Saroop Rani Government College for Women PG Department of Commerce &Management

# Educational Trip to Sant Seechewal Ji, Sultanpur Lodhi

#### Date - 31/03/2023

#### No. of Participants - 56

PG Department of 'Commerce and Management, Saroop Rani Government College for Women organised an Educational Trip to Sant Seechewal Ji, Sultanpur Lodhi under the able guidance of our worthy Principal Madam Prof. Dr. Daljeet Kaur on 31-03-2023. 56 students of the department along with 3 teachers - Mr. Manjinder Singh, Dr. Kiranpreet Kaur Arora and Ms. Shelly Syal were a part of this tour. The students visited the gurudwara maintained by followers of Sant Seechewal Ji where they were shown a museum and documentary portraying the efforts of Sant Seechewal Ji in Anti River pollution campaign and in development of the adjoining areas of Seechewal and Sultanpur Lodhi. Later, the students visited the auspicious Gurudwara Shri Ber Sahib, Sultanpur Lodhi which marks the significance of Shri Guru Nanak Dev Ji's enlightenment journey. There students relished and enjoyed Guru ka Langar and then went on to visit the Gurudwara Shri Hut Sahib ji which embarks the significance of 'Tera - Tera Modi Khana'. Overall it was a very auspicious, knowledgeable and enjoyable one day trip for students which helped them to replenish their energies.

Saroop Rani Government College for Women

PG Department of Commerce and Management Organised an Educational Trip to Sant Seechewal Ji, Sultanpur Lodhi

On 31-03-2023

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Saroop Rani Government College for Women PG Department of Commerce & Management

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Saroop Rani Government College For Women Amritsar.

Saroop Rani Government College for Women

PG Department of Commerce & Management





Saroop Rani Government College for Women PG Department of Commerce &Management





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## SAROOP RANI GOVT. COLLEGE FOR WOMEN, AMRITSAR

 Department organized an Educational Trip to Sultanpur Lodhi for awareness of Environment work undertaken by Sant Seechewal Ji, Member Rajya Sabha Date: 31<sup>st</sup> March, 2023 Number of participants: 55





## SAROOP RANI GOVT. COLLEGE FOR WOMEN, AMRITSAR







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Saroop Rani Government College For Women Amritsar.

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#### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

# At the Pushpa Gujral Science City-- Participated in the Millet Cooking competition

No. Of Participants =3

The students of BSc Clinical Nutrition and Dietetics participated in the Millet Cooking Competition held at the Phushpa Gujral Science City, Kapurthala on 26-03-2023.



# Educational Trip to Pingalