> March 2023.




**Resource Person:** Dr. Chander Parkash, Assistant Professor,  
IKG Punjab Technical University, Kapurthala

Total Number of the Participants:- 150 Student. Report:-

Department of Hindi organized an Discourse on "New Education Policy 2020 Mein Hindi Bhasha Ka Mahatav" on March 01, 2023 . The resource person Dr. Chander Parkash, Assistant Professor, IKG Punjab Technical University, Kapurthala enlightened the house with his views on NEP 2020 with special reference to the significance of indigenous languages . It was informative for all and was attended by the students and faculty of the college. Principal Prof. Dr. Daljit Kaur also shared her valuable inputs on the recommendations of NEP and appreciated the efforts of the department. In the end, an interactive session was also held wherein the students and faculty members clarified their doubts regarding the NEP 2020. The fruitful discussion made the participants feel gratified and enlightened.

Smile Sharma

  
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Amritsar.  
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**Saroop Rani Government College for Women, Amritsar  
Department of Hindi**

Pictures of the Event:-



Media Coverage:-



Sunila Sharma

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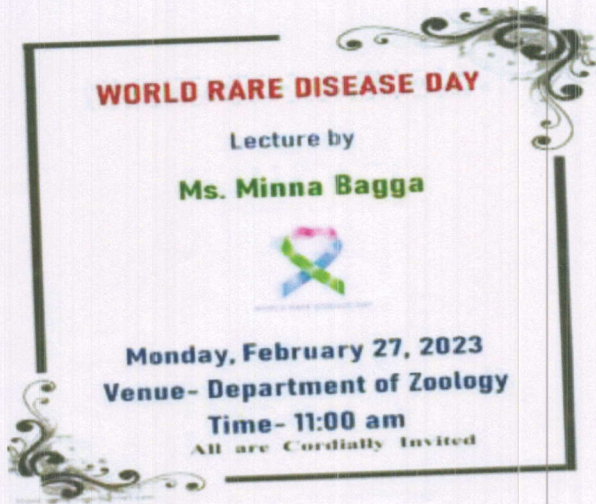
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Saroop Rani Government  
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

Lecture delivered in the Zoology Department- Rare Disease  
27 February 2023



Lecture on Importance of Millet 28 February 2023



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Principal,  
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Amritsar.  
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

**27th February 2023**

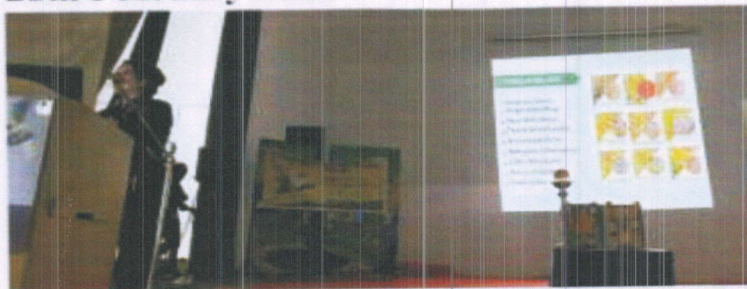


Ms. Minna Bagga delivered a lecture on Rare Diseases.



Students and Teachers attending the lecture

**28th February 2023**



Ms. Minna Bagga delivered a lecture on Millets on the occasion of District Level Neighborhood Youth Parliament held by Nehru Yuva Kendra Amritsar



**11th April 2023**



Amritsar, Punjab, India  
A-244, College Rd, Model Town, Rani Ka Bagh, Area, Amritsar,  
Punjab 143001, India  
Lat 31.640467°

Surbhi Kapoor student of Bsc. CND Sem 6 & Student Incharge of Book Hub. She shared her experience of reading the book with the audience. This event was organised under the guidance of Ms. Minna Bagga and Prof. Dr. Sunila Sharma.

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2 Minna

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Principal,  
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Amritsar.

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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

## Day 4-

## Lecture on the "POWER OF BREAKFAST" to the students of Botany Department



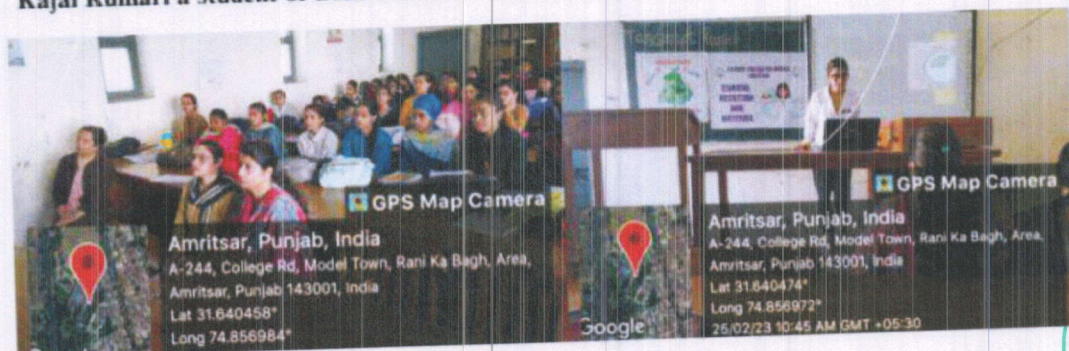
by Surbhi Kapoor of B.Sc Clinical Nutrition Dietetics Sem 6



Dr. Amandeep Bhatti gave the vote of thanks



Lecture on "INTERMITTENT FASTING" to the members of "TANDRUST PUNJAB" by Kajal Kumari a student of B.Sc Clinical Nutrition Dietetics Sem 6.



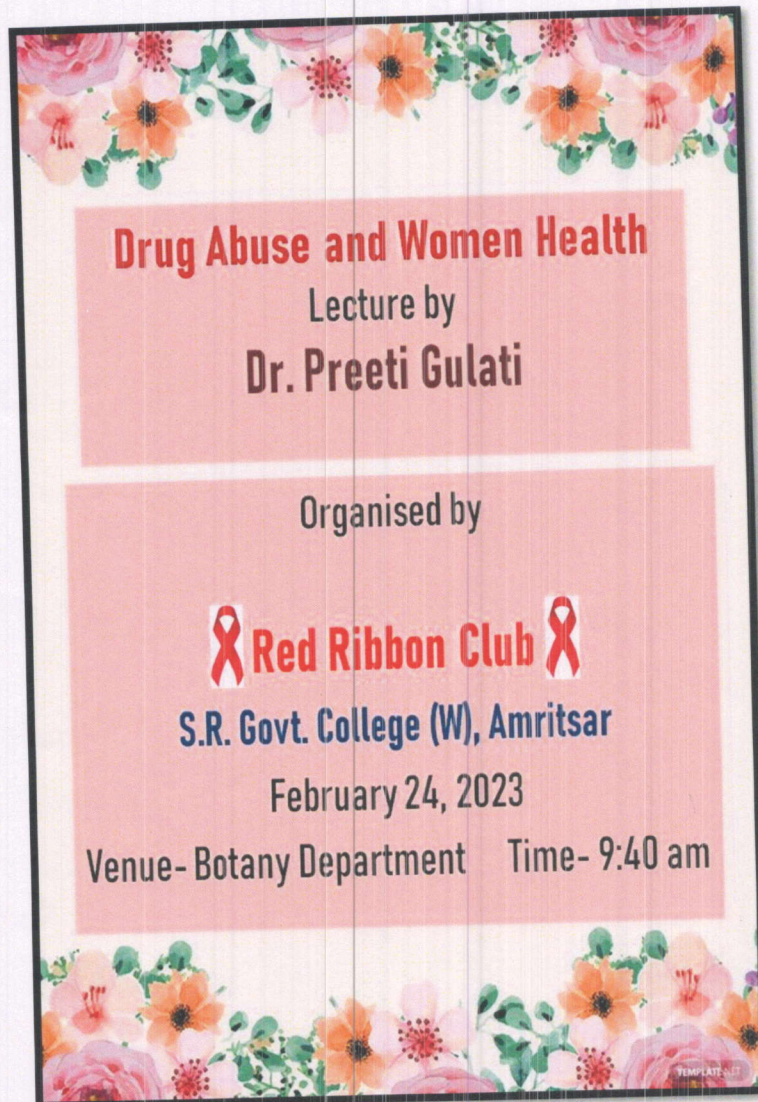
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Saroop Rani Government  
College For Women  
Amritsar.  
Date

23/9/23



RED RIBBON CLUB



No. of Participants: 70

Resource person- Dr. Preeti Gulati

On February 24, 2023 Red Ribbon Club organized a lecture on **Drug Abuse and Women's Health** in the Department of Zoology. Dr. Preeti Gulati from Department of Psychology, S.R. Govt. College (W), Amritsar interacted with students and shared the causes, effect of drugs, symptoms and treatment to overcome the menace of drugs and live a happy and healthy life. The students participated enthusiastically and many of their queries were answered by the expert. The lecture was attended by the students of B. Sc Medical and CND of Sem IV, VI and the faculty members from Department of Botany, Zoology and

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Saroop Rani Government  
College For Women  
Amritsar.  
Name



Saroop Rani Government College for Women, Amritsar



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College For Women  
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

## Day - 2

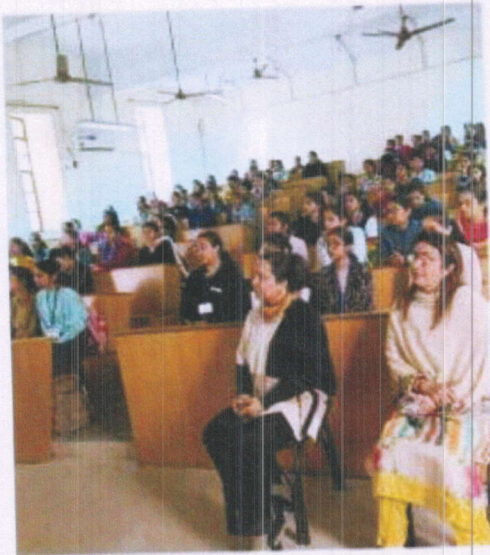
### Lecture on PCOS to the Youth Club of the college

Navreen Kaur delivered a lecture on the Topic "PCOS" to the members of Youth Club.

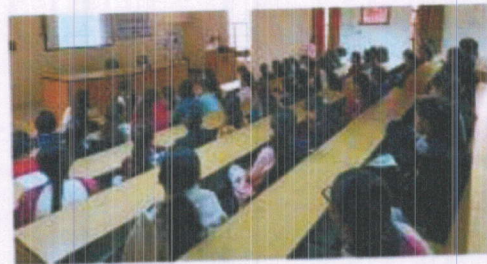
The lecture took place under the able guidance and efforts of Ms. Minna Bagga and Prof. Dr. Sunila Sharma (Head of the Youth Club)



Radhika Sharma of B.Sc CND Sem 2  
Host of the day



Prof. Dr. Sunila Sharma & Minna Bagga  
Incharges of Youth Club



Students of Youth Club

1 kaur  
2 Minna

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Principal,  
Saroop Rani Government  
College For Women  
Amritsar.  
Navreen

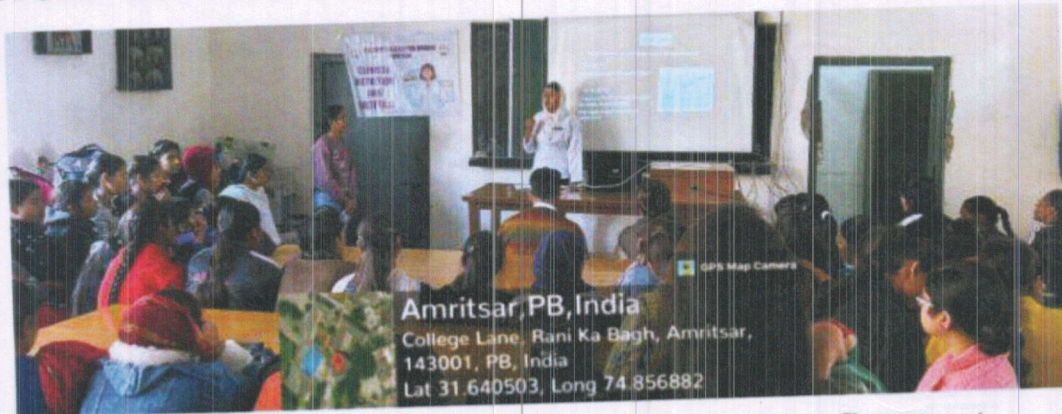


# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

## Day 3-

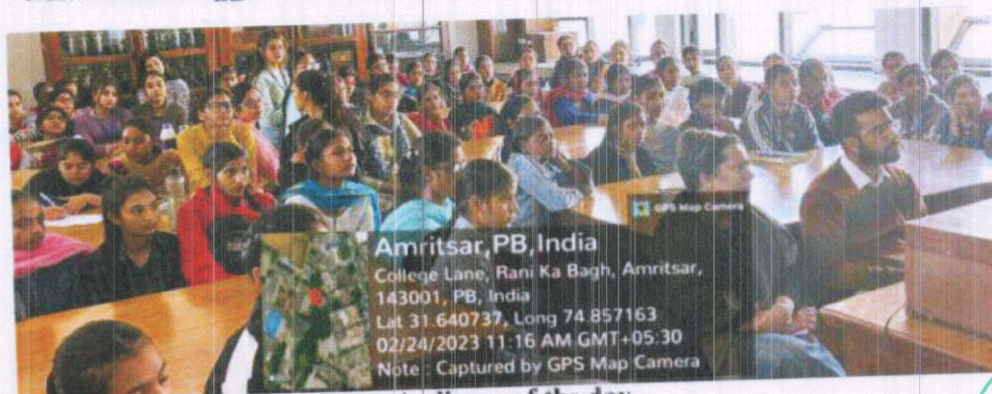
## Role of Nutrition in An Athlete's Life



Manpreet kaur of Sem 6 presenting a talk to the Sports Department



Ms. Minna Bagga & Dr. Harmandeep Singh interacting with students



Audience of the day

1 kaur  
2 Minna

23/9/23  
Principal,  
Saroop Rani Government  
College For Women  
Amritsar  
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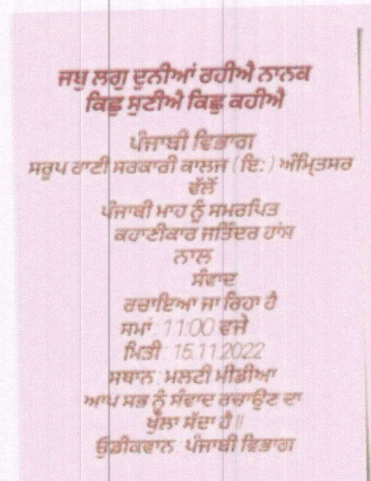


SAROOP RANI GOVERNMENT COLLEGE  
FOR WOMEN, AMRITSAR

DEPARTMENT OF PUNJABI

(2022-2023)

"Ruburu with Jatinder Haans"



Date : 15-11-2022

Resource Person - Sh. Jatinder Haans (Story Writer)

No. of Participants-150

On 15-11-2022 a lecture of the famous Story-writer "Jatinder Haans" was organized under 'Ruburu' Programme. The author shared his story writing journey.



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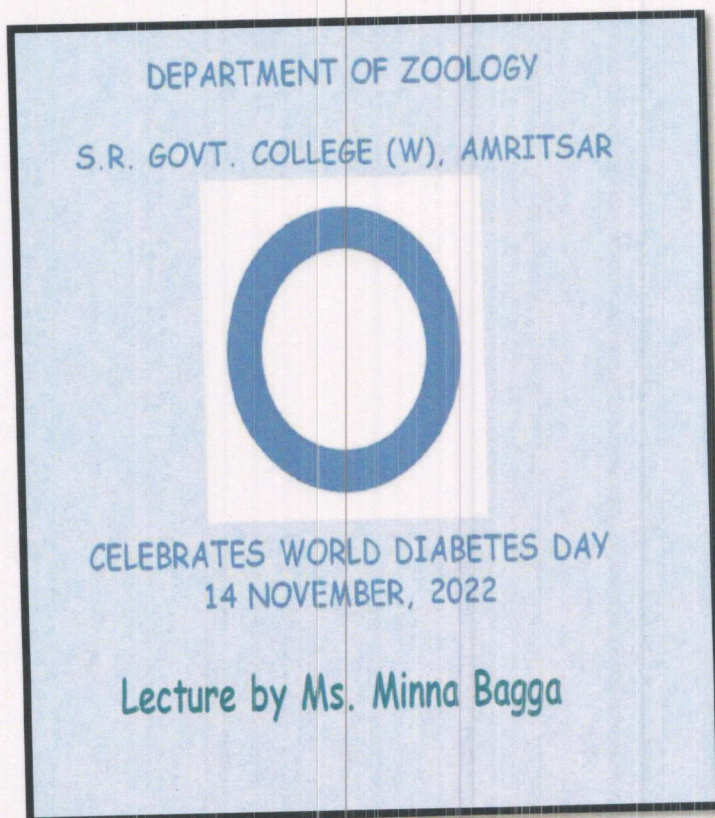
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23/11/22



**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF ZOOLOGY**

**Guest Lecture on Diabetes**



**No. of Participants:** 78

**Resource Person:** Ms. Minna Bagga

November 14, 2022 Department of Zoology celebrated World Diabetes Day. On this occasion Ms. Minna Bagga from Department of Home Science, S.R. Govt. College (W), Amritsar interacted with students on **Diabetes** in which she shared the causes, symptoms, treatment and other precautionary measures which can be adopted to live a healthy and diabetic free life. The lecture was attended by Principal Dr. (Prof.) Daljit Kaur, council members and faculty members from Department of Botany and Geography.

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Session: 2021-22

Activity: International webinar on Loss and Gain in Translation: Is the Text Untranslatable?



**Saroop Rani Government College for Women, Amritsar**  
Re-accredited with 'A' Grade by NAAC  
Department of English  
cordially invites you to the  
**International Webinar**  
on 18th June 2021 @11:30(IST) via Google Meet  
**Topic: Loss and Gain in Translation:  
Is the Text Untranslatable?**

**Resource Person:**  
**Dr. Nitin Malhotra**  
Coordinator, Department of English,  
St. Theresa International College,  
Thailand.

**Dr. Khushpal Sandhu**  
Head, Dept. of English

**Ms. Jyoti Bala**  
Principal

**Report:** An International webinar titled "Loss and Gain in Translation: Is the Text Untranslatable?" was organized by the Department of English, in collaboration with NSS under EBSB. The webinar took place on June 18, 2021. Dr. Nitin Malhotra, the coordinator of the Department of English, Saint Teresa International College, Thailand, was the resource person for the event. In the webinar, the speaker extensively discussed different facets of translation studies. The session offered valuable insights into the difficulties and intricacies inherent in translating texts, including the debate surrounding the idea of whether certain texts can genuinely be considered untranslatable. Attendees had the chance to gain a more profound comprehension of the complexities and dynamics involved in the art of translation, as well as the potential trade-offs that occur throughout the process.

No. of Participants: 70

*Mansi Singh.*

*24/9/23*  
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Amritsar.  
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**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF ZOOLOGY**

**Guest Lecture on AIDS**

**AIDS**

**Lecture by**

**Dr. Kapila Mahajan**



**Date- 11 February, 2019**  
**Venue- Botany Lab- I**  
**Time- 11:15 am**

**No. of Participants: 53**

**Resource person: Dr. Kapila Mahajan**

February 11, 2019, Department of Zoology organized a Guest Lecture on 'AIDS' by **Dr. Kapila Mahajan**, Assistant Professor, DAV College, Jalandhar. In her lecture, she explained different aspects of disease like history, transmission, myths and preventive measures through her presentation. The session was very informative.

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**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR**  
**DEPARTMENT OF ZOOLOGY**

**List of Students**

Sr. No.	College Roll No.	NAME
1.	17140025	AMANDEEP KAUR
2.	17140004	PALLAVI WAHI
3.	17140056	GURSHARAN KAUR
4.	17140026	AMANPREET KAUR
5.	17140057	SHARANJIT KAUR
6.	17140087	PAWANDEEP KAUR
7.	17140054	UMARJEET KAUR
8.	17140005	LIZA CHAWLA
9.	17140020	AMANPREET KAUR
10.	17140008	HARMEET KAUR
11.	17140039	RIDHAM BHATIA
12.	17140014	NAVJOT KAUR
13.	17140011	RIA SHARMA
14.	17140065	RAJINDER KAUR
15.	17140080	ROHINI
16.	17140068	PALLVI
17.	17140096	RUPANPREET KAUR
18.	17140078	SANJANA
19.	17140060	KOMALPREET KAUR
20.	17140051	SHIVANI SHARMA
21.	17140024	ANNIE BHAGAT
22.	17140053	GURSIMRAN KAUR
23.	17140036	NAVJOT KAUR
24.	17140059	HASMEET KAUR
25.	17140049	SIMRANJEET KAUR
26.	17140015	DIVYA SHARMA

**Principal,**  
**Saroop Rani Government**  
**College For Women**  
**Amritsar.**  
Date

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**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF ZOOLOGY**

27.	17140042	NAVREET KAUR
28.	17140044	DIKSHA SHARMA
29.	17140085	SAVITA
30.	17140029	KASHISH ARORA
31.	17140014	NAVJOT KAUR
32.	17140046	ANMOL GROVER
33.	17140009	TANIA
34.	17140047	SATINDER KAUR
35.	17140062	JASKIRAT KAUR
36.	17140002	SIMRANPREET KAUR
37.	17140082	MANDEEP KAUR
38.	17140031	NAVPREET KAUR
39.	17140055	KOMALPREET KAUR
40.	17140058	INDERJEET KAUR
41.	17140037	NEHA
42.	17140053	NAVNEET KAUR
43.	17140040	KIRANDEEP KAUR
44.	17140073	MEHAKDEEP KAUR
45.	17140079	JASBIR KAUR
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51.	17140021	LORIKA PAWAR
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DEPARTMENT OF HISTORY  
(2018-2019)

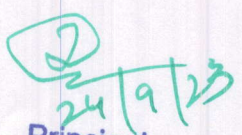
S.R GOVT COLLEGE FOR WOMEN, AMRITSAR

*Department of History  
Organizes*

*A seminar on massacre of Jallianwala Bagh  
Date 09.02.2019*

- Date. 09.02.2019.
- No of Students. 100

Sunil Sharma

  
Principal,  
Saroop Rani Government  
College For Women  
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Saroop Rani Government College for Women

PG Department of Commerce & Management

### Start Up India – Booting Seminar

Date- 24/01/2019

No. of Participants - 15

A Booting Seminar on START UP INDIA was organised in Guru Granth Sahib Bhawan, GNDU in which 15 students of the department participated in various group discussions on topics like entrepreneurship & startups. Overall it was a great exposure for the students.



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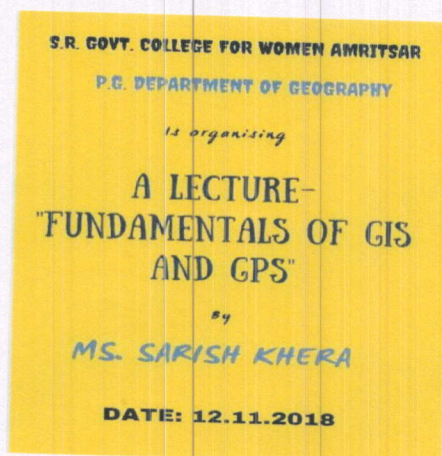
SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

**GUEST LECTURE ON "FUNDAMENTALS OF GIS AND GPS"**

Date: 12.11.2018

P.G. Department of Geography organised a lecture on "Fundamentals of GIS and GPS" by  
**Dr. Sarish Khera**, Asst. Professor, Hindu College, Amritsar.

Number of participants: 27



**LETTER OF APPRECIATION**

Date: 12.11.2018

Sarish Khera  
Asst. Professor, Department of Geography  
Hindu College, Amritsar

Respected Madam,

Thank you very much for delivering an informative and thought provoking lecture on "Fundamentals of GIS and GPS" held on 12<sup>th</sup> Nov. 2018 in P.G department of Geography at S.R. Government College for Women, Amritsar.

It was really a splendid presentation which exposed students to the practical implementation. All the students appreciated and got benefited as well from your knowledge regarding the subject.

Looking forward for your cooperation in future as well.

Dr. Jaideep Singh Dhillon  
Head, P.G. Dept. of Geography  
S.R., Govt. College for Women, Amritsar

Sd/-  
Department of Geograp  
S.R. Govt. College for Women  
AMRITSAR

*Sarandeep*

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*Saroop Rani Government College for Women*

*PG Department of Commerce & Management*

**Guest Lecture - Customer Relationship Strategies**

**Date- 30/10/2018**

**No. of Participants – 200**

**Resource Person – Dr. Jasveen Kaur, Professor USFS, Guru Nanak Dev University, Amritsar**

A guest lecture by Dr. Jasveen Kaur was organised in the college Auditorium by the Department on the topic 'Customer Relationship Strategies' in which 200 plus students of the department participated to enhance their knowledge regarding the topic.

**Saroop Rani Government College for  
Women**

**Department of Commerce and  
Management**

**organises**

**Guest Lecture  
by**

**Dr. Jasveen Kaur**

**CUSTOMER RELATIONSHIP  
STRATEGIES**

**30/10/2018**

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PG Department of Commerce & Management



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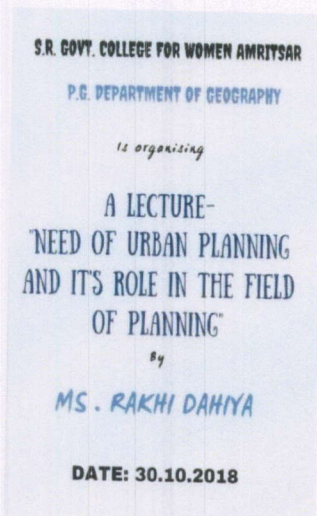
SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

GUEST LECTURE ON "NEED OF URBAN PLANNING"

Date: 30.10.2018.

P.G. Department of geography organised a guest lecture on "Need of Urban Planning" by **Prof. Rakhi Dahiya** from Lovely Professional University, Phagwara.

Number of participants: 24



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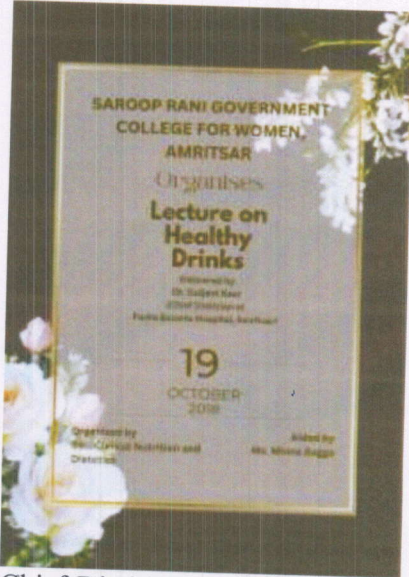
# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

AWARENESS LECTURE ON HEALTHY DRINKS

Resource Person- Dr. Guljeet Kaur

19 October 2018



Chief Dietitian Fortis Escorts Hospital Dr. Guljeet Kaur delivered a lecture on Healthy Drinks which was attended by the staff and students of the college  
Number of participants—54



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Amritsar.  
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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
Department of Fine Arts

# ACTIVITY 4

## DEMO ON FABRIC PAINTING

**DATE : 15.10.2018**

**No. of Participants : 50**

Mrs. Sukhwinder from Krishi Vigyan Kendra Institute visited the Fine Arts department to give the demo to the students. She gave a demo on fabric painting and handicrafts. She guided the students on How they can install their work & earn money.



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Amritsar,  
Name

Pareyjit Kaur



SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
Department of Fine Arts

A demo on Clay Modelling was given to Fine Arts students by one of the famous International Award Winner artists Mr. OP Verma. On the request, he came into the department and gave a demo to students on How to make Figures on Different themes from clay. This demo was given free of cost to the students so that after graduation they can start their own business to get jobs in schools and colleges.



*Paanjit Kaur*

*24/9/23*

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
Department of Fine Arts


## ACTIVITY 5

### DEMO ON CLAY MODELLING

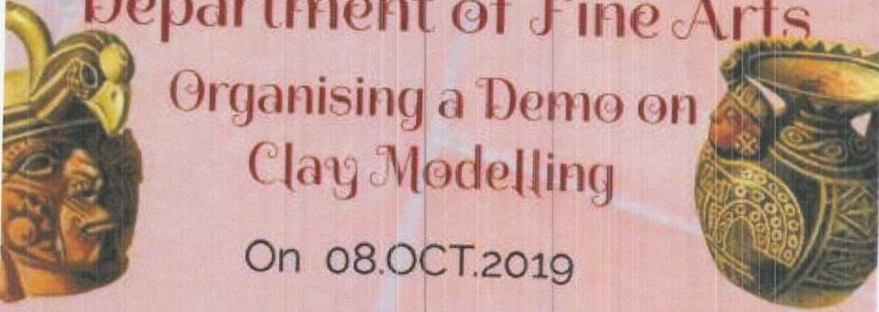
Date : 08.10.2019

No. of Participants : 25

*S.R. Govt. College For Women,  
Amritsar*



Department of Fine Arts  
Organising a Demo on  
Clay Modelling  
On 08.OCT.2019  
By Famous International Award Winner  
Artist Mr. O.P. Verma



*Paranjit Kaur*

*24/9/23*  
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SAROOP RANI GOVERNMENT COLLEGE  
FOR WOMEN, AMRITSAR

DEPARTMENT OF PUNJABI

(2018-2019)

Guest Lecture on *Peetu* Novel



**Date: 06-10-2018**

**Resource Person - S. Paramjit Judge (Head,  
Department of Sociology GNDU, Amritsar)**

**No. of Participants-149**

Students were introduced to the author S. Paramjit Judge. He gave special lecture on his novel Peetu. He dwelled on various nuances of writing and discussed the subject matter of his novel.



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Saroop Rani Government College(W), Amritsar  
Department Of Sociology  
( 2018- 2019)

Guest Lecture by Prof. Dr. Paramjit Singh

Saroop Rani Government  
College for Women, Amritsar

Department of Sociology is  
organizing a Guest Lecture by  
Dr. Paramjit Singh Judge on "The  
Thoughts of Karl Marx"

Date: 06/10/2018

Time: 11:00am

Venue: Multimedia room

Date: 06/10/2018

Resource Person: Dr. Paramjit Singh Judge

Number of participants: 46 (Sociology department of GNDU, Amritsar).

A Guest Lecture was organized by the Department of Sociology. The guest speaker of the day was Prof. Dr. Paramjit Singh Judge, Department of Sociology, GNDU, Amritsar. Dr Judge made students aware about **The Thoughts of Karl Marx's in Sociology**. He discussed the various aspects of Mode of Production as given by Karl Marx.



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DEPARTMENT OF HISTORY  
(2018-2019)

SEMINAR ON IMPORTANCE OF NAMDHARI MOVEMENT

Seminar on Importance of Namdhari  
Movement

S.R Govt College for Women, Amritsar  
Deptt of History  
Organizes

Seminar on Importance of Namdhari  
Movement  
Date September 15, 2018  
Venue Multimedia

24/9/23  
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College For Women  
Amritsar.



Time	Event
9-9.30 AM	Welcome
10-11 AM	Key note address by Dr Kuldeep Singh
11.30-12:00AM	Interaction
1.00-2.00	Lunch
2.30.3.30PM	Namdhari Movement
3.30-4.30PM	Discussion
4.00-4.30PM	Vote of Thanks

- No of Students. 100



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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

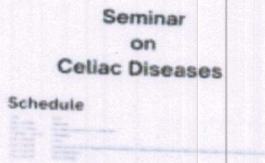
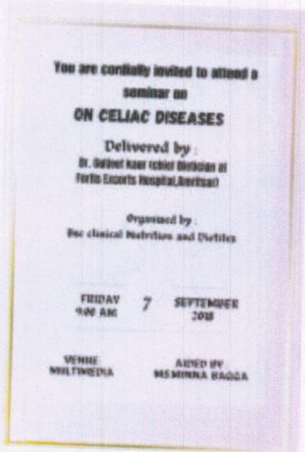
B.Sc. Medical with CND

7 September 2018

One Day Seminar on CELIAC DISEASE

RESOURCE PERSON: Dt. Guljeet Kaur, Chief Dietitian, Fortis Escorts, Hospital, Asr

Number Of Participants : 132



Key note Address was presented by Dt Guljeet Kaur was invited to deliver a lecture on CELIAC DISEASE. She gave her views on the causes, symptoms and ways of prevention from celiac diseases. Ms Minna Bagga presented a talk on dietary patterns in Celiac Diseases. The whole program was hosted by Puneet Kaur.



1	Dr. Guljeet Kaur
2	Ms. Minna Bagga
3	Ms. Puneet Kaur
4	Ms. Anjali
5	Ms. Neha
6	Ms. Divya
7	Ms. Shikha
8	Ms. Anshika
9	Ms. Pooja
10	Ms. Aditi
11	Ms. Isha
12	Ms. Riya
13	Ms. Anika
14	Ms. Shreya
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129	Ms. Riya
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131	Ms. Shreya
132	Ms. Ananya

1	Dr. Guljeet Kaur
2	Ms. Minna Bagga
3	Ms. Puneet Kaur
4	Ms. Anjali
5	Ms. Neha
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132	Ms. Ananya

1	Dr. Guljeet Kaur
2	Ms. Minna Bagga
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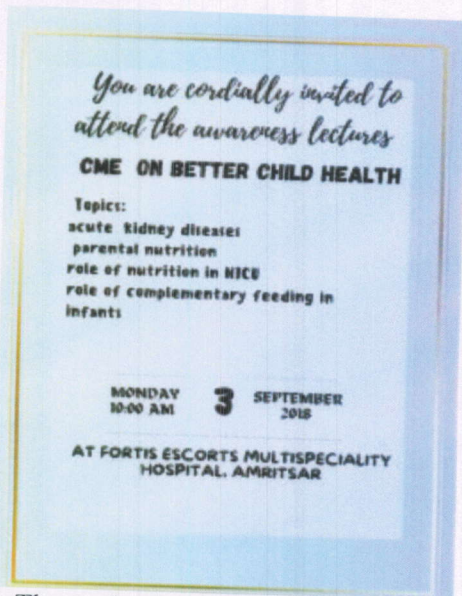
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128	Ms. Isha
129	Ms. Riya
130	Ms. Anika
131	Ms. Shreya
132	Ms. Ananya



# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

One day Seminar on acute Kidney Diseases in Adults and Children  
CME AT FORTIS ESCORTS MULTISPECIALITY HOSPITAL AMRITSAR  
3 September 2018



The students attended a CME (Continuing Medical Education) at Fortis Escorts Hospital. Lectures were delivered by the doctors on the topics:

Acute Kidney Disease

Parenteral nutrition

Role of Nutrition in NICU

Role of Complimentary Feeding in Infants

The objective of the CME was to provide latest information to the students in the field of Better Child Health and Nutrition.

**N0. Of Participants= 33**



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Principal,  
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College For Women  
Amritsar.  
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

No.	
16310003	Arshpreet
04	Ashima
05	Gagandeep
09	Jashan
10	Jasleen
11	Kawaljeet
13	Kirandeep
15	Mandeep
17	Mridula
19	Puneet
20	Ramanpreet
21	Rekha
24	Sargunjeet
27	Scholarjeet

1	Kat
2	Jaspreet
3	Shalini
4	Sargunjeet
5	Arshika
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND



Srno	Class	Roll no	Name
1	1st Yr	1	Amrita
2		2	Hardeep
3		3	Aashi
4		4	Sudip
5		5	Seemant
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Saroop Rani Government  
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Amritsar.  
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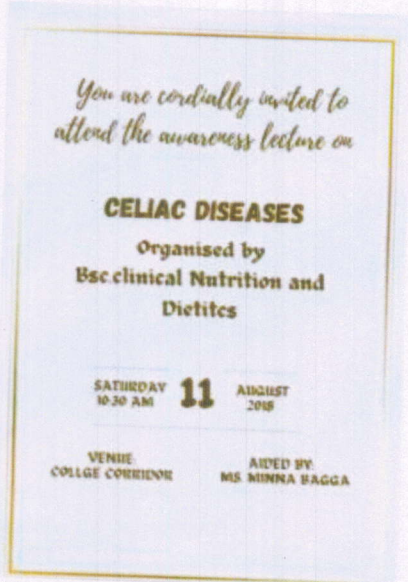


# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

Awareness lecture / Nutrition Clinic on Celiac Diseases

11 August 2018



Arpan Kaur and Navdeep Kaur organized a Nutrition Clinic on Celiac Diseases for the students and staff of the college to spread awareness about the disease.

Students explained the diseases, made diet charts and gave various recipes to the people.

Number of participants- 30



1	Arpan Kaur	B.A. Hon	Very good and funny
2	Paivi	B.A. Hon	Very nice and safe of health
3	Arpan Kaur	B.Sc. Hon	Very nice
4	Arpan Kaur	B.Sc. Hon	Very good
5	Arpan Kaur	B.Sc. Hon	Knowledgeable
6	Arpan Kaur	B.Sc. Hon	Very good
7	Arpan Kaur	B.Sc. Hon	Very good
8	Arpan Kaur	B.Sc. Hon	Very good
9	Arpan Kaur	B.Sc. Hon	Very good
10	Arpan Kaur	B.Sc. Hon	Very good
11	Arpan Kaur	B.Sc. Hon	Very good
12	Arpan Kaur	B.Sc. Hon	Very good
13	Arpan Kaur	B.Sc. Hon	Very good
14	Arpan Kaur	B.Sc. Hon	Very good
15	Arpan Kaur	B.Sc. Hon	Very good
16	Arpan Kaur	B.Sc. Hon	Very good
17	Arpan Kaur	B.Sc. Hon	Very good
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19	Arpan Kaur	B.Sc. Hon	Very good
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26	Arpan Kaur	B.Sc. Hon	Very good
27	Arpan Kaur	B.Sc. Hon	Very good
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30	Arpan Kaur	B.Sc. Hon	Very good

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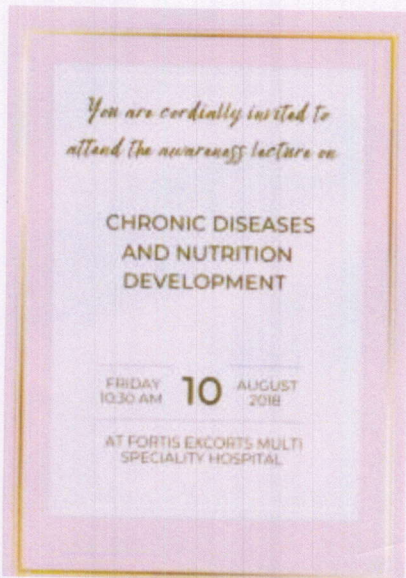
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

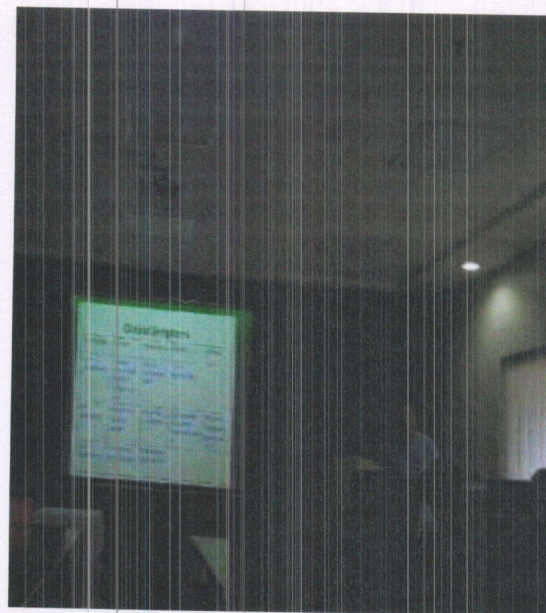
B.Sc. Medical with CND

**Awareness Lecture On Chronic Disease And Nutrition Development At Fortis Escorts Multi-Specialty Hospital  
10 August 2018**



The students attended a One Day Seminar on Chronic Diseases and Nutrition Development at Fortis Escorts Multi-Specialty Hospital as a part of the Continuing Medical Education.  
Number of Participants- 14

No.	Name
16310003	Arshpreet
04	Ashima
05	Gagandeep
09	Jashan
10	Jasleen
11	Kawaljit
13	Kirandeep
15	Mangees
17	Mridula
19	Puneet
20	Ramanpreet
21	Rekha
24	Sargunjit
27	Sekharjit



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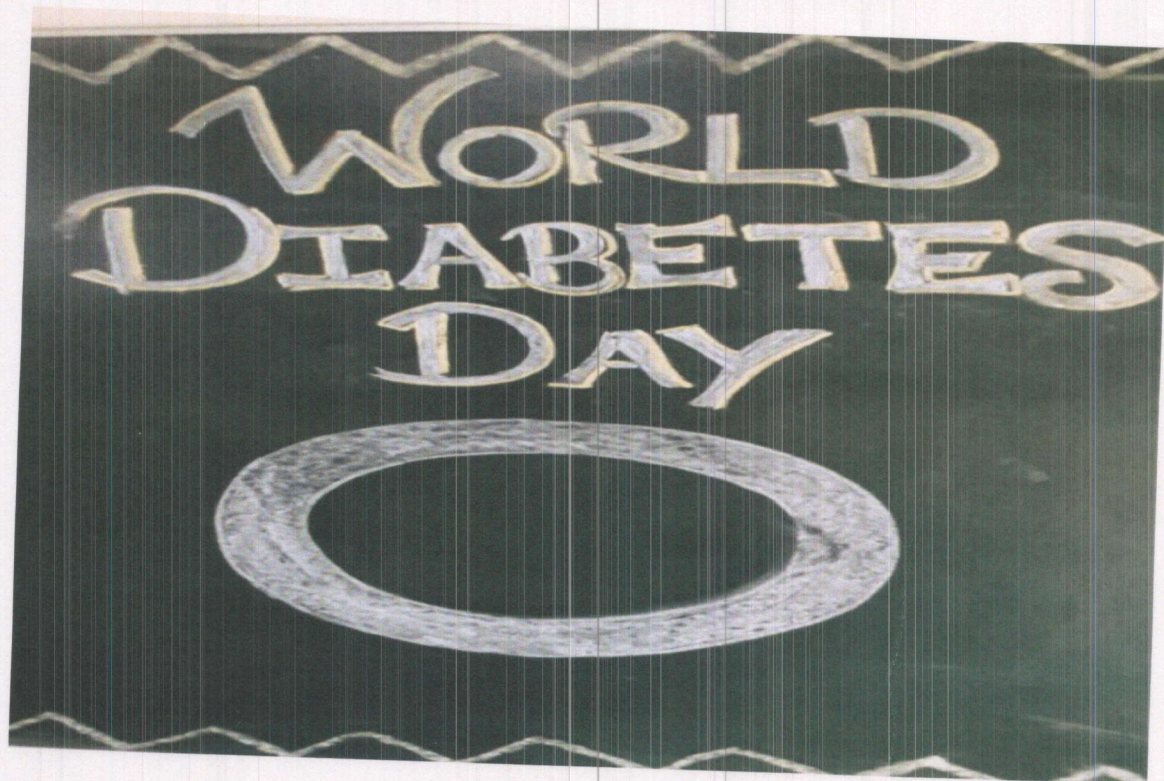
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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF ZOOLOGY

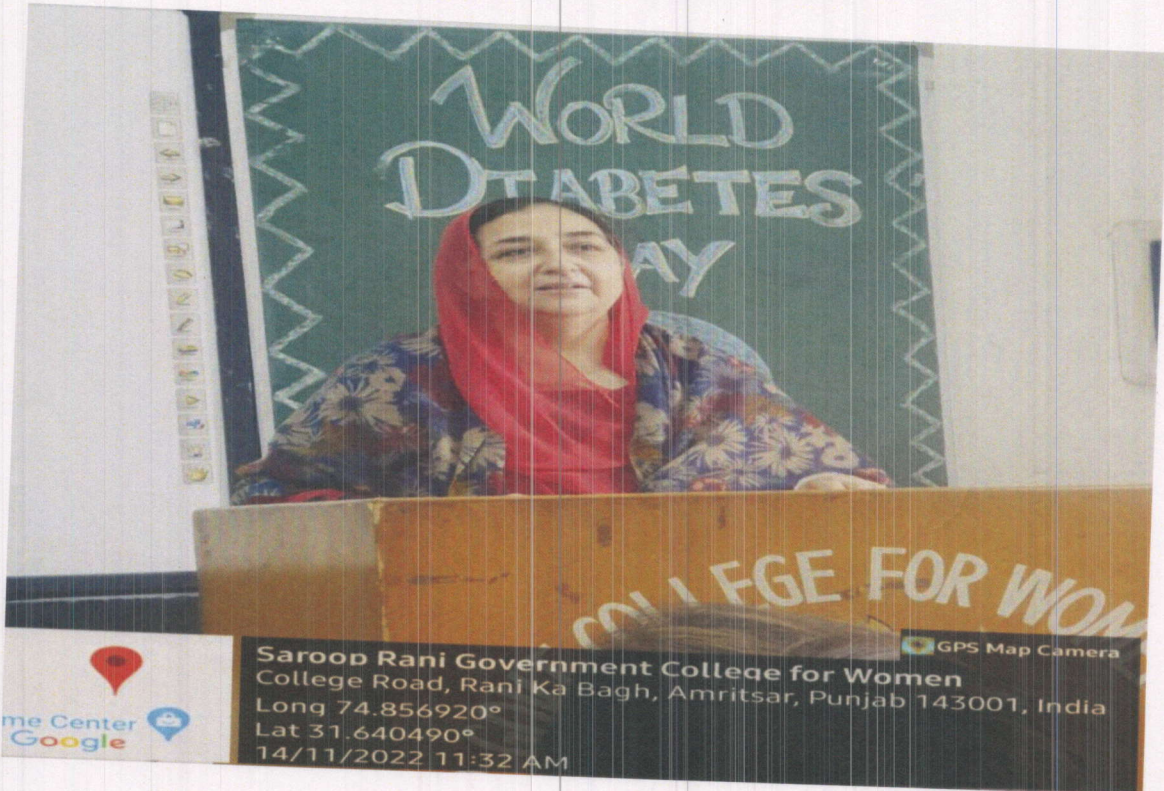


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DEPARTMENT OF ZOOLOGY**



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**SAROOP RANI GOVERNMENT COLLEGE FOR  
WOMEN, AMRITSAR**

B.Sc Medical with CND

**Guest Lecture on Infant Protection to Celebrate Infant Protection Day**

**7 November 2022**

**B.Sc.Clinical Nutrition & Dietetics**  
Celebrates



**Infant Protection Day**  
On Monday, 7th November  
Time - 10:00 to 10:30 AM

**You are cordially invited to join us**

**VENUE**  
**Multimedia Room**

Teacher Incharge                      Students  
Ms.Minna Bagga                      B.Sc.CND

Department of Clinical Nutrition & Dietetics, S.R.Govt. College For Women, Amritsar celebrated Infant Protection Day on 7th November 2022. This event was inaugurated by Madam Principal Prof. Dr. Daljit Kaur. A lecture on the importance of care and diet during Infancy was given by Surbhi Kapoor a student of Clinical Nutrition and Dietetics Sem 6. The lecture was attended by the staff and students in multimedia.  
No. of Participants -100

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*25/9/23*  
Principal,  
Saroop Rani Government  
College For Women  
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

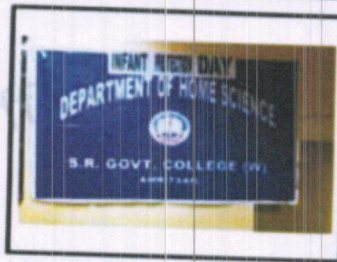
7 November 2022

**S.R.GOV.T.COLLEGE FOR WOMEN, AMRITSAR**

**Celebrates**

**INFANT PROTECTION DAY**

**On 7th November, 2022**



**Organized by Department of B.Sc Clinical Nutrition & Dietetics**



**Presentation on 'Infant Protection' by  
Surbhi Kapoor of BSc.Cnd Sem V**

**staff and students  
attending the picture**



**Principal Prof.Dr.Daljit Kaur**



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Saroop Rani Government  
College For Women  
Amritsar.  
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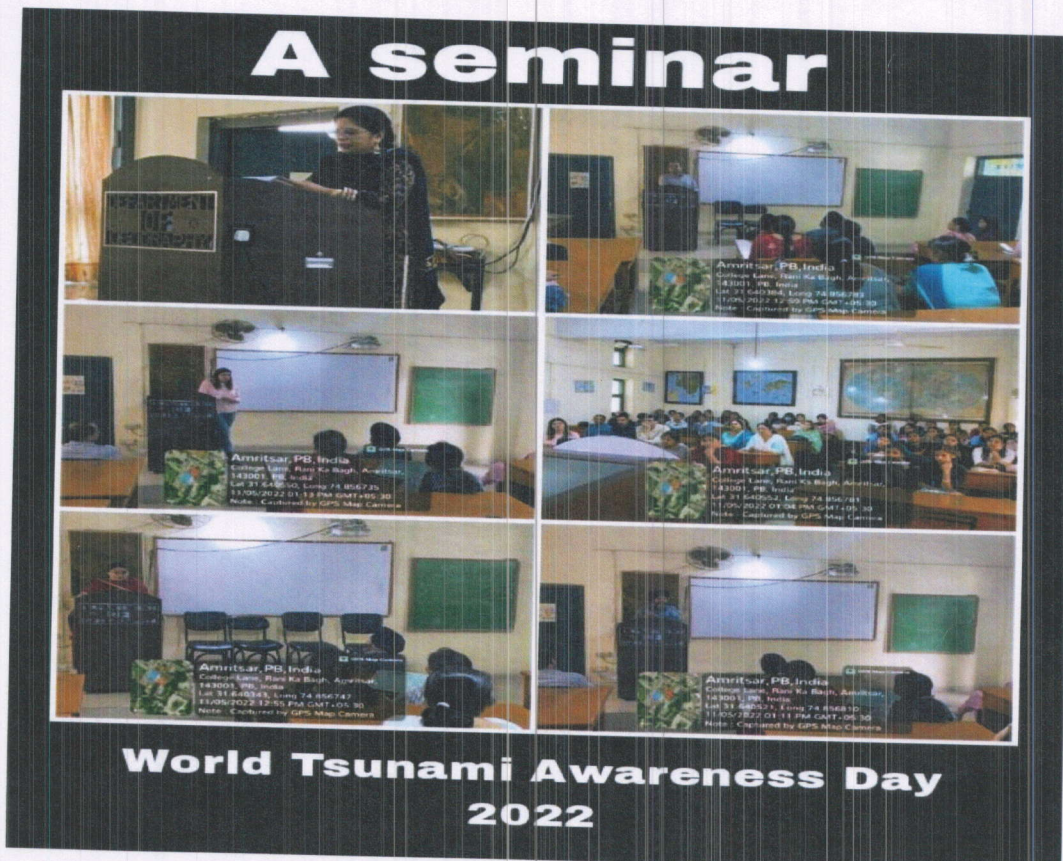


SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

**A SEMINAR ON WORLD TSUNAMI AWARENESS DAY**

Date : 05.11.2022

A seminar was organised on 05.11.2022 to celebrate the World Tsunami Awareness Day, 2022. Faculty members of Geography Department **Dr Satinder kaur** and **Dr. Jaideep Singh Dhillion** gave their views regarding the causes, consequences and mitigation of Tsunami. Number of participants: 55



*Satinder*

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Amritsar.



Saroop Rani Government College for Women, Amritsar

Department of Chemistry

Guest Lecture on Stereochemistry on 17-10-2022.

Resource Person : - Dr Amit Anand

Assistant Professor, Khalsa College, Amritsar

Guest Lecture on Stereochemistry had delivered By Dr.Amit

**CHEMISTRY DEPARTMENT**  
Organising  
A guest Lecture By :  
Dr. Amit Anand, Associate  
Professor, Khalsa College Asr.  
**MONDAY**  
October 17 at 11:30 AM  
Invite You All -  
Venue : Multimedia Room

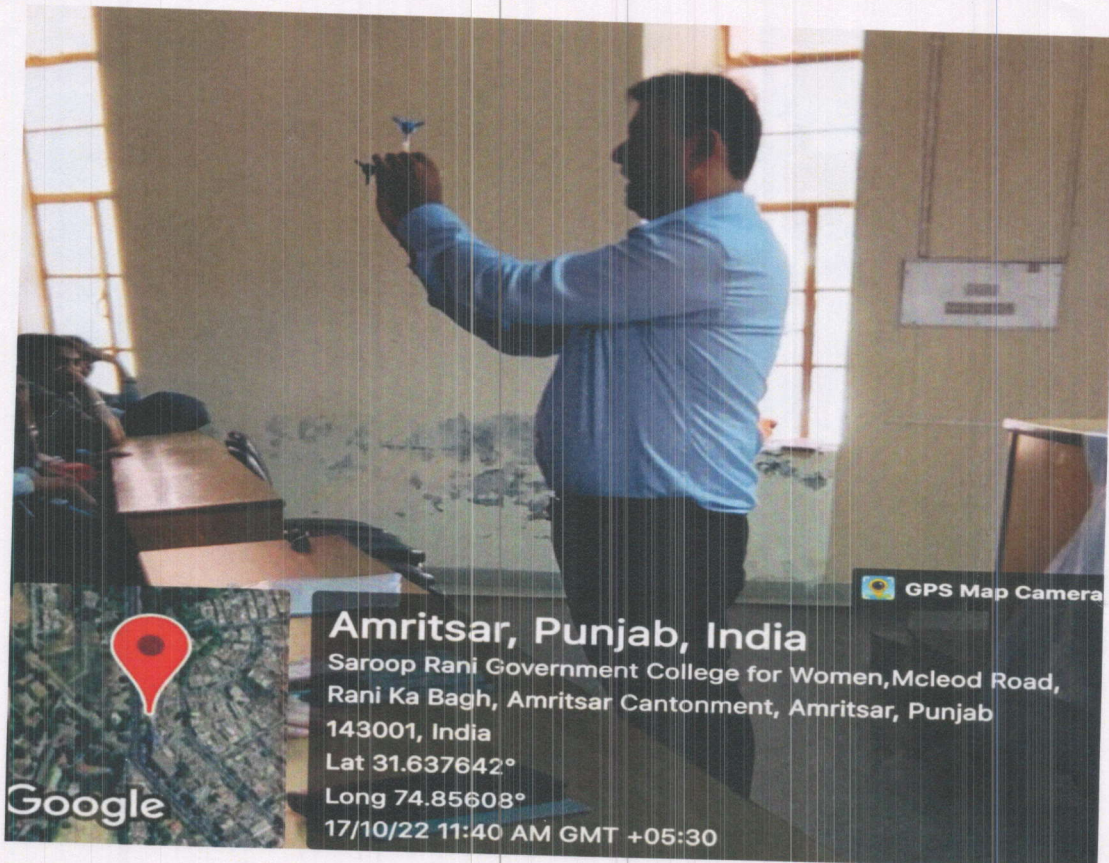
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Amritsar.  
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# Saroop Rani Government College for Women, Amritsar

## Department of Chemistry



No. of Participants: - 78

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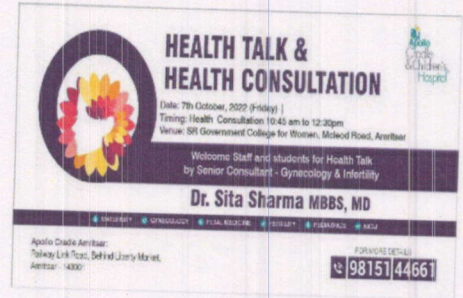


## HEALTH TALK ON PCOS

Date 7 -10-22.

No of participation: 287 in lecture

34 Studnets and 17 Staff Members  
in camp



### Report

A seminar on PCOS problems during adolescent age was organized for students of the Home Science department where Dr. Ms. Sita Ram from Apollo Hospital delivered a very informative lecture for the students where she discussed the main symptoms, causes and treatment for PCOS disorder. Later a camp was organized for students where they directly interacted with the doctor for their problems.



## स्त्री रोग के लिए जागरूकता अहम: डा. सीता शर्मा



अमृतसर, पब्लिक हिल्लासा (ड्यूरो): स्थानीय सरूप रानी राजकीय महिला महाविद्यालय आज प्रि. प्रो. डा. दलजीत कौर के नेतृत्व में गृह विज्ञान विभाग की ओर से टीन एज में स्त्री रोगों संबंधित एक जागरूकता सेमीनार करवाया गया। अपोलो अस्पताल की कंसल्टेंट डॉ. सीता शर्मा इस कार्यक्रम में विशेष वक्ता के रूप में पधारे। होम साइंस विभाग की अध्यक्ष मैडम जीनियाने ने बताया कि डॉ. सीता शर्मा श्री गुरु

रामदास अस्पताल के पूर्व प्रो. रहे हैं और आजकल अपोलो अस्पताल में सीनियर कंसल्टेंट हैं। इस मौके डॉ. सीता शर्मा ने अपने वक्तव्य में किशोरावस्था में स्त्री रोगों से संबंधित कुछ सामान्य समस्याओं का उल्लेख करते हुए बताया कि आज कल गलत खान पान, व्यायाम की कमी, मोबाइल के ज्यादा प्रयोग व बिगड़ी हुई जीवन शैली के चलते कई प्रकार के शारीरिक रोगों का शिकार हो जाते हैं जैसे पी सी ओ एस, पी सी ओ डी,

शायरडड, मधुमेह, माहावारी की अनियमितता आदि के बारे में बताते हुए इनसे बचाव के लिए संतुलित आहार, दैनिक व्यायाम व योग आदि को नियमित रूप से अपनी जिन्दगी का हिस्सा बनाने पर बल दिया। प्रि. ने छात्राओं को अपने स्वास्थ्य का विशेष रूप से ध्यान रखने को प्रेरित किया। डॉ. सीता शर्मा व उनकी टीम के सदस्यों डॉ. प्रीति, कुमारी कयामत, नर्स जगमीत कौर ने कई स्टाफ सदस्यों और छात्राओं का चेकअप भी किया। इस कार्यक्रम में अपोलो अस्पताल के पी आर ओ राकेश शर्मा विशेष अतिथि, कौंसिल सदस्य, रेड रिज्वन क्लब के इंचार्ज अमनदीप भट्टी, होम साइंस विभाग के मैडम नितु, मैडम मित्रा बग्गा, मैडम माधुरी, मैडम मिताली व मैडम कमल उपस्थित रहे।

Leena

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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

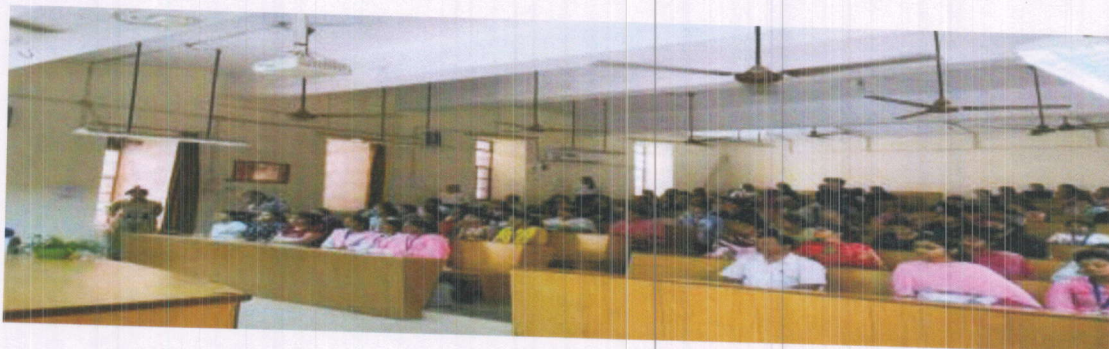
DAY -3

LECTURE ON ANAEMIA TO YOUTH CLUB OF THE COLLEGE

23RD SEPTEMBER 2022

Number of participants = 74

Radhika, student gave a lecture on topic "Anemia". She told about what anemia is, how it affects the body and how can we cure it with the help of dietary management. She was praised for her good communication skills. Lecture was well delivered and cover every aspect of the topic. She was asked a lot of questions. Principal, Madam Jyoti Bala also appreciated her for delivering an efficient lecture and congratulate Madam Minna Bagga for organizing such a informative lecture.



संख्या (No. of students)

1. Radhika	25. Chakraborty
2. Tanya	26. Chakraborty
3. Anshu	27. Chakraborty
4. Shikha	28. Chakraborty
5. Anshu	29. Chakraborty
6. Anshu	30. Chakraborty
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75. Anshu	99. Chakraborty
76. Anshu	100. Chakraborty

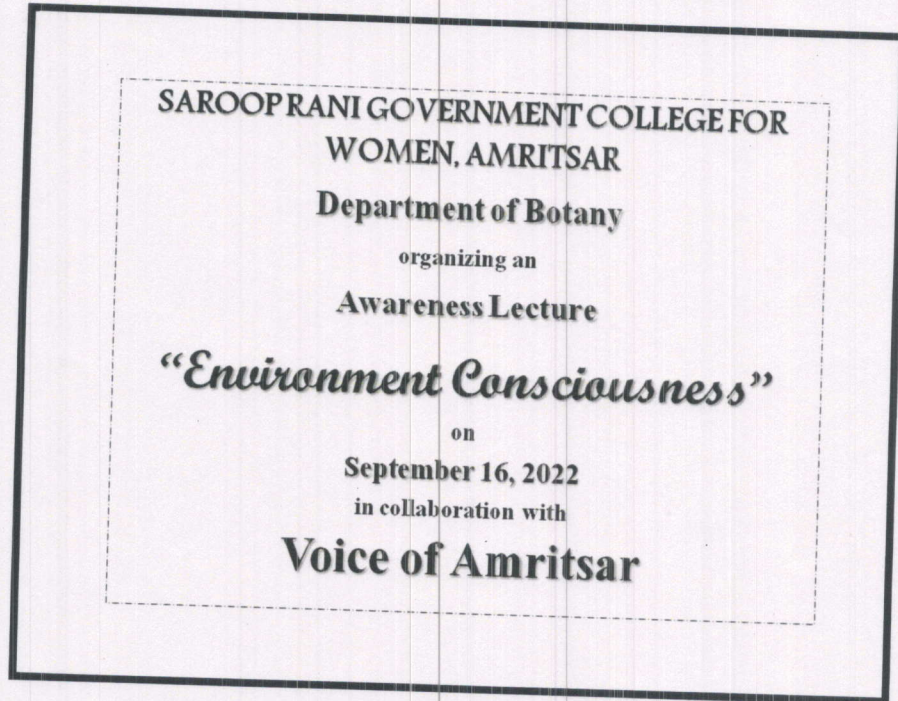
1 Anshu  
2 Anshu

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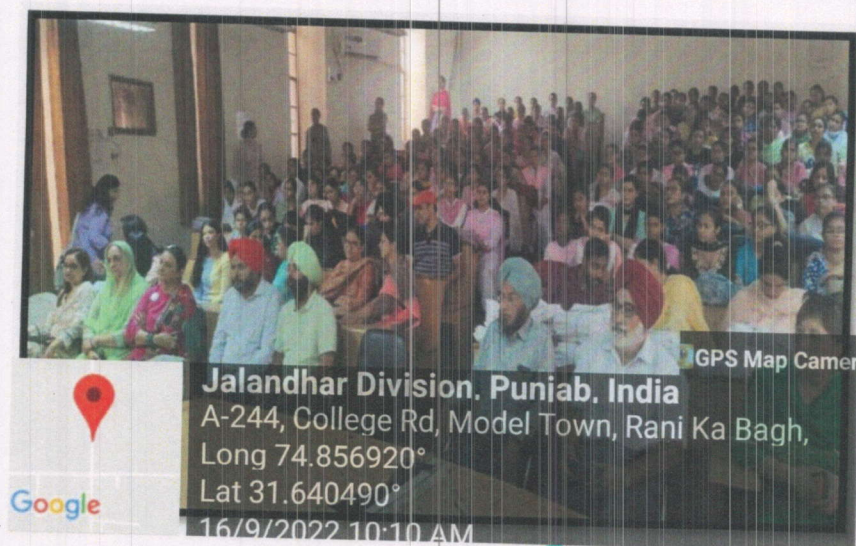
SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF BOTANY

Awareness Lecture on Environment Consciousness



**No. of Participants: 80**

To generate awareness regarding hazards of polythene and importance of plants in human life, an activity on environment consciousness was organized by Voice of Amritsar at college level on 16 September, 2022. The cloth bags and saplings of different plants were distributed amongst the students.



23/9/23

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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

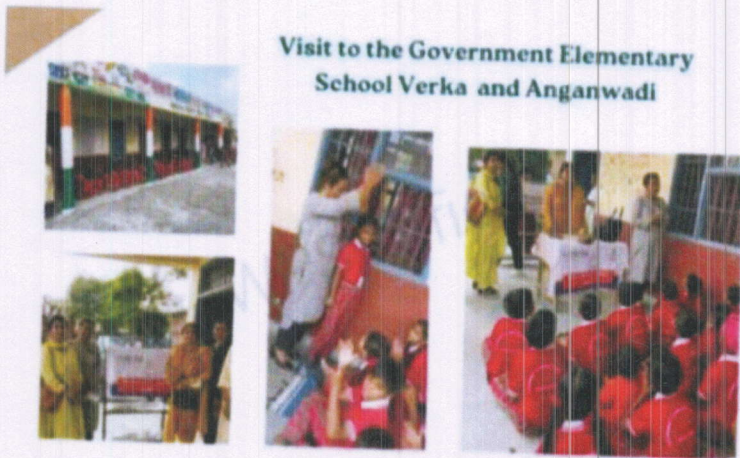
B.Sc Medical with CND

Lecture on the Nutrition for Bone Health in Women having Osteoporosis at the Centre for Agricultural Research and Innovation Guru Nanak Dev University by Ms. Minna Bagga  
8 September 2022



Lecture delivered by Miss Minna bagga in center for agriculture research and innovation GNDU Amritsar and vist to government elementary school Verka and Anganwadi.

Visit to the Government Elementary School Verka and Anganwadi



Visit to the Government Elementary School Verka and Anganwadi

Sr No	Roll No	Name	Sign
1	2021020001	Arushi	
2	2021020002	Arushi	
3	2021020003	Harshita	
4	2021020004	Harshita	
5	2021020005	Harshita	
6	2021020006	Harshita	
7	2021020007	Harshita	
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40	2021020040	Harshita	

1 *Arushi*  
2 *Harshita*

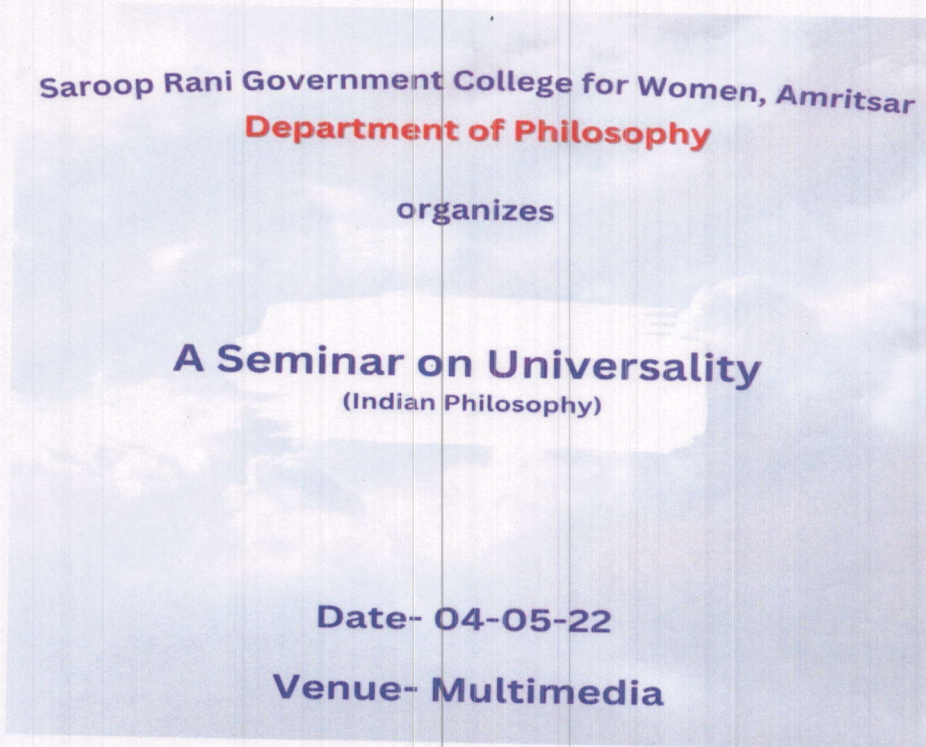
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Amritsar.



**SAROOP RANI GOVERNMENT COLLEGE  
FOR WOMEN, AMRITSAR  
DEPARTMENT OF PHILOSOPHY**

(2021-2022)

**A Seminar on Universality (Indian Philosophy)**



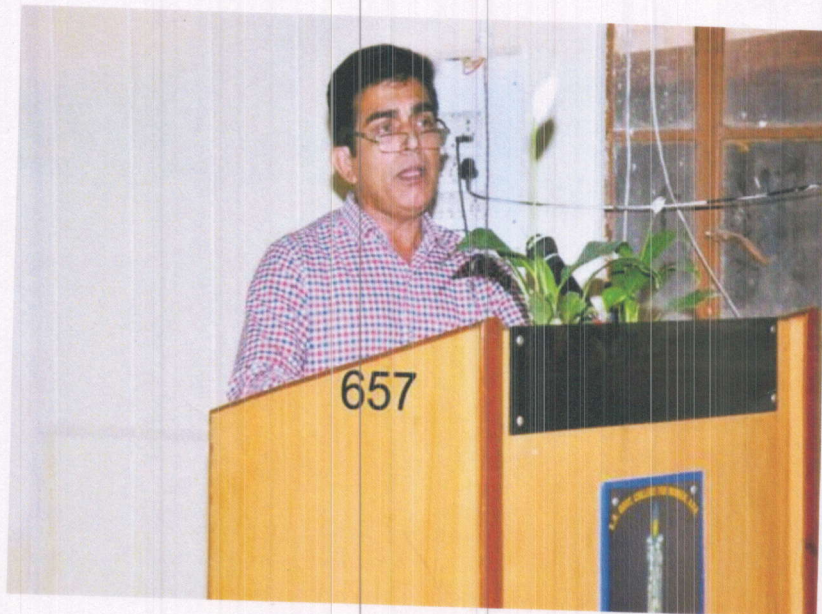
Date-04-05-2022

No. of Participants = 125

The Department of Philosophy organized a seminar on the theme of **Universality** in relation to Indian Philosophy. The Seminar was conducted in two sessions— in the first half, Dr Manwinder Singh, Head of the Guru Nanak Studies Department at GNDU, spoke about the inspiring life of **Shri Guru Nanak Dev Ji** and his concept of **Universal Brotherhood**. Dr Pawan Kumar, Assistant Professor, Department of Guru Nanak Studies, GNDU, concluded the seminar by sharing his valuable insights into the life **Adi Sankaracharya** and his philosophy of **Advaita Vedanta**,

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Amritsar.  
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Amritsar.

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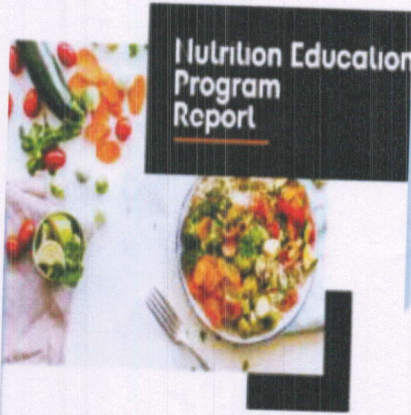


# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with **CND**

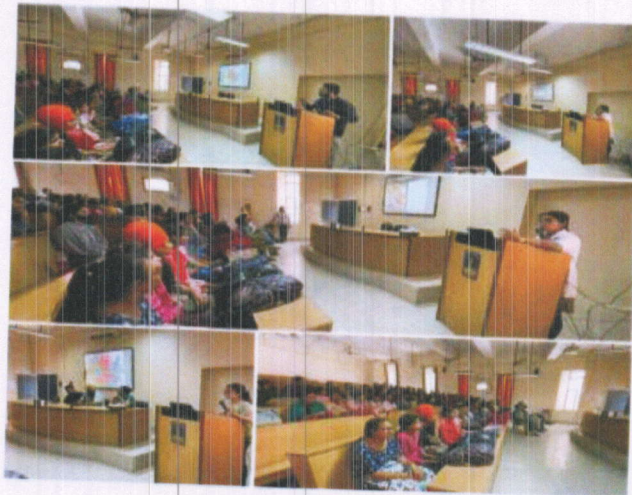
LECTURE TO SPORTS DEPARTMENT ON ROLE OF NUTRITION IN AN ATHLETES LIFE -  
18 APRIL 2022

Number of participants= 88



**Topic**  
Role of nutrition in an Athletes life  
By Shubhpuneet Kaur

### Program Moments-



On April 18, 2022, the Nutrition education program was organized by students under the guidance of Ms. Minna Bagga on the topic "Role of Nutrition in an Athlete's Life" for the Physical Education Department of the College. Urja Kirichh was the host of the program. The lecture was delivered by Shubhpuneet Kaur, where she explained the type of nutrients and their vital role in an athlete's life and how they can effectively play a role to enhance the performance of an individual. Dr. Harmanjeet Singh and Prof. Mandeep Singh of the physical education department help make this event, a success. Dr Mandeep Singh also shared about the prevalence of Non-Fatty liver in Athletes.

18 April 2022

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DEPARTMENT OF HISTORY  
(2021-2022)

**S.R Govt College For Women, Amritsar**

*Department of History*  
*Organising*

Seminar on causes,  
History and significance of  
Jallianwala Bagh

**Date 25.03.2022**

- Date. 25.03.2022
- No of students.200.
- The department of history conducted a seminar where Professor. Rajkaran Singh, Department of History, Government College Ajnala, shared his insights into the true an inspirational memory, cause history and significance of Jallianwala Bagh.

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Time	Event
9.30-9.45 AM	Welcome
10.00-11.00AM	Key note address by Dr Joginder Singh
12.00-1.00 AM	Interaction
1.30-2.30 PM	Lunch
2.30-3.30 pm	Massacre of Jallianwala Bagh
3.30-4.30 PM	Discussion
4.30-5.00 PM	Vote of thanks



Sunil Sharma

②  
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Name





Sunil Singh

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# Saroop Rani Government College for Women, Amritsar

## Department of Chemistry

Webinar on SI Units and their Usages on 11-06-2021

Resource Person : - Dr Pawan Malik

Associate Professor, S L Bawa DAV College, Batala

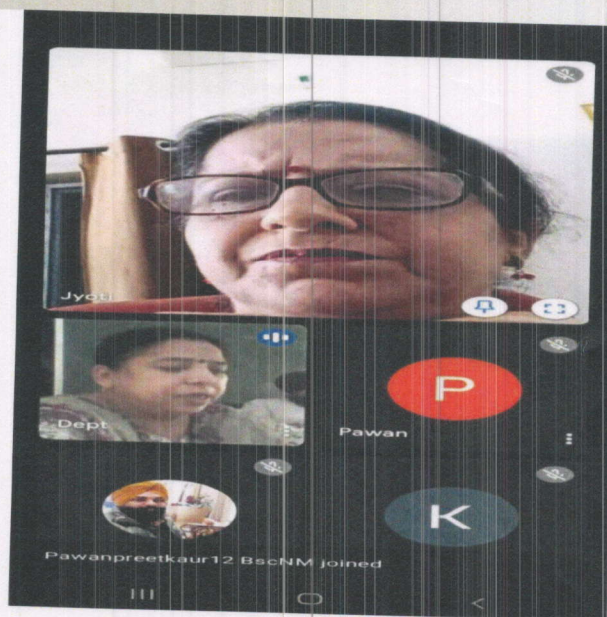
Online lecture delivered on Redefinition of SI units and their usages to our students  
by Dr. Pawan Malik .

**Saroop Rani Government College For Women, Amritsar**  
NAAAC Accredited 'A' Grade College with Potential for Excellence  
**DEPARTMENT OF CHEMISTRY**  
ORGANIZED  
A  
**WEBINAR**  
ON  
**REDEFINITION OF SI UNITS AND THEIR USAGES**  
Date :- 17<sup>th</sup> June 2021      Time :- 11:15 am

**Resource Person**  
Dr. Pawan Malik  
(HOD & Associate Professor,  
S.L Bawa DAV College, Batala)

**Patron :- Ms. Jyoti Bala (Principal)**  
**Convener :- Ms. Surinder Kaur (HOD)**  
**Coordinator :- Mr. Ranjit Singh**  
**Organizing Committee :-**  
**Ms. Manisha Gupta and Ms. Monika**

Email :- [gcw.dochem@gmail.com](mailto:gcw.dochem@gmail.com)  
<http://meet.google.com/qwb-ykij-yccu>



No. of Participants: - 90

Surinder

23/9/23  
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● Lecture Demonstration on “Techniques in learning Music and Comparative Study of Ragas”



Date:26-04-2022

No. of participants: 45

Department of Music Instrumental Organised a lecture on “Techniques in learning music” and “Comparative study of Ragas” given by Prof. Dalbir Sohal and Prof. Gavish. Dr. Gavish taught easy ways to excel in music profession and made students aware about importance of Sufiana songs. He presented Sufiana song

Shaminderkaur

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accompanied by guitar. After that, Prof. Dalbir Sohal taught students about difficult aspects of music and how to learn them in easy manner in order to have a successful carrier. He also discussed about Comparative study of Ragas, presented Raga Sarang accompanied by sitar and also sang few Bollywood songs for the students.



ਸਥਾਨਕ ਸਰੂਪ ਰਾਣੀ ਸਰਕਾਰੀ ਕਾਲਜ ਫੂਮੇਨ ਵਿਖੇ ਕਰਵਾਏ ਸਮਾਰੋਹ ਦਾ ਦ੍ਰਿਸ਼।

## ਇੰਟਰ ਕਲਾਸ ਕੁਇਜ਼ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ

**ਰਮੇਸ਼ ਰਾਮਪੁਰਾ, ਅੰਮ੍ਰਿਤਸਰ** - ਸਥਾਨਕ ਸਰੂਪ ਰਾਣੀ ਸਰਕਾਰੀ ਕਾਲਜ ਫੂਮੇਨ ਵਿਖੇ ਪ੍ਰੋਫੈਸਰ ਸ਼ਰਮਿੰਦਰ ਕੌਰ (ਮੁਖੀ ਸੰਗੀਤ ਸਾਚ) ਅਤੇ ਪ੍ਰੋਫੈਸਰ ਚੀਨਸ ਤਨੋਜ (ਮੁਖੀ ਸੰਗੀਤ ਆਵਾਜ਼) ਦੀ ਅਗਵਾਈ ਹੇਠ ਇੰਟਰ ਕਲਾਸ ਕੁਇਜ਼ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ ਅਤੇ ਇਸ ਕੁਇਜ਼ ਮੁਕਾਬਲੇ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੂਰੇ ਉਤਸ਼ਾਹ ਤੇ ਜੋਸ਼ ਖਰੋਸ ਨਾਲ ਭਾਗ ਲਿਆ। ਸੰਗੀਤ ਸਾਚ ਅਤੇ ਸੰਗੀਤ ਆਵਾਜ਼ ਦੋਨੋਂ ਸਾਥੇ ਤੋਰ 'ਤੇ ਇੱਕ ਸੰਗੀਤਕ ਪ੍ਰੋਗਰਾਮ ਕਰਵਾਇਆ ਗਿਆ। ਇਸ ਸੰਗੀਤਕ ਪ੍ਰੋਗਰਾਮ ਦੀ ਸ਼ੁਰੂਆਤ ਡਾ. ਰਾਵਿਸ (ਜੀਐਨਡੀਊ) ਨੇ ਸੁਫੀਆਨਾ ਕਲਾਮ ਨਾਲ ਕੀਤੀ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸੰਗੀਤ ਦੀ ਦੁਨੀਆ ਵਿੱਚ ਕਾਮਯਾਬ ਹੋਣ ਲਈ ਕੀ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ ਅਤੇ ਕੀ ਨਹੀਂ ਕਰਨਾ

ਚਾਹੀਦਾ ਇਸ ਬਾਰੇ ਵਿਸਥਾਰ ਨਾਲ ਦੱਸਿਆ। ਇਸ ਦੇ ਨਾਲ ਹੀ ਚਿੰਨ੍ਹ ਨੂੰ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸੰਗੀਤਕ ਪਹਿਚਾਣ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਹੋਏ ਸਿਟਾਰ ਨਾਲ ਕੁੱਝ ਮਕਬੂਲ ਗੀਤ ਗਾ ਕੇ ਵੀ ਸੁਣਾਏ ਜਿਨ੍ਹਾਂ ਦਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕਰਪੂਰ ਆਨੰਦ ਉਠਾਇਆ। ਅੰਤ ਵਿੱਚ ਦਲਜੀਤ ਸੋਹਲ ਨੇ ਸਿੱਧੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵੱਖ-ਵੱਖ ਯਾਦ ਪਹਿਚਾਣ ਨੂੰ ਆਸਾਨ ਤਰੀਕੇ ਨਾਲ ਸਿੱਧੇ ਯਾਦ ਕਰਵਾਏ ਜਾਂਦੇ, ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਤੇ ਰਾਗਾਂ ਦੇ ਡੁਲਨਾਤਮਕ ਅਭਿਐਨ, ਸੁਰਾਂ ਦੇ ਸਹੀ ਲਗਾਓ ਬਾਰੇ ਸਮਝਾਇਆ ਅਤੇ ਸਟੇਜ ਤੇ ਪੇਸ਼ਕਾਰੀ ਵਿੱਚ ਸਿਤਾਰ 'ਤੇ ਰਾਗ ਸੁੰਧ ਸਾਰੰਗ ਪ੍ਰਸਤੁਤ ਕੀਤਾ ਤੇ ਮਕਬੂਲ ਵਿਲਾਸੀ ਗੀਤ ਗਾ ਕੇ ਅਤੇ ਸਿਤਾਰ ਉੱਪਰ ਵਜਾ ਕੇ ਦਰਸ਼ਕਾਂ ਨੂੰ ਮੋਹਮੁਗਧ ਕਰ ਦਿੱਤਾ।



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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

Webinar -Diet Cal -A tool for dietary Assessment and planning 29th October 2021

The image shows a flyer for a webinar titled "DIET CAL: A tool for dietary assessment and planning." The flyer includes the following details: "ON TUESDAY Timing: 6pm", "Organised by Ms. Minna Bagga", and a contact number "9357261617". A circular photo of a woman in a pink shirt and yellow sari is featured. A link to the Google Meet is provided: <https://meet.google.com/jxw-qade-uwj>. To the right is a screenshot of a WhatsApp message from "Gurdeep Kaur A" dated October 29, 2021. The message contains the same information as the flyer, including the presenter's name (Dr. Gurdeep Kaur, Dietician at AIIMS) and the Google Meet link.

A webinar was conducted on the Dr.Gurdeep Kaur, Renal Dietitian AIIMS New Delhi on her Dietary software.  
Number of participants-20

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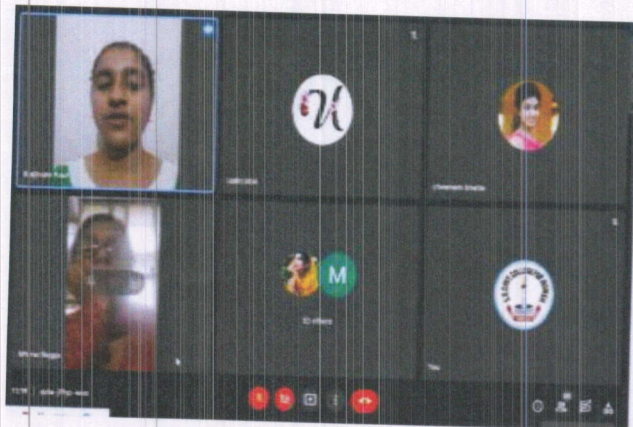
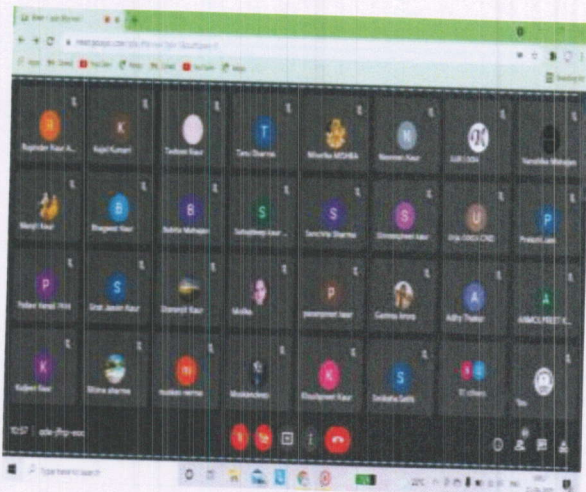


# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

Webinar on Carbohydrate Counting  
Resource Person Dr Cheenum Bhatia  
Number of participants 52

Dietitian SGRD Medical University and Hospital talked about the carbohydrate counting. She explained how counting our calories can affect our health.



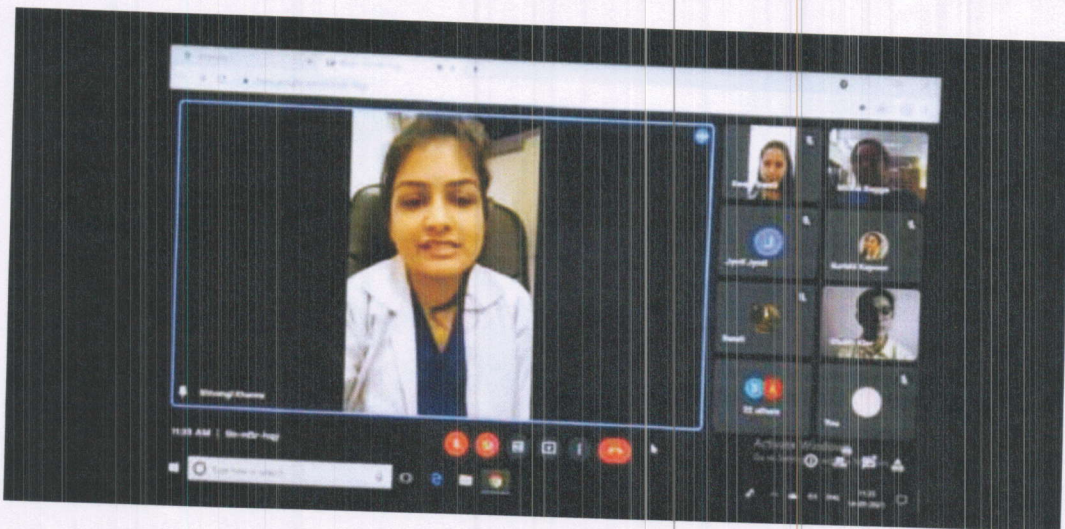
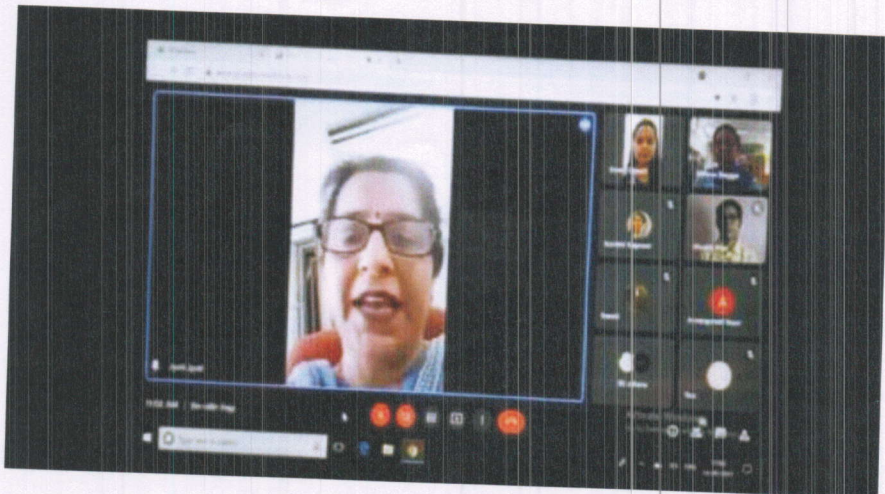
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**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR**

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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

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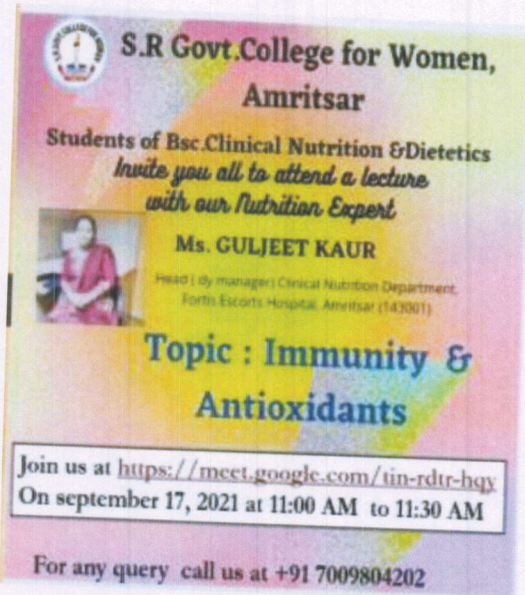
Bhagwat kaur Bscsem 3 CND

Webinar on Immunity and Antioxidants

Resource person- Guljeet Kaur

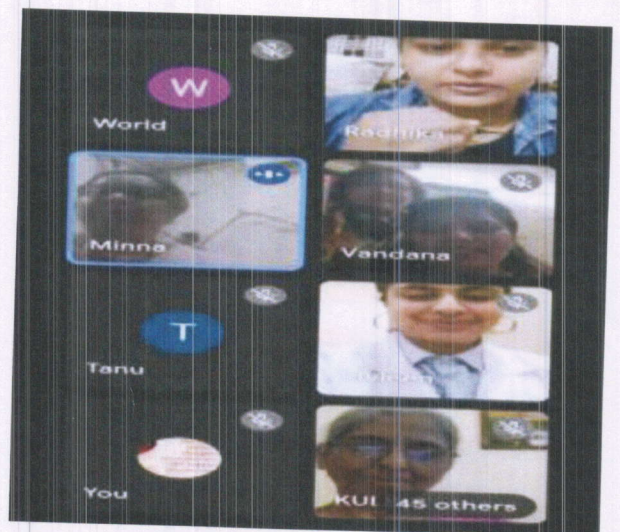
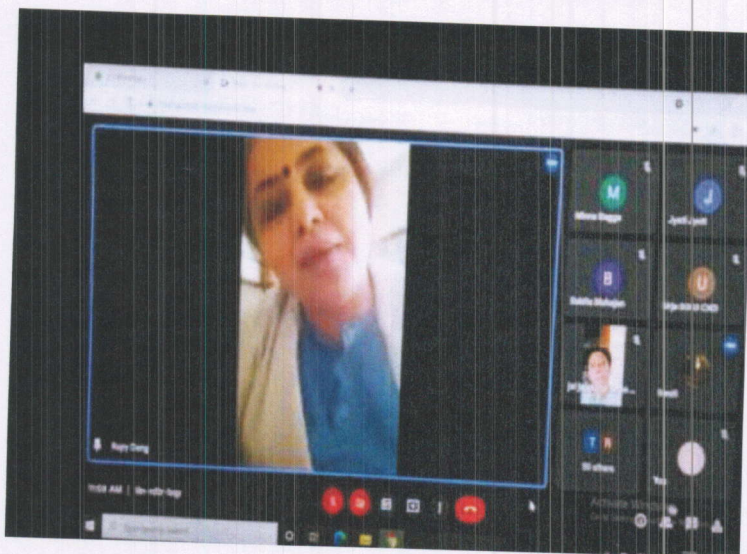
17 September 2021

Number of Participants 53



Guljeet Kaur of the Fortis Escorts Hospital Amritsar talked about Immunity and Antioxidants in the times of Covid. How we can improve our immunity by increasing the intake of antioxidants and save ourselves from covid.

Many people joined the webinar. The objective of the talk was to help people improve their immunity. The link on YouTube <https://youtu.be/9zyYpdxLNEg>



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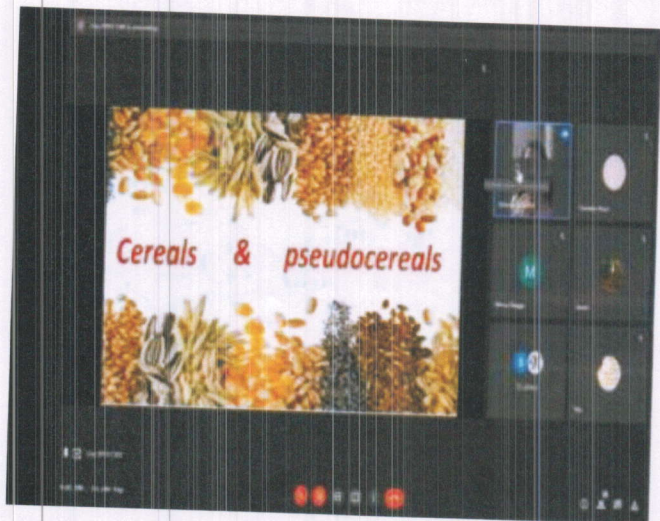
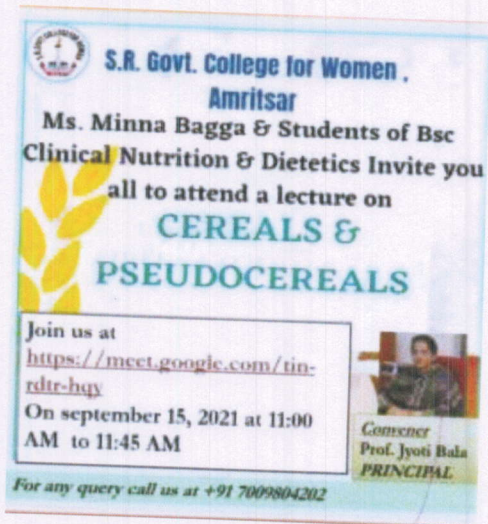


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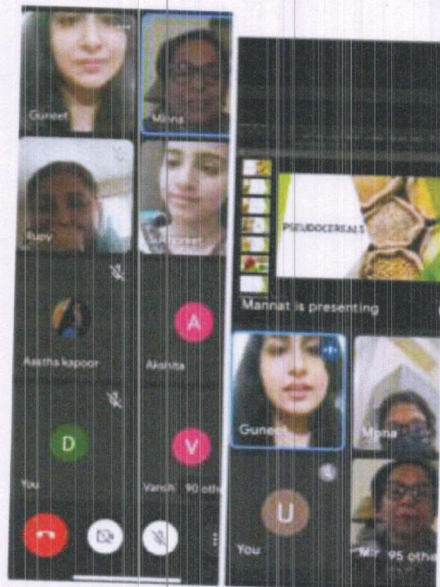
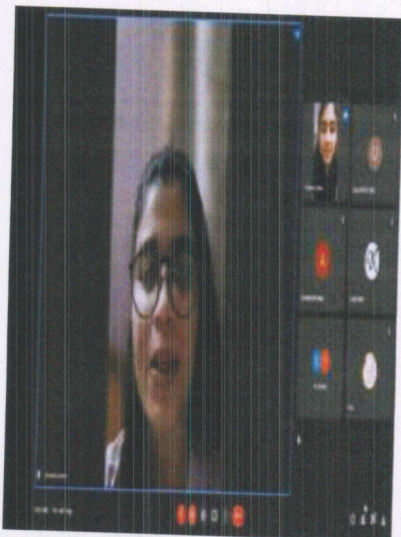
B.Sc. Medical with CND

Webinar On Cereals And Pseudocereals By Urja  
15 September 2021

Number Of Participants - 41



Urja a student of BSc CND presented a lecture on Cereals and Pseudo cereals, their importance in diet. open on YouTube <https://youtu.be/9zyYpdxLNEg>



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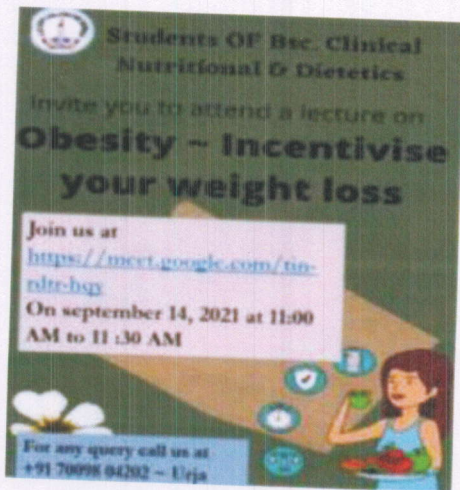


# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

## WEBINAR ON OBESITY

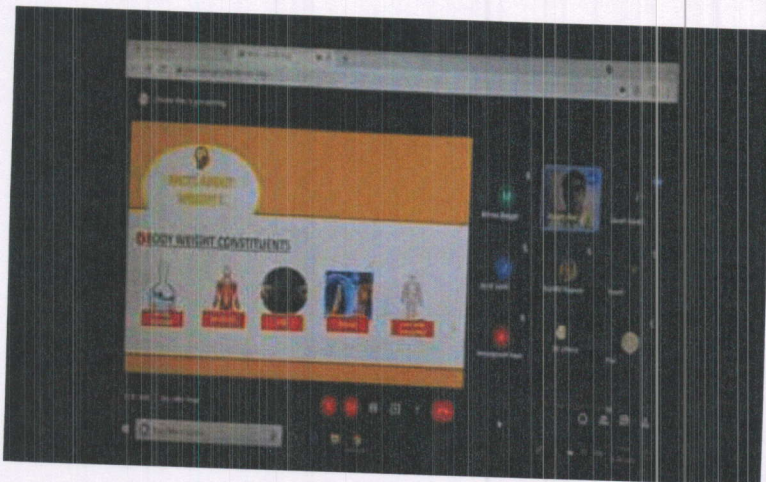
Date : 14 SEPTEMBER 2021



A webinar on obesity -- incentivize your weight loss was given by Shubpuneet Kaur. Madam Principal Mrs.JyotiBala was the chief guest. Madam spoke on the importance of health and nutrition. Ms. MinnaBagga, Assistant Professor, Clinical nutrition spoke on ideal body shape and ways to maintain it. Shubpuneet Kaur presented the power-point and explained how to lose weight in a very systematic way. Shivangi Khanna ,RD Dietitian, Care and Cure also explained about how to maintain your weight loss

Link on YouTube [https://youtu.be/0d\\_sks\\_G24A](https://youtu.be/0d_sks_G24A)

Number of participants - 45



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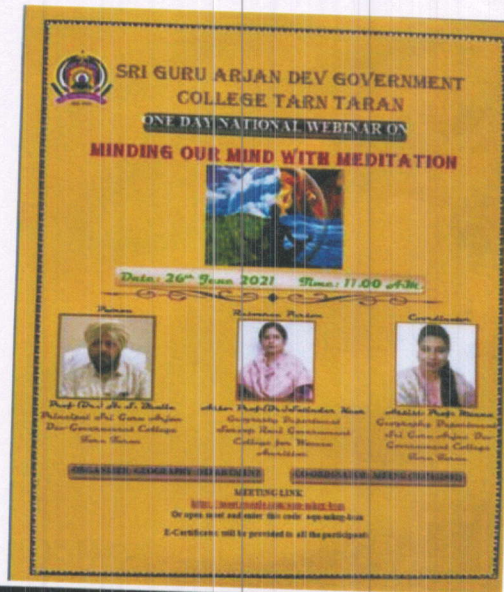
SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

**WEBINAR UNDER BUDDY PROGRAM**

Date: 26.06.2021

Dr. Satinder Kaur of Geography Department gave an extension lecture under Buddy Program of Government of Punjab on 26 June 2021 at S.G.R.D Government College Taran-Tarn. Dr. H.S Bhalla (Principal) was the patron of the webinar. Topic of the program was 'Minding our Minds with Meditation'.

Number of participants: 26



*Satinder kaur*

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**WEBINAR UNDER BUDDY PROGRAM**

Date: 24.06.21

Webinar under Buddy Program of Government of Punjab was conducted in which **Dr. Satinder kaur** of Geography Department gave an extension lecture on the topic "**Healing with Meditation**". Patron of the webinar was **Mrs. Jyoti Bala** (Principal) and **Dr. Vandana Soni** acted as a co-ordinator.

List of participants: 39

Warm Greetings,  
The Department of Geography, S.R. Government College for Women, Amritsar, is organising a webinar as a part of the ongoing activities of **Buddy Programme** of Punjab Government. All are cordially invited to join the Webinar -  
Topic: Healing With Meditation  
**Resource Person:**  
Dr Satinder Kaur  
(Associate Professor and Head, Department of Geography)  
\*Date\*: 24 June, 2021  
Time: 11 AM  
**Patron:** Ms Jyoti Bala  
(Principal)  
**Co-ordinator:**  
Dr Vandana Bajaj  
( Associate Professor, Department of English )  
**Host:**  
Department of Geography  
Google Meet joining info  
Video call link: <https://meet.google.com>



*Satinder kaur*

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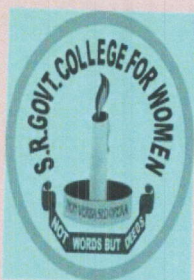


Saroop Rani Government College for Women Amritsar  
Department of Physics

Webinar on "Mapping the Sky: Futuristic Approach of Ancient Indians"

**S. R. GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR**  
(Re-accredited with 'A' grade by NAAC)

Department of Physics Organizes a Webinar entitled  
**"Mapping the Sky: Futuristic Approach of  
Ancient Indians"**



On  
June 9<sup>th</sup>, 2021 at 10:20 am  
(Platform is Google Meet)



**Patron: Ms. Jyoti Bala (Principal)**  
**Convenor: Dr. Kusam Devgan**  
(Head of the Physics Department)

**Resource Person:**  
**Dr. Sameer Kalia**  
(Head of the Physics Dept.,  
DAV College Amritsar)

**\*No Registration Fee\***

Link for Registration is <https://forms.gle/cvgStnWPspf5yF69A>

For any query, please contact: Dr. Meetu Singh (Co-ordinator) ([physics.meetu@gmail.com](mailto:physics.meetu@gmail.com); 9478912270)

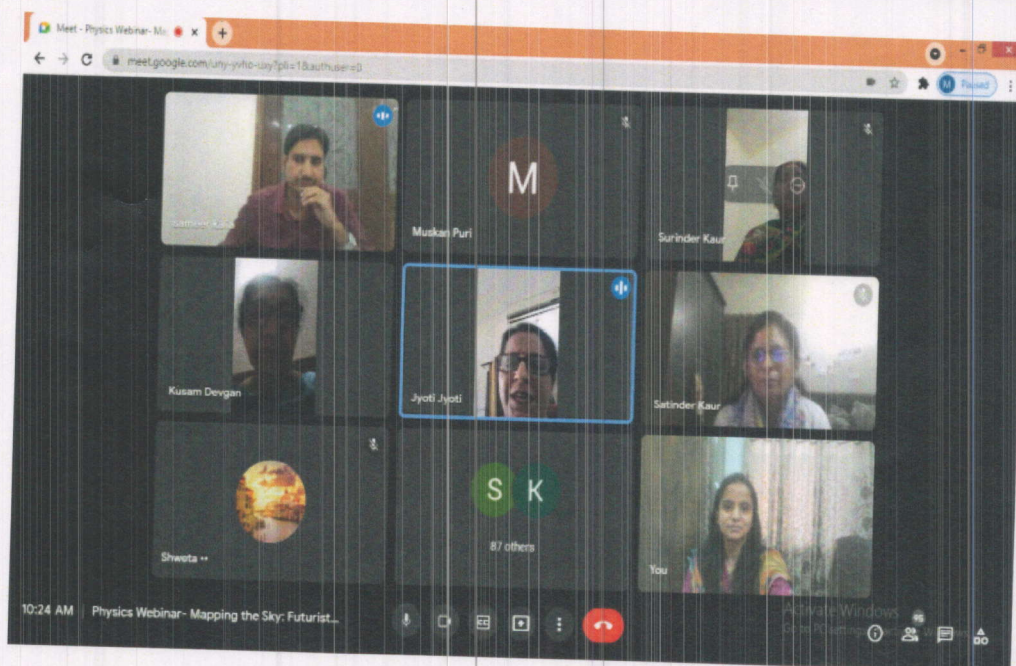
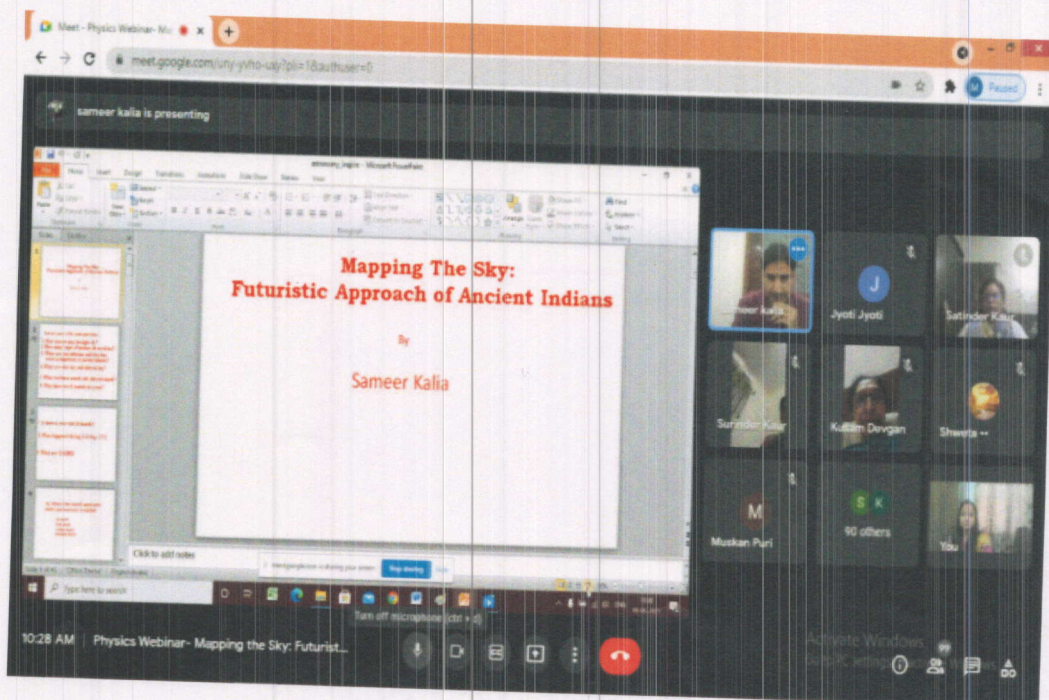
Department of Physics organized a webinar on topic "Mapping the Sky: Futuristic Approach of Ancient Indians" held on June 9<sup>th</sup>, 2021. Dr. Sameer Kalia, Head of the Physics Dept., DAV College Amritsar was the resource person. The theme of webinar was based on the identification and location of constellations and other astronomical objects. There were around 110 participants during the webinar including students of under graduation classes and faculty members.

Surinder Kaur

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Saroop Rani Government College for Women Amritsar  
Department of Physics



Sarinder Kaur

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Saroop Rani Government College for Women, Amritsar

RED RIBBON CLUB

Saroop Rani Government College  
for Women, Amritsar

**RED RIBBON CLUB**

Interactive Session

on

**Polycystic Ovarian  
Syndrome  
&  
Post Menopausal  
Osteoporosis**

Venue- Multimedia  
Date- 30/04/2022  
Time- 12:30 PM

**No. of Participants:** 71

**Interactive Session**

On April 30, 2022, Red Ribbon Club and the students of B. Sc CND organized an interactive session in Multimedia on awareness among staff and students regarding the PCOS and Post-Menopausal Osteoporosis. As these problems are now frequently experienced by women but lack awareness and diet management.

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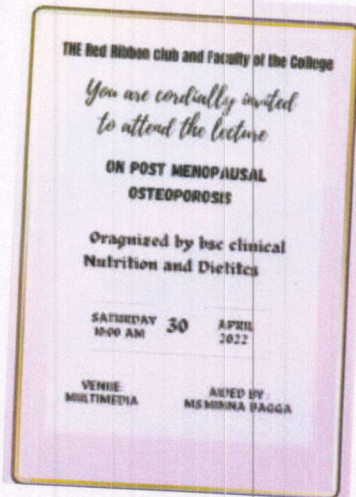
# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

LECTURE ON POST-MENOPAUSAL OSTEOPOROSIS FOR THE RED RIBBON CLUB AND FACULTY OF THE COLLEGE

30 APRIL 2022

N0. Of Participant = 61



On 30th april 2022 the nutrition education program was organized by a student on the topic "Post menopausal osteoporosis" for the faculty of the College, in multimedia hall. The lecture was delivered by Tavleen Kaur, where she explained - cause, risk factors, symptoms, diagnosis, role of hormones & post menopausal effect of osteoporosis and the right dietary intake to avoid this condition. She talked about adoption of new ideas and practices to deal with this problem. The session aimed to raise awareness about osteoporosis, the importance of its prevention and it's dietary management. The lecture was delivered in online and offline mode. Mrs Amandeep, incharge of Red Ribbon Club, helped us arrange the event. Principal, Mrs. JyotiBala also joined us in the session along with a large number of teachers. Brochures having info and diet for post menopausal osteoporosis were distributed among the audience.

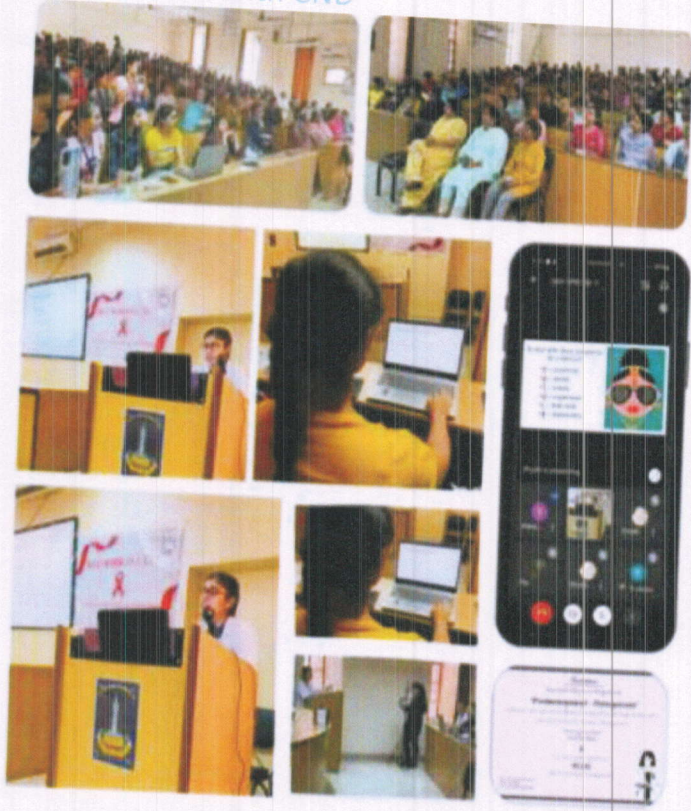
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND



30 April 2022

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Amritsar.  
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Saroop Rani Government College(W), Amritsar  
Department Of Sociology  
(2021-2022)

Guest Lecture by Prof. Shakuntala Kaushal



Number of participants: 43

A Guest lecture was organized by the Department of Sociology. The Guest speaker was Retd. Principal Madam Shakuntala Kaushal who shared her views on "The Indian Social Institutions". She discussed about the various factors like Modernisation, Westernisation, Industrialisation, etc that bring change in our Indian Social Institutions.



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SAROOP RANI GOVT. COLLEGE FOR WOMEN, AMRITSAR

- Department of Economics organized a Lecture on "Consumer Rights"  
Date: 26.04.2022  
Number of participants: 52

Saroop Rani Govt. College for Women, Amritsar

Department of Economics  
is organizing a lecture on  
*Awareness of Consumer Rights*  
by

Sh. Jagdishwar K. Chopra  
President District Consumer Forum, Amritsar  
(Resource Person)

Advocate Vipin Kumar Dhand  
President Bar Association, Amritsar  
(Guest of Honour)

in Multimedia Room on April 26, 2022 at 12:00 noon

Ms. Poonam Sharma  
Ms. Sharanjit Kaur  
Coordinators

Mr. Sachin Kalra  
Convener

Ms. Jyoti Bala  
Principal



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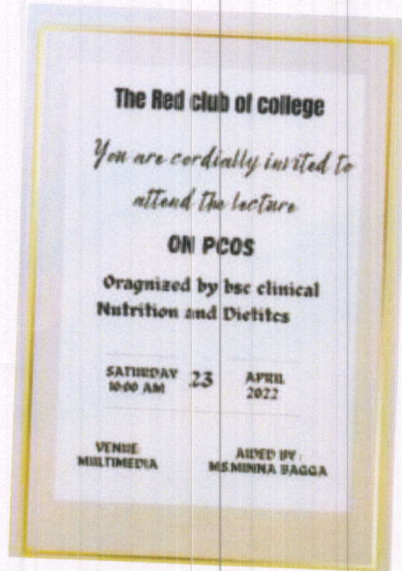


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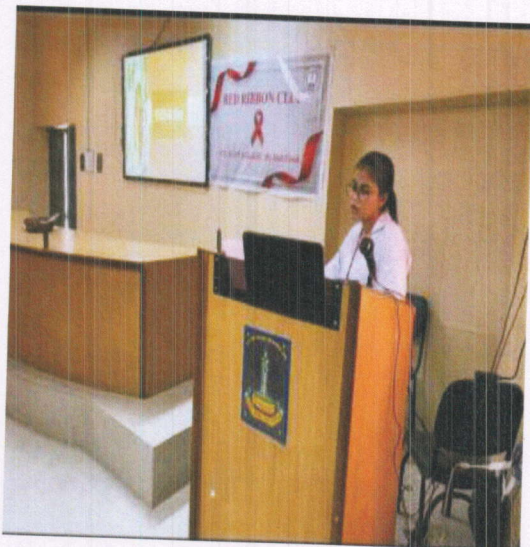
B.Sc Medical with CND

Day -3

LECTURE ON PCOS TO RED RIBBON CLUB OF COLLEGE - 23rd April 2022



Urja of CND organized a lecture on PCOS in collaboration with the Red Ribbon Club of the college under the guidance of Minna Bagga. Madam Principal Mrs Jyoti Bala was the Chief Guest. She appreciated CND department for organizing this lecture. A lot of questions were taken by Urja. Mrs Amandeep Bhatti incharge Red Ribbon Club also appreciated the department. This lecture was presented both off line and online  
No. Of Participants = 57

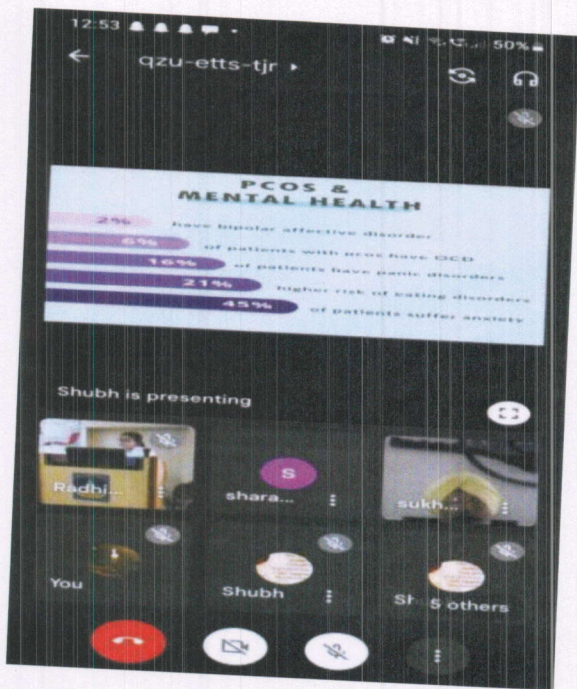


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Amritsar,  
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**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR**  
 B.Sc Medical with CND



Red Ribbon Club

1	Urvashi	30	Pooja Arora
2	Radhi	31	Yashika
3	Kavita	32	Garima
4	Kushi Sharma	33	Pooja Chopra
5	Kamrajest Kaur	34	Garima Verma
6	Radhi	35	Neha
7	Manika	36	Pooja Mahajan
8	Manika	37	Geetika
9	Swastika	38	Bonam
10	Swastika	39	Shikha Khandelwal
11	Manoj	40	Kapal
12	Prakhar Sharma	41	Mohika
13	Radhi	42	Sumitra
14	Radhi	43	Pransha
15	Urvashi	44	Kamaldheya
16	Kamrajest Kaur	45	Pransha
17	Kavita	46	Swastika Kaur
18	Kushi	47	Yashika Kaur
19	Manika	48	Kuldeep Kaur
20	Gayatri	49	Swastika
21	Pransha Kaur	50	Manika
22	Swastika	51	Urvashi
23	Manoj	52	Urvashi
24	Manika	53	Radhi Kaur
25	Kamal	54	Swastika
26	Manika Chopra	55	Radhi
27	Manika	56	Kushi
28	Shikha	57	Swastika
29	Manika	58	Manika

1 Kushi  
 2 Manika

26/9/23  
 Principal,  
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 Amritsar.  
 Manika



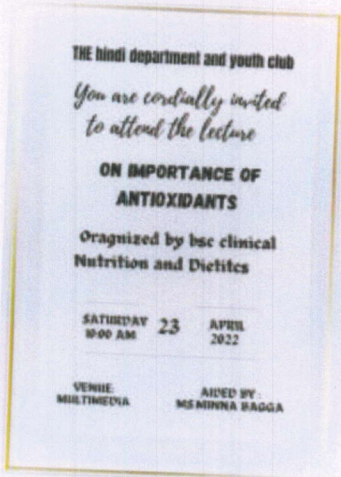
# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

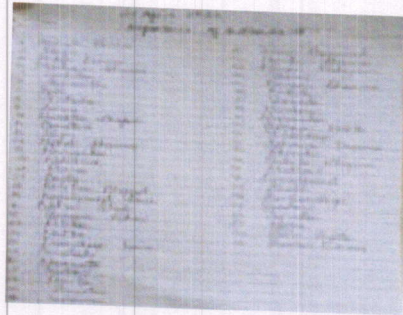
## LECTURE ON IMPORTANCE OF ANTIOXIDANTS TO HINDI DEPARTMENT

23 April 2022

No. Of Participants = 53



Swati a student organized a lecture on the topic " Importance of Antioxidants" in collaboration with the youth club and Hindi Department under the guidance of Minna Bagga



1. *Swati*  
2. *Minna*

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Amritsar.  
*Manu*

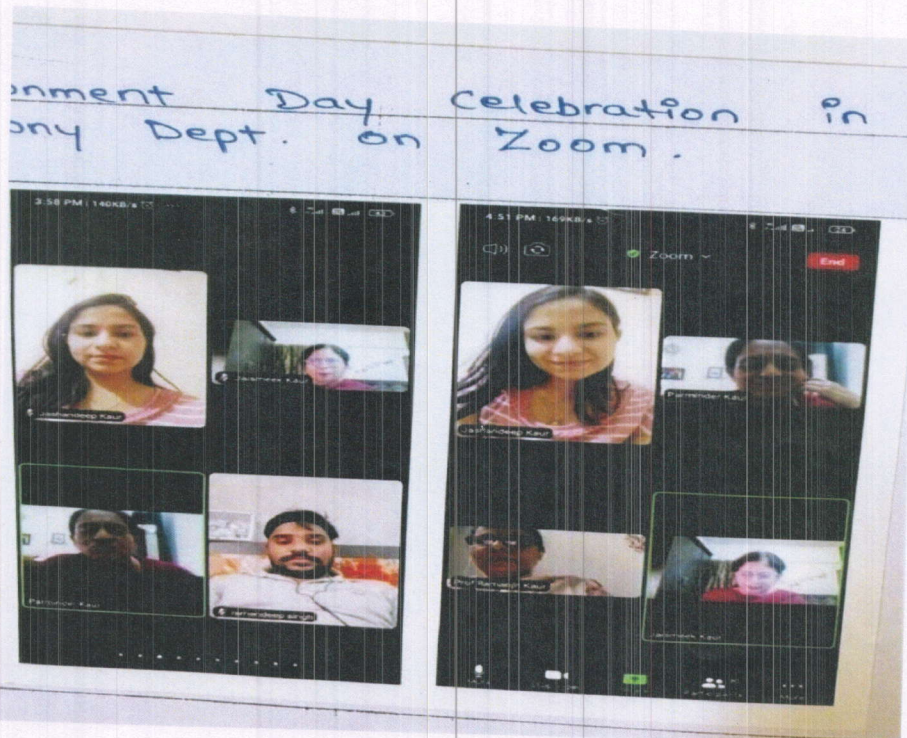
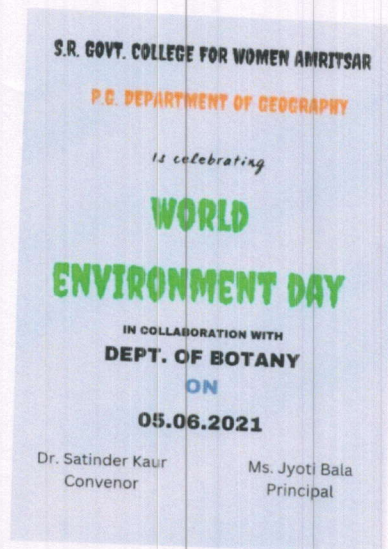


WEBINAR ON WORLD ENVIRONMENT DAY

Date: 05.06.2021

A webinar was organised on "World Environment Day" by PG Department of Geography. **Dr. Satinder Kaur** and **Dr. Parminder Kaur** delivered lectures regarding conservation of environment. Students from Geography as well as Botany Department delivered lectures, presentations and also presented poems on the theme.

Number of participants: 40



*Satinder*

*23/9/23*

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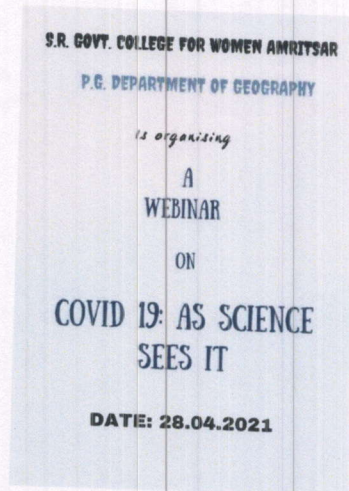
WEBINAR ON COVID 19: AS SCIENCE SEES IT

Date: 28.04.2021

A webinar was organised on the topic " Covid19: As Science Sees It". A lecture was delivered by **Dr. RNK Sharma**. She discussed the literature on Covid-19 and also discussed the overall impact of Covid virus.

**Link of the meeting:** <http://meet.google.com/ntd-qotp-wyu>

Number of participants: 66



*Satinderker*

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Punjab

22/23/9/23



Covid 19 as Science Sees It

28.04.2021

M.A. Sem II		
Sr. No.	Name of Participant	Roll. No.
1	Harpreet Kaur	20240001
2	Manmeet Kaur	2
3	Manpreet Kaur	3
4	Diksha	4
5	Shweta	5
6	Komalpreet Kaur	6
M.A. Sem IV		
7	Kiranjit Kaur	19240001
8	Mani	2
9	Pawanpreet Kaur	3
10	Robinpreet KAur	4
11	Sumandeep KAur	5
12	Shubhreet Kaur	6
13	Ashmeen Kaur	7
14	Pooja	8
15	Manpreet KAur	9
16	Ashma Kiran	10
17	Sumanpreet Kaur	11
18	Palwinder Kaur	13
19	Amandeep KAur	14
20	Kuldeep KAur	15
B.A.		
21	Sukhmanjot Kaur	20110021
22	Nancy	20110136
23	Jaskirat	20110016
24	Sukhman	20110021
25	Mehak	20110026
26	Nidhi	20110046
27	Minakshi	20110104
28	Gursharan Kaur	20110113
29	Suman	20110114
30	Banadana	20110124
31	Rohini	20110125
32	Kiran	20110158
33	Shifali	20110208
34	Anchal	20110210
<del>35</del>	<del>Neha</del>	<del>20110222</del>
<del>36</del>	<del>Suman</del>	<del>20110269</del>
<del>37</del>	<del>Monika</del>	<del>20110271</del>
<del>38</del>	<del>Palwinder</del>	<del>20110275</del>
<del>39</del>	<del>Monika</del>	<del>20110290</del>
<del>40</del>	<del>Amandeep Kaur</del>	<del>20110291</del>

*Satinder*

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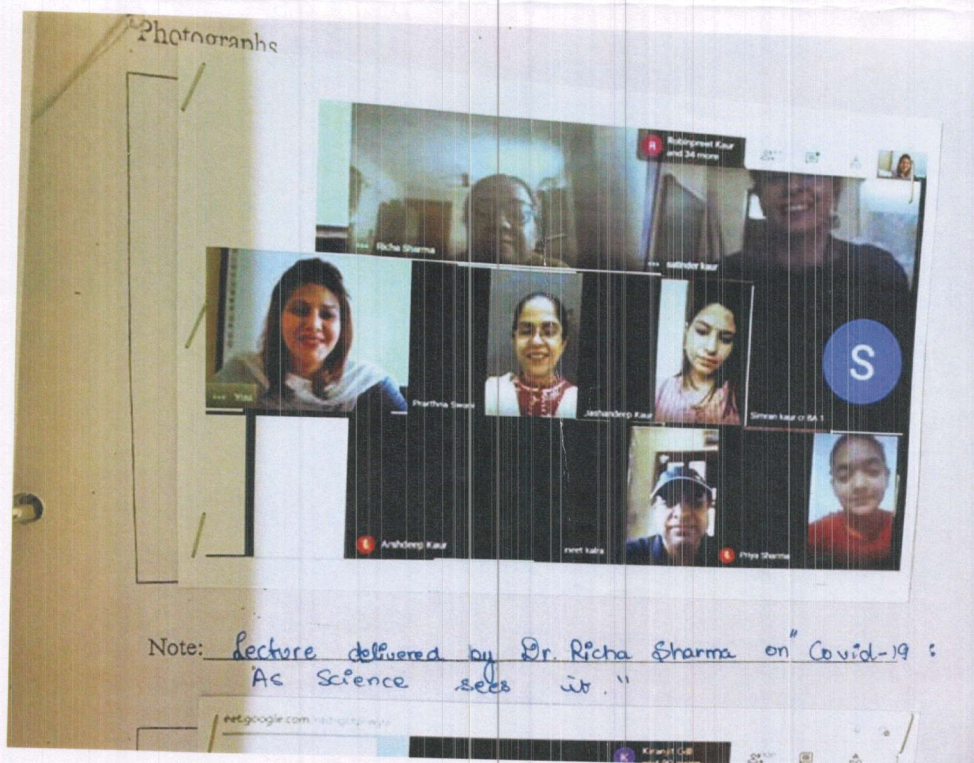
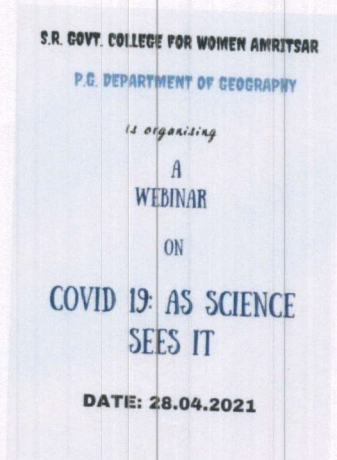
SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

WEBINAR ON COVID 19: AS SCIENCE SEES IT

Date: 28.04.2021

A webinar was organised on the topic " Covid 19: As Science Sees It". A lecture was delivered by **Dr. RNK Sharma** in which total 74 students have attended. Link of the meeting: <http://meet.google.com/ntd-qotp-wyu>

Number of participants: 33



*Salinder*

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Amritsar.  
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# "Covid-19 As Science Sees it"

28-04-21

S.No	Name of Participants	Roll.No.
1	MA - sem II Harpreet Kaur	20240001
2	Manmeet Kaur	2
3	Manpreet Kaur	3
4	Diksha	4
5	Shweta	5
6	Komalpreet Kaur	6
7	MA - sem Kuranpreet Kaur	19240001
8	TV Mani	21
9	Pawanpreet Kaur	3
10	Robinpreet Kaur	4
11	Sumandeep Kaur	5
12	Subhreet Kaur	6
13	Ashmeen Kaur	7
14	Pooja	8
15	Manpreet Kaur	9
16	Ashma Kaur	10
17	Sumanpreet Kaur	11
18	Palwinder Kaur	13
19	Amandeep Kaur	14
20	BA - Kuldeep Kaur	15
21	sem Sukhmanjot Kaur	20110021
22	II Nancy	136
23	JasKirat Kaur	16
24	Nidhi	46
25	Mehak	26
26	Minakshi	104
27	Gursharan	113
28	Soman	114
29	Bandana	124
30	Rohini	158
31	Kiran	208
32	Shigali	210
33	Anchal	222

Satinder

23/9/23

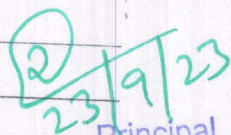
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"COVID-19 AS SCIENCE SEES IT"

S.No.	Name of Participants.	Roll. No.
34.	Jaskaran Jot	191100054
35	Chandani	59
36	Gurnoor	61
37	Rozy Bala	92
38	Anjali	94
39	Sonali Bhatgal	97
40	Priyanka	136
41	Komal Singh	181
42	Disha	193
43	Esha	196
44	Reena	240
45	Kajal	256
46	Saloni	301
47	Aarti	302
48	Muskan	358
49	Shiwangi	381
50	Prabhsimran	440
51	Komal	444
52	Joban	448
53	Maljit	461
54	Amandeep	466
55	Kawaljeet	472
56	Dawinder	488
57	Paulomi	530
58	Jashanpreet	552
59	Prachi	558
60	BA sem II Ambita Prasad	20110436
61	Gurleen Kaur	20110335
62	Harpreet Kaur	279
63	Monika	450
64	Monika	341
65	Gurjeet Kaur	346
66	Komaljeet Kaur	187

Satinder Kaur

  
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**Saroop Rani Government College for Women, Amritsar**

**Department of Chemistry**

**Activities conducted by Department of Chemistry**

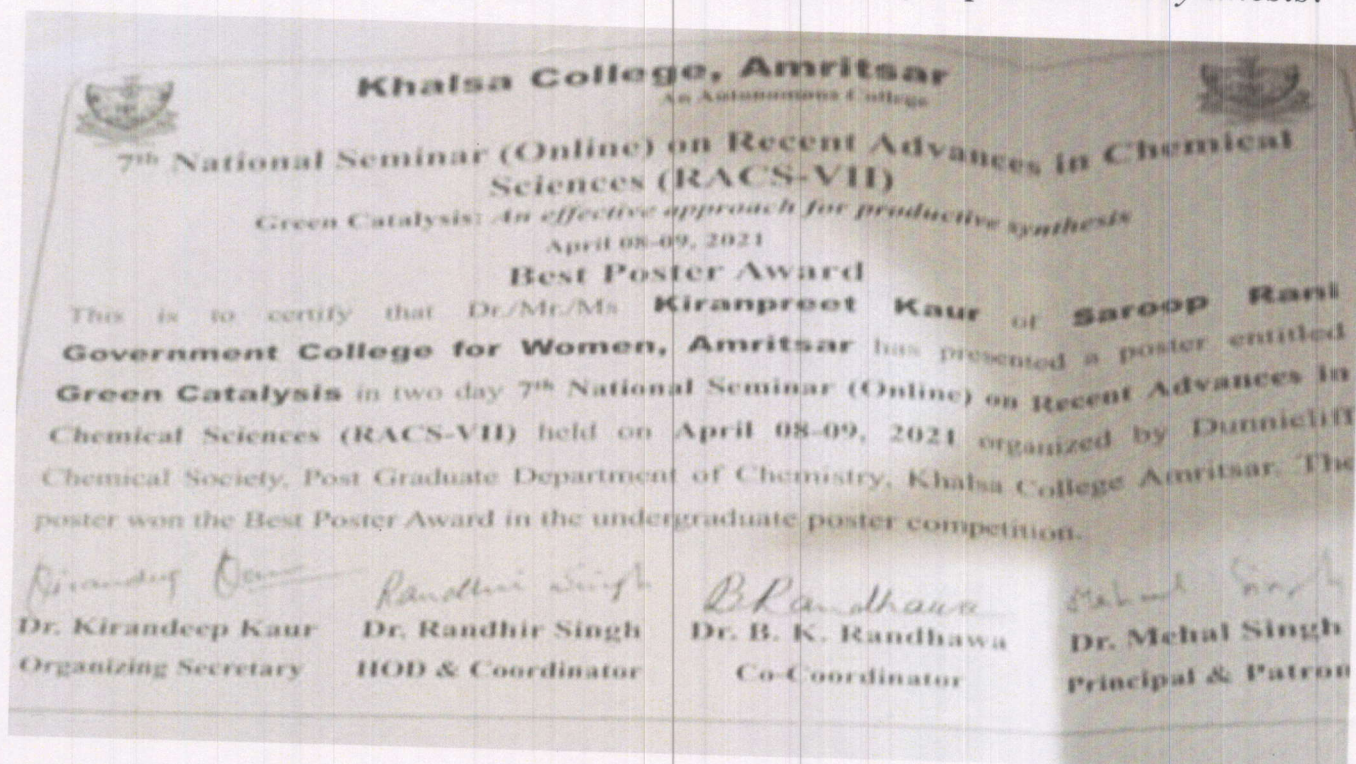
**(2021-2022)**

**Khalsa College, Amritsar Organizes 7<sup>th</sup> National Seminar (Online)**

**On April 08-09, 2021.**

**Recent Advances in Chemical Sciences (RACS-VII) on**

**Topic: - Green Catalysis: - An effective approach for production synthesis.**



**No. of Participants: - 05 Students**  
**Kiranpreet Kaur got Best Poster Award.**

*Sarinder K*

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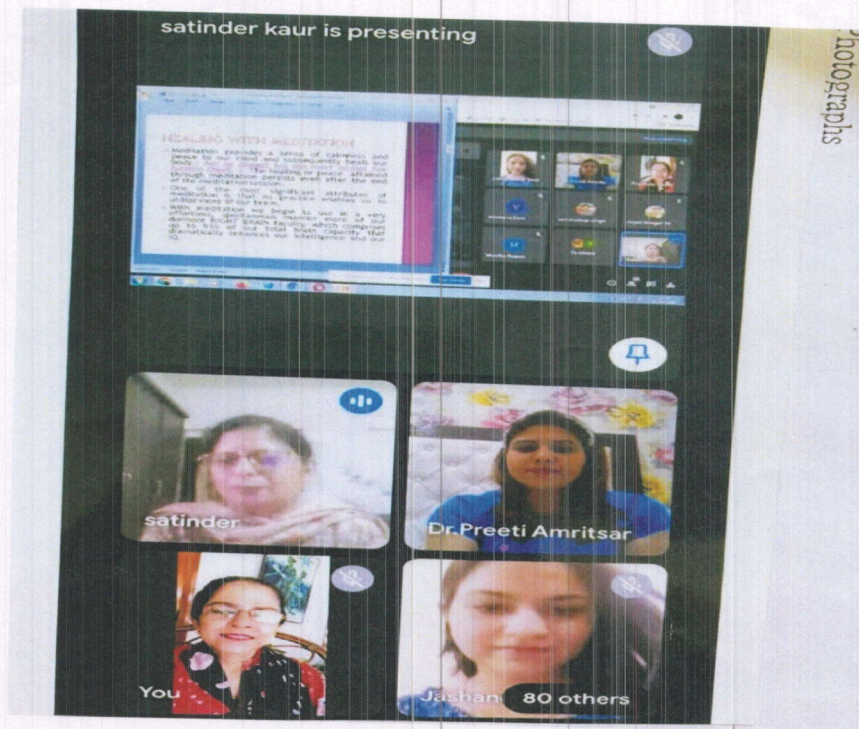
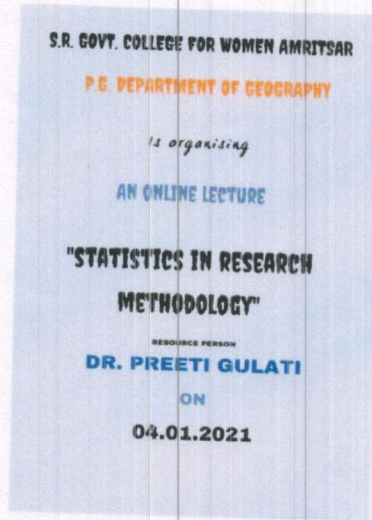


SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
P.G. DEPARTMENT OF GEOGRAPHY

**WEBINAR ON "USE OF STATISTICS IN RESEARCH METHODOLOGY"**

Date: 04.01.2021

P.G. Department of Geography organised a webinar on "Use of Statistics in Research Methodology". The resource person was **Dr. Preeti Gulati**, Department of Psychology. Number of participants: 42



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Name



Use of Statistics In Research Methodology

04.01.2021

M.A. Sem II		
Sr. No.	Name of Participant	Roll. No.
1	Harpreet Kaur	20240001
2	Manmeet Kaur	2
3	Manpreet Kaur	3
4	Diksha	4
5	Shweta	5
6	Komalpreet Kaur	6
M.A. Sem IV		
7	Kiranjit Kaur	19240001
8	Mani	2
9	Pawanpreet Kaur	3
10	Robinpreet KAur	4
11	Sumandeep KAur	5
12	Shubhreet Kaur	6
13	Ashmeen Kaur	7
14	Pooja	8
15	Manpreet KAur	9
16	Ashma Kiran	10
17	Sumanpreēt Kaur	11
18	Palwinder Kaur	13
19	Amandeep KAur	14
20	Kuldeep KAur	15
B.A. Sem II		
21	Sukhmānjot Kaur	20110021
22	Nancy	20110136
23	Jaskirat	20110016
24	Sukhman	20110021
25	Mehak	20110026
26	Nidhi	20110046
27	Minakshi	20110104
28	Gursharan Kaur	20110113
29	Suman	20110114
30	Banadana	20110124
31	Rohini	20110125
32	Kiran	20110158
33	Shifali	20110208
34	Anchal	20110210
35	Nehachal	20110222
36	Suman	20110260
37	Monika	20110341
38	Baljinder	20110445
39	Monika	20110450
40	Amandeep Kaur	20110421
41	Sumandeep Kaur	20110260
42	Navroj Kaur	20110197

*Latinder*



Saroop Rani Government College for Women, Amritsar

Department of Chemistry

Activities conducted by Department of Chemistry

(2020-2021)

Webinar on Stereochemistry

Resource Person: - Dr Amit Anand

Assistant Professor , Khalsa College, Amritsar

Online lecture delivered by Dr. Amit on Stereochemistry, An-in-depth analysis on  
5-12-2020.

S.R. Government College for Women Amritsar

**CHEMISTRY DEPARTMENT**  
IS ORGANIZING AN ONLINE LECTURE

" Stereochemistry - An Indepth Analysis "

Date: 5th December 2020 Time: 10.30 AM to 12.00 Noon

<http://meet.google.com/qwb-ykij-ycu>

Resource Person  
**Dr. Amit**  
Associate Professor, Khalsa College, Amritsar  
**Ms. Surinder Kaur**  
HOD Chemistry, S.R govt. college

**Dr. H.S Bhalla**  
Principal



No. Of Participants: - 100

Surinder K

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# Saroop Rani Government College for Women, Amritsar

## Department of Chemistry

Lecture on Crystal Field Theory on 05-12-2020

A Lecture Delivered by **Ms. Surinder Kaur** on topic "Crystal Field Theory" & its application. In this Lecture, madam provides information various applications of coordinate compounds like-Color of Transition Metal Complexes, Magnetic Properties and Catalytic Properties.



No. Of Participants: - 70

*Surinder*

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Amritsar.  
*Surinder*



**SAROOP RANI GOVERNMENT COLLEGE  
FOR WOMEN, AMRITSAR**

**DEPARTMENT OF PUNJABI**

**(2020-2021)**

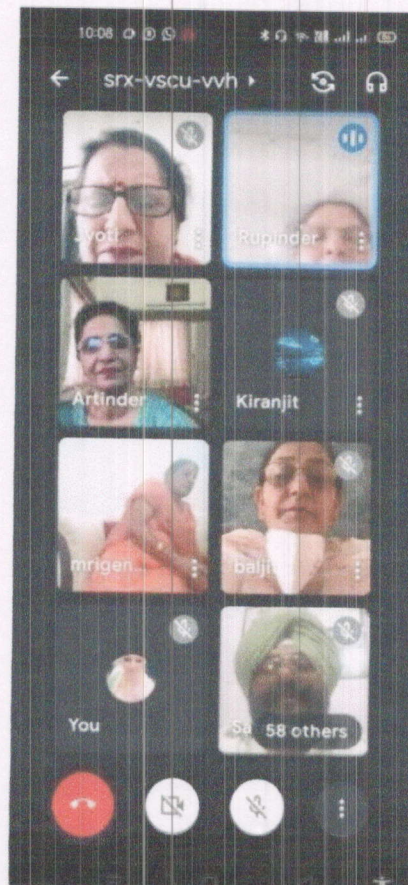
**Online Lecture on Journey of Artinder Kaur**

**Date : 21-06-2020**

**Resource Person - Artinder Kaur (Poet)**

**No. of Participants-45**

Lecture of famous Punjabi poet Madam Artinder Kaur was conducted through online mode in which she spoke about her journey as a writer and poet. She also recited few of her poems.



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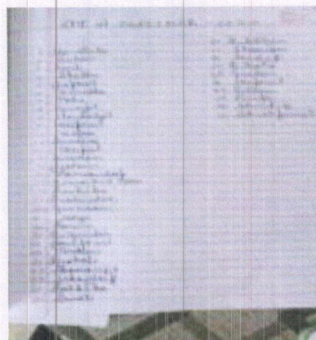
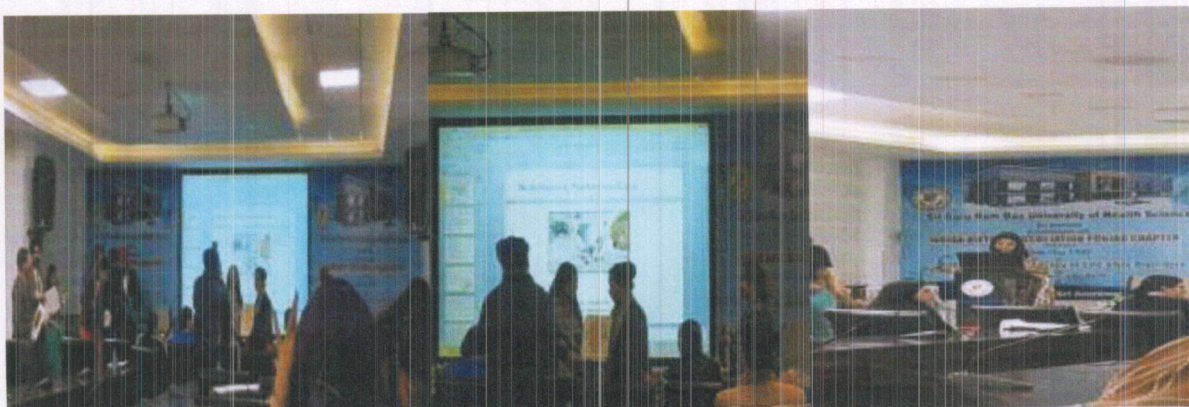
# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

One day CME at the SGRDIMSAR Amritsar in collaboration with Indian Dietetics Association Punjab Chapter—1st February 2020



40 students of CND attended the CME at SGRDIMSAR. Minna Bagga was the Chairperson of one session.



1 Anshu  
2 Minna

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Punjab



Saroop Rani Government College for Women, Amritsar  
Department of Hindi

- Name of Activity:-*National Webinar on Relevance of Shri Ram Charit Manas in Present Scenario*
- Date:- 10<sup>th</sup> June 2021

 **सरूप रानी राजकीय महिला महाविद्यालय  
अमृतसर**

**एक दिवसीय राष्ट्रीय वेबिनार**

**रामचरित मानस की प्रासंगिकता: वर्तमान संदर्भ**

दिनांक : 10-06-2021      समय : 11-30 बजे पूर्वाह्न

<b>अध्यक्षता</b>	<b>मुख्य वक्ता</b>	<b>विशेष वक्ता</b>	<b>संलग्नक</b>
			
प्रो. (डॉ) नरेश मिश्र पूर्व अध्यक्ष, हिन्दी विभाग महर्षि दयानंद विश्वविद्यालय रोहताक (हरियाणा)	प्रो. (डॉ) सुधा जतिंदर अध्यक्ष, हिन्दी विभाग एवं पूर्व डीन, भाषा संकाय गुरु नानक देव विश्वविद्यालय अमृतसर	प्रो. (डॉ) अशोक कुमार सबरवाल पूर्व अध्यक्ष, हिन्दी विभाग पञ्जाब विश्वविद्यालय चण्डीगढ़	डी.प्रॉफ. सुजाना बेदी हिन्दी विभाग सरूप रानी राजकीय महिला महाविद्यालय, अमृतसर

वीडियो लिंक :  
<https://meet.google.com/xbs-hurc-cgw>  
Or open Meet and enter this code: xbs-hurc-cgw

आयोजक : हिन्दी विभाग

डॉ सुनीता शर्मा अध्यक्ष, हिन्दी विभाग M. : 8559090541	डॉ संजय चौहान M. : 7986141220	डॉ सुजाना बेदी M. : 7986835489
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(वेबिनार में भाग लेने वाले प्रतिभागियों को ई-प्रमाण पत्र दिया जायेगा )

- Resource Persons:-
  - ◆ Prof. Dr. Naresh Mishr, Ex-HOD, Hindi Dept. Maharishi Dyanand University, Rohtak.
  - ◆ Prof Dr. Sudha Jatinder, HOD , Hindi Dept. GNDU University, Amritsar
  - ◆ Prof. Dr. Ashok Kumar Sabharwal, Ex-HOD, Hindi Dept. Punjab University, Chandigarh.
- Number of Participants:-150

Sunil Sharma

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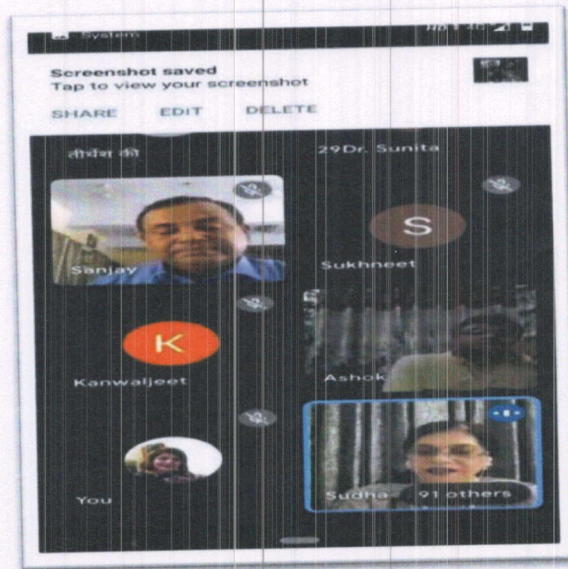


**Saroop Rani Government College for Women, Amritsar  
Department of Hindi**

**Report:-**

A National webinar was organized on Relevance of Shri Ram Charit Manas in Present Scenario on 10<sup>th</sup> June, 2021. Expert lectures were delivered by Prof. (Dr.) Naresh Mishr, Former Head of Hindi Department, MDU, Rohtak, Prof. (Dr.) Ashok Kumar Sabharwal, Former Head of Hindi Department, Panjab University, Chandigarh and Prof. (Dr.) Sudha Jitendar, Head of Hindi Department, Guru Nanak Dev University, Amritsar. In this webinar, about 150 students and teachers participated from India and abroad. The experts addressed the various queries of the participants very well.

**Pictures of the Event:-**



**Media Coverage:-**



*Sunita Sharma*

Principal,  
 Saroop Rani Government  
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 Amritsar.  
*Mam*




Saroop Rani Government College for Women  
PG Department of Commerce & Management


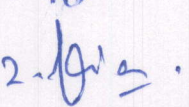
**One Day Seminar on 'Right to Information Act, 2005**

**Date - 31/01/2020**

**No. of Participants - 70**

**One Day Seminar on 'Right to Information Act, 2005** was organised by Mahatma Gandhi State Institute of Public Administration, Jalandhar in the college Auditorium in which 70 students of the department of SRGCW, Law Graduates from Khalsa College of Laws and officers of various public departments participated to enhance their knowledge about the said issue.

  
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

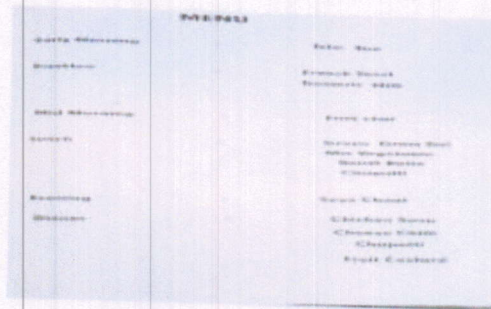
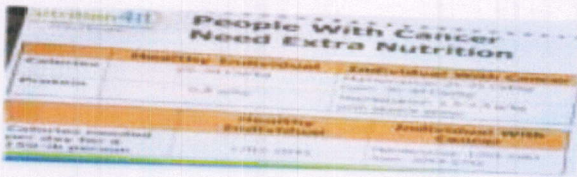
B.Sc. Medical with CND

Nutrition Clinics

October 2019 to November 2019

Number of Participants 26

A series of Nutrition Clinics were organised to educate about various diseases. The attendees were made aware about the diseases, its symptoms, causes and the ways to cure these with a healthy diet



01	Yashika Malhotra	2
02	Jyoti Kaur	2
03	Usha	2
04	Usha Sharma	2
05	Kuldeep Kaur	2
06	Kuldeep Sharma	2
07	Sharanjit Kaur	2
08	Sandeep Kaur	2
09	Katrina	2
10	Santi	2
11	Sushila Kaur	2
12	Sharanjit Kaur	2
13	Sandeep Kaur	2
14	Diksha	2
15	Sushila Kaur	2
16	Pallavi	2
17	Rishi	2
18	Sushila Sharma	2
19	Shubhpreet Kaur	2

1 Kushi  
2 Shilpa

2  
25/9/23  
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Amritsar.  
Name



**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF ZOOLOGY**

**Guest Lecture on Social Signals in Animals**

**Department of Zoology**  
**organizes Lecture**  
**Social Signals in**  
**Animals**  
**By**  
**Dr. Puja Ohri**  
**Date- 11 October, 2019**  
**Venue- Multimedia**  
**Time- 11:00 am**

**No. of Participants:** 162

**Resource Person:** Dr. Puja Ohri

Zoology department of Saroop Rani Govt. College for Women organized a lecture on "**Social Signals in Animals**" on 11<sup>th</sup> October, 2019. **Dr. Puja Ohri**, Assistant Professor, Department of Zoology Guru Nanak Dev University, Amritsar was the guest speaker. Dr. Puja Ohri elaborated how different animals despite the power of speech communicate among themselves by emitting diverse signals which can be visual, tactile, hormonal or auditory in nature. These help in coordinating group behavior, finding mates, marking and defending territories, etc. Principal Dr. Savita Sachdeva welcomed Dr. Puja and appreciated her lively interaction with the students. All the B. Sc Medical students attended the lecture. It was quite informative and enriching experience for the students. Students had a healthy discussion and got their queries answered. Prof. Parminder Kaur, Prof. Kiranjit Bal, Prof. Amandeep Bhatti, Dr. Ravinderjit Kaur, Dr. Ruchi Sharma and Ms. Komal Rohela were present on the occasion.

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**SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR  
DEPARTMENT OF ZOOLOGY**



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**Principal,  
Saroop Rani Government  
College For Women  
Amritsar.**  
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*Kiyan*



Sarop Rani Government College for Women Amritsar  
Department of Physics

**Guest Lecture on Astrophysics**

***S.R. Govt. College for Women, Amritsar***

***Department of Physics***

***Organizes a***

***Guest Lecture***

***On "Astrophysics"***



**Resource Person: Dr. Sameer Kalia,  
Head, Physics Dept., DAV College Amritsar**

**Date: Sept. 20<sup>th</sup>, 2019**

A lecture on *Astrophysics* was conducted on Sept. 20<sup>th</sup>, 2019. It was delivered by Dr. Sameer Kalia, HoD, Physics Dept. of DAV College Amritsar. The content of lecture included mapping of sky, phenomenon such as motion of stars, galaxies and relation among astrology and astronomy.

*Surinder Kaur*

*23/9/23*  
Principal,  
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Amritsar.  
*Kaur*



Saroop Rani Government College for Women Amritsar  
Department of Physics



*Surinder Kaur*

*23/9/23*  
Principal,  
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Amritsar.  
*Kaur*



**Saroop Rani Government College for Women, Amritsar**  
**Department of Home Science**

**ONE DAY NATIONAL SEMINAR**  
**ON BUILDING-BY-LAWS**

Resource Person: Architect Nikhil Rawat

Date: 18-09-2019

No. of Participants: 70



**Report**

A one day national seminar on Building-By-Laws and Making of House Plans was organized, where Architect Mr. Nikhil Rawat enlightened the audience and students regarding building-by-laws and how to make various house plans like row, detached houses, corner house, duplex, orientation of bathrooms, kitchen etc. It was highly beneficial for the participants.

**SEMINAR**  
 On Building By Laws  
 SCHEDULE

Time	EVENT
9 - 9:15 AM	WELCOME
9:30 - 11:00 AM	Key note address by Nikhil Rawat
12:00 - 1:00 PM	Interaction with the students and staff
1:00 - 2:00 PM	Lunch
2:00 - 3:30 PM	Work session making of House plans
3:30 - 4:30 PM	Discussion
4:30 - 5:00 PM	Vote of Thanks

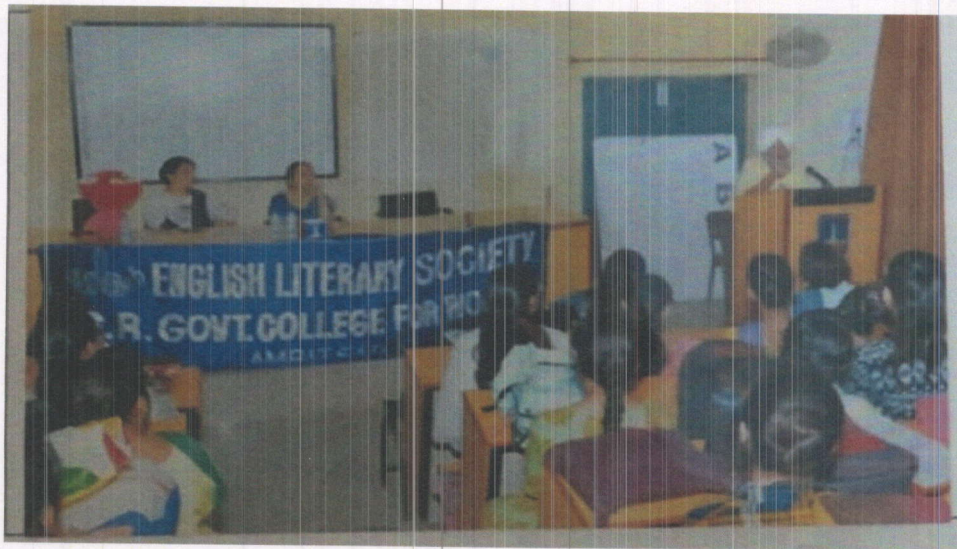


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**Activity 3: Discourse by a Senior Journalist from PTC News  
9th September 2019**



**Report:** The Department of English organized a guest lecture by Mr. Rajinder Taggar, a senior journalist from PTC News, on September 9, 2019. Mr. Taggar delivered a talk on the fate of print media in the present times, focusing on the changing landscape of the media industry. He shed light on the issue of paid news which has recently come under scrutiny and discussed the evolving role of media.

During the interactive session, students engaged in a discussion with Mr. Taggar, asking questions on topics such as analytical and interpretative reporting, crime reporting, spot reporting, and journalism as a profession. Mr. Taggar shared his experiences and personal stories to address the queries of the learners, urging the audience to have faith in the media. The two-hour lecture served as an eye-opener for the audience, as it revealed various hidden aspects of media and newspaper reporting. The session provided valuable insights into the world of media and a deeper understanding of the dynamics within the media industry.

**Total Participants: 70**

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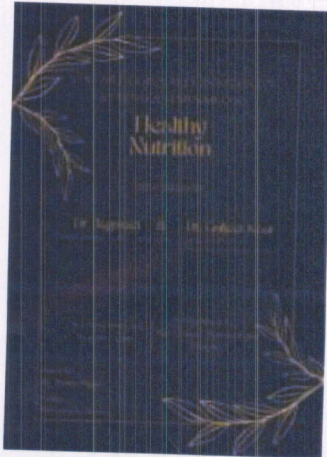
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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

PoshanMaah/ National Nutrition Month  
A one Day Seminar on Healthy Nutrition  
3 September 2019 Number of Students -60



## Seminar on Healthy Nutrition

### Schedule

10:00 AM	Registration
10:30 AM	Dr. Jagmeet, President of Indian Dietetics Association, Online Nutrition Talk
11:00 AM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
11:30 AM	Break
12:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
12:30 PM	Break
1:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
1:30 PM	Break
2:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
2:30 PM	Break
3:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
3:30 PM	Break
4:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
4:30 PM	Break
5:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah
5:30 PM	Break
6:00 PM	Dr. Guljeet Kaur, Talk on Panch Sutra of PoshanMaah

1	Dr. Jagmeet	B.Sc. (Hons.)
2	Dr. Guljeet Kaur	B.Sc. (Hons.)
3	Dr. Guljeet Kaur	B.Sc. (Hons.)
4	Dr. Guljeet Kaur	B.Sc. (Hons.)
5	Dr. Guljeet Kaur	B.Sc. (Hons.)
6	Dr. Guljeet Kaur	B.Sc. (Hons.)
7	Dr. Guljeet Kaur	B.Sc. (Hons.)
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31	Dr. Guljeet Kaur	B.Sc. (Hons.)
32	Dr. Guljeet Kaur	B.Sc. (Hons.)
33	Dr. Guljeet Kaur	B.Sc. (Hons.)
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48	Dr. Guljeet Kaur	B.Sc. (Hons.)
49	Dr. Guljeet Kaur	B.Sc. (Hons.)
50	Dr. Guljeet Kaur	B.Sc. (Hons.)

A range of activities were organized to enrich students with essentials of healthy nutrition. Online Nutrition talk was delivered by Dr. Jagmeet, President of Indian Dietetics Association. The students took a pledge to keep themselves nutritionally healthy. Dr. Guljeet Kaur also gave a talk on the Panch Sutra of PoshanMaah.



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Saroop Rani Government College for Women

PG Department of Commerce & Management

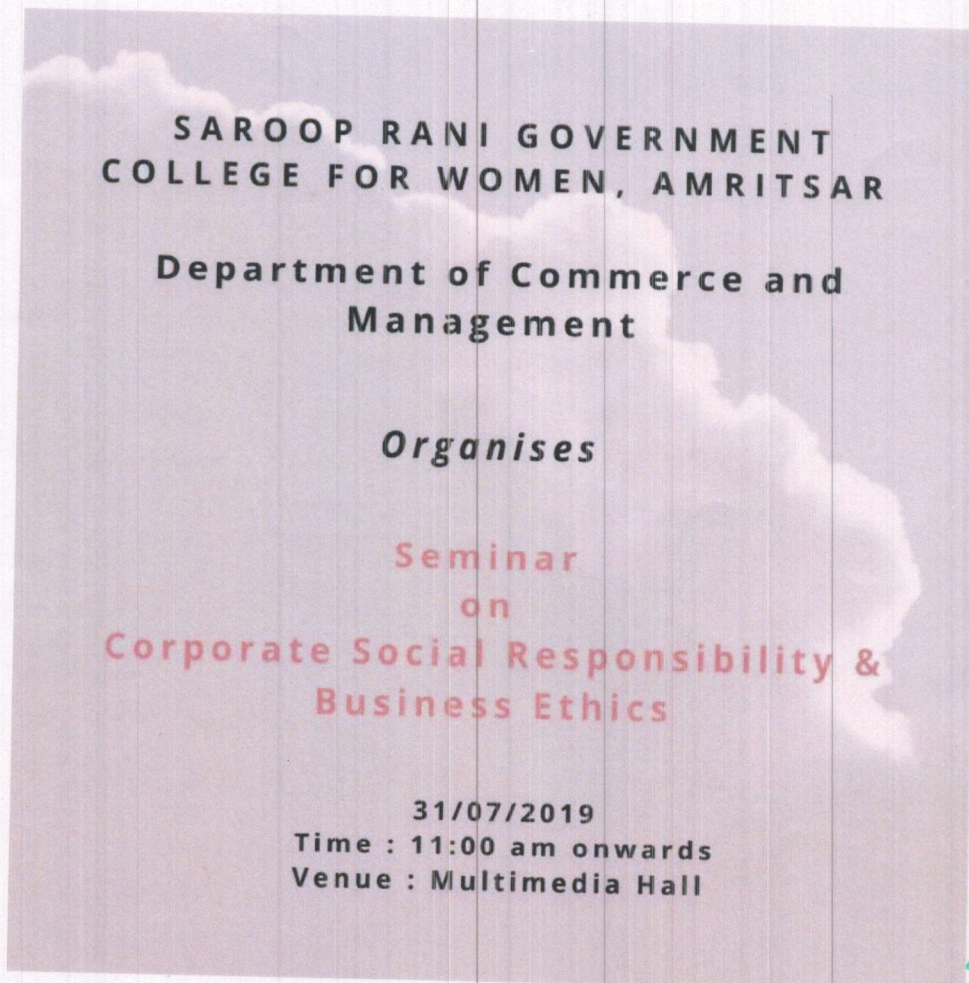
**Activities Report (2019-20)**

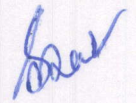
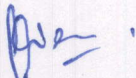
**Seminar on 'Corporate Social Responsibility and Business Ethics'**

**Date-31/07/2019**

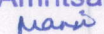
**No. of Participants – 15**

A Seminar on 'Corporate Social Responsibility and Business Ethics' was organised by Department of Commerce & Management in the Multimedia in which 15 students of the department Participated and gave their views on Social Responsibility initiatives followed by various companies and the need to follow this practice for expansion of companies. Almost 150 Students of the department attended the seminar along with the faculty members.



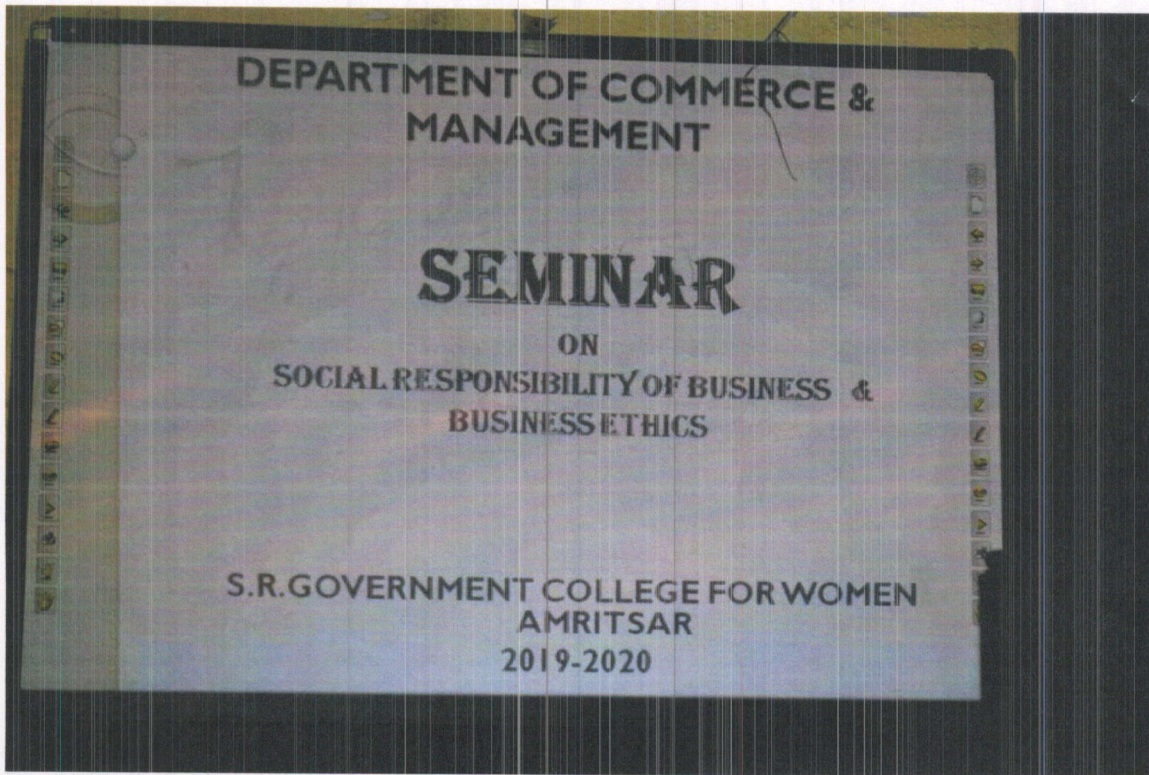
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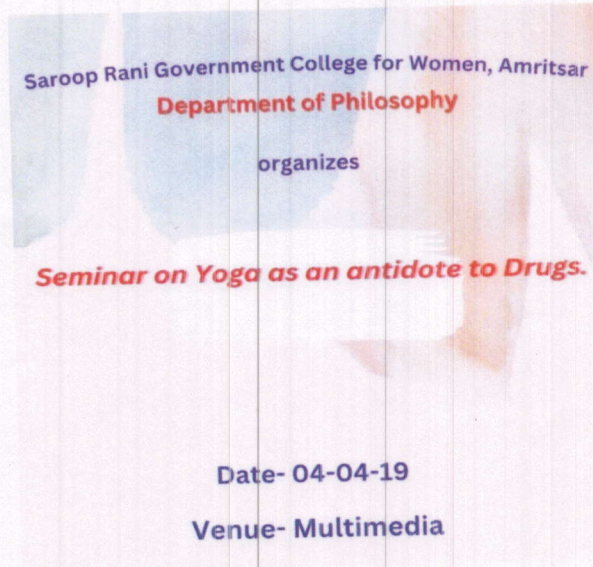
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**SAROOP RANI GOVERNMENT COLLEGE  
FOR WOMEN, AMRITSAR  
DEPARTMENT OF PHILOSOPHY**

(2018-2019)

**Seminar on Yoga as an antidote to Drugs.**



Date- 04.04.2019

No. of Participants = 150

The Department of Philosophy conducted a seminar where Professor Vipin Kumar of DAV College, Amritsar, shared his insights into the true nature of Yoga and its contemporary relevance. Madam principal urged students to lead inspirational lives, highlighting the dangers of drug consumption.



*Jagub*

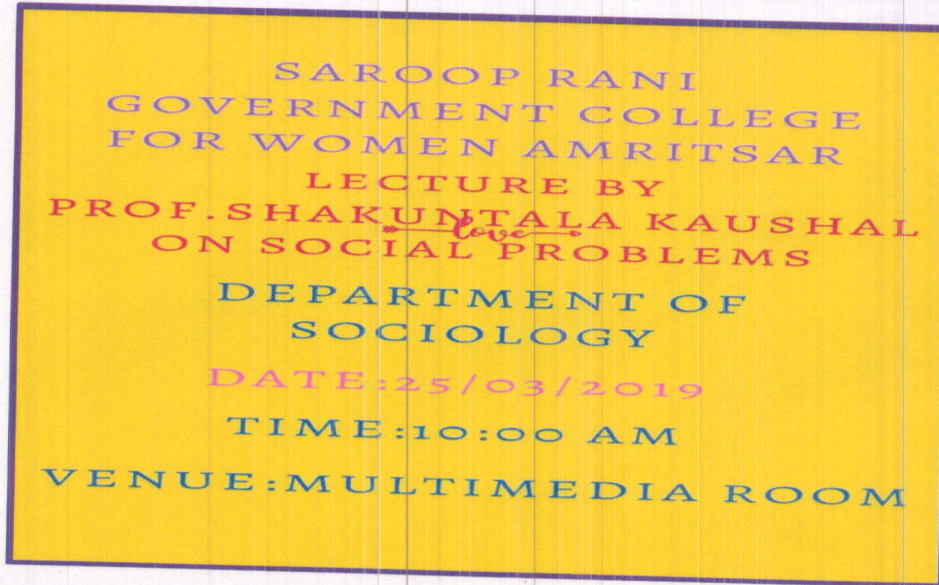
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**Saroop Rani Government College(W), Amritsar  
Department Of Sociology**

( 2018- 2019)

**Guest Lecture by Prof. Shakuntala Kaushal**



**Date: 25/03/2019**

**Number of participants : 57**

Guest lecture was organized by Department of Sociology. The guest speaker was Madam Shakuntala Kaushal, Retd. Principal of Kala Afgana Government College. Madam Kaushal shared her views on "The Various Problems of Society" like dowry, child marriage, divorce etc. She also advised students not to give or take dowry.



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Department Of Sociology



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**Saroop Rani Government College for Women, Amritsar**  
**Department of Home Science**

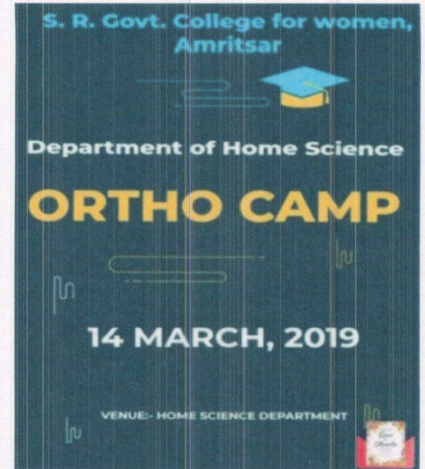
**ORTHO CAMP**

DATE: 14-3-2019

No. Of Participants: 269 in lecture  
25 Students & 19 Staff Members  
in one-to-one Interaction

**Report**

An Ortho Camp was organized in the department by the Home Science Society under President Ms. Gurpreet Narang with collaboration of Apollo Hospital. Dr. Sumit Mahajan Ortho specialist delivered a lecture on "Bone Health". He also discussed how to maintain healthy body joints. Later a one-to-one Interaction of staff & students with the Ortho specialists was organized. Staff members and students discussed their problems with the doctor.



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**Saroop Rani Government College for Women, Amritsar**  
**Department of Home Science**



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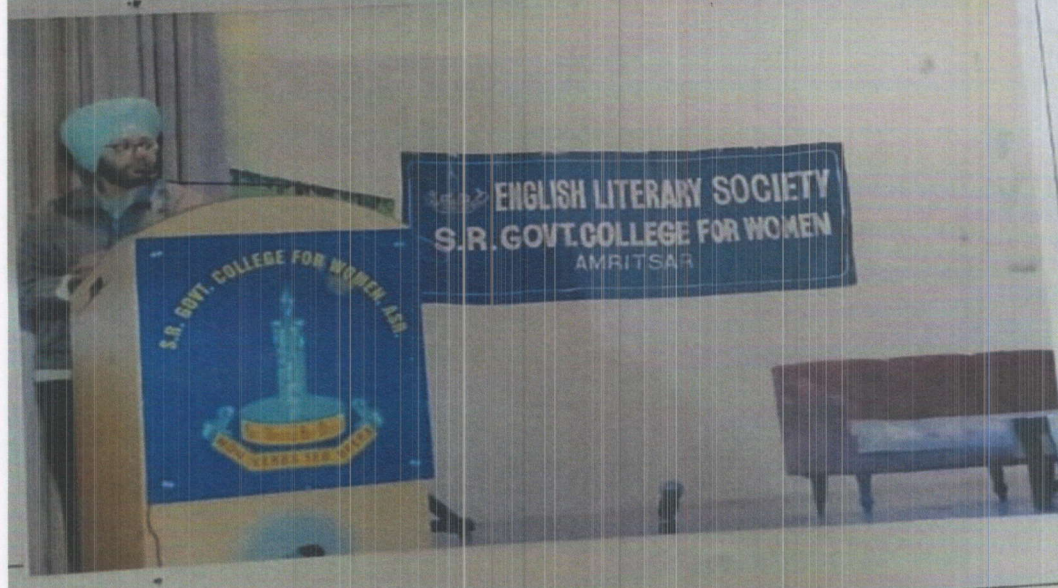
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Amritsar.  
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Session: 2019-2020

Activity 1: English Literary Fest

28<sup>th</sup> February, 2019



**Report:** The Department of English organized a Literary Fest on February 28, 2019 in the college Auditorium. A poster display featuring poems, plays, and texts from the syllabi of undergraduate classes was organized in the corridor. Dr. Yubee Gill, the Head of the Department of English, GNDU, Amritsar, commended these efforts. During the event, the guest speaker gave a captivating talk on *The Lord of the Flies* by William Golding. Furthermore, students from the department enacted a play titled "The Monkey's Paw".

No. of Participants: 80

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S.R. GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

NSS 2020-21



NSS - Webinar by  
Dr. Rupinder Kaur

12.3.2021

24/9/23

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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

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Organises

**Webinar**



to commemorate the 400th Birth Anniversary of Shri Guru Tegh Bahadur Ji

**Resource Person - Dr. Rakesh Bawa**

Department of History  
Guru Nanak Khalsa College, Daroli Kalan

## Topic - The Legacy of Shri Guru Tegh Bahadur Ji

**Date - May 21, 2021**

**Time - 11:30 am**

Open Entry for Faculty Members, Research Scholars and Students  
Platform - Google meet

For Details: Join the WhatsAppGroup - <https://chat.whatsapp.com/JTQIZXODVZEHL0J381GB7E>

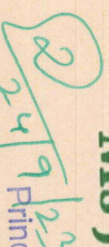
**Coordinators**

**Dr. Vandana Bajaj (9464985006)**

**Ms. Manjeet Kaur Minhas (9815342244)**

Designed by - Department of Computer Science

**Ms Jyoti Bala**  
Principal

  
Principal,

Saroop Rani Government

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Amritsar,





S.R. GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

2020-21



NATIONAL WEBINAR - THE LEGACY OF SRI GURU TEG BAHADUR JI  
21.5.21



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NSS

2020-21

WEBINAR ON AZADI KA AMRUT MAHOTSAV

On 28<sup>th</sup> May, 2021 a webinar **AZADI KA AMRUT MAHOTSAV** was conducted commemorating 75 years of Indian freedom, organised by NSS Department of Saroop Rani Government College For Women, Amritsar under the guidance of NSS Program Officers - Dr. Vandana Bajaj and Ms. Manjit Kaur Minhas.

It was an online guest lecture which was delivered by **Dr. Manjit kaur** from Department of Political Science Guru Nanak Dev University, Verka on the topic **REMINICING AND REVISITING JALLIANWALA BAGH MASSACRE IN FREEDOM STRUGGLE IN PUNJAB**. It was a very inspiring lecture. She explained the history of Jallianwala bagh massacre which has a lot of painful memories.

At the end of the event, **Principal Madam Jyoti Bala** thanked the special guest **Dr. Manjit kaur** for sparing her precious time. The event concluded with National Anthem.



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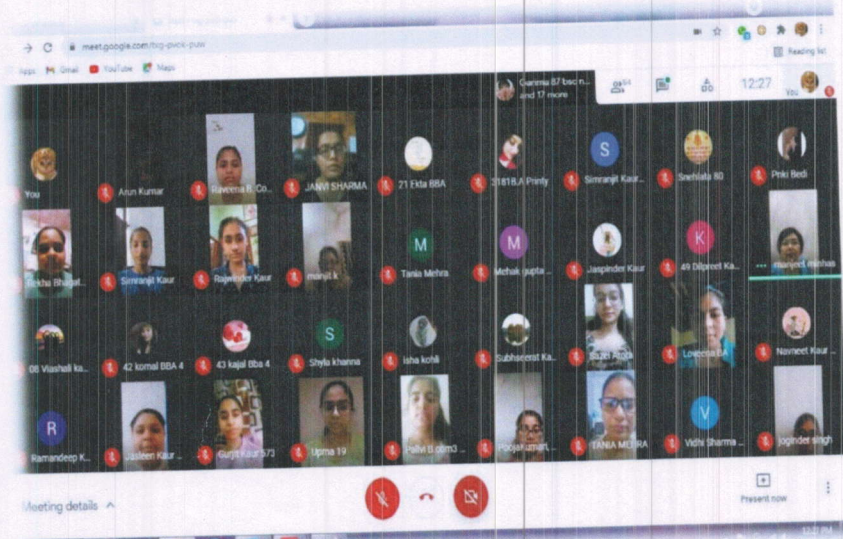
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2020-2021



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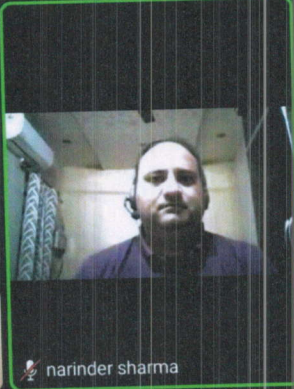
WEBINAR - REMINISING AND REVISITING  
JALLIANWALA BAGH MASSACRE  
IN FREEDOM STRUGGLE IN  
PUNJAB.

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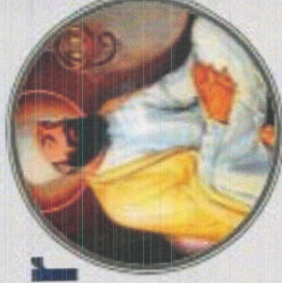
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# Saroop Rani Government College for Women, Amritsar



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*Organises*

## National Webinar

On

# Sri Guru Tegh Bahadur Ji: Social & Psychological Significance of His Teachings

Commemorating 400th Birth Anniversary of Guru Tegh Bahadur Ji

**Resource Person**  
**Dr Lakhwinder Singh Gill**  
(Former Deputy DPI(C), Punjab)



**December 11, 2020**  
**Time- 12:30 pm**

Co-ordinators  
Ms. Manjeet Kaur Minhas(9815342244)  
Dr. Vandana Bajaj(9464985006)

Dr. H.S. Bhalla  
Principal (Officiating)



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Meet - IQAC Webinar



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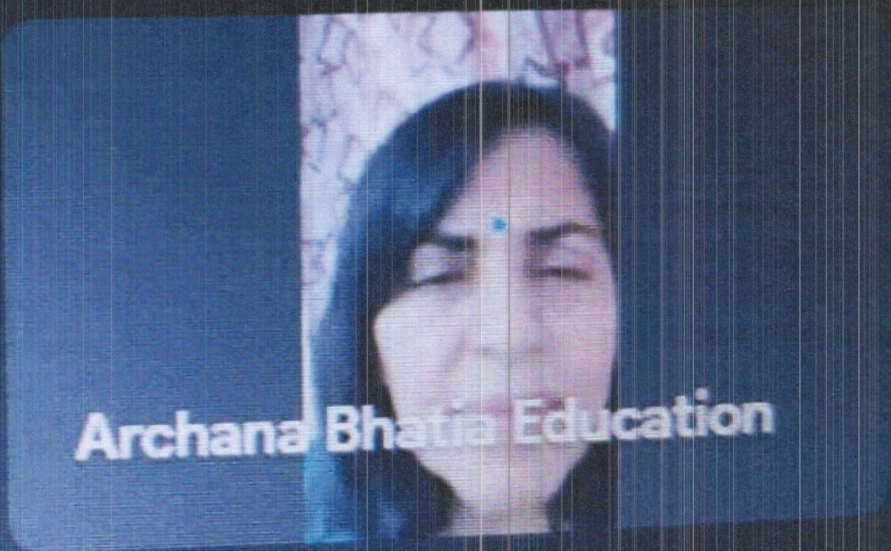




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Archana Bhatia Education



65 others

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Amritsar.

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## In-call messages

Let everyone send messages

**Harkamal chugh** 10:21

Good morning everyone!! Harkamal Chugh,  
Assistant Professor of English, Saroop Rani  
Government College for Women, Amritsar

**Sachin Kalra** 10:21

Good morning

**Simarbir Kaur** 10:21

Good morning everyone.

**Kapil Khare** 10:22

Hello Everyone, Dr. Kapil Khare, Guest Faculty, Govt  
college Mandleshwar, m.p., Email-  
kapilkhare@rocketmail.com

**Nivedhaa R** 10:23

Happy morning all. This is R. Nivedhaa, as assistant  
professor in English, Nazareth College of Arts and  
Science, Avadi, Chennai.

Send a message to everyone

30°C AQI 32

ENG

12:24  
13-09-2021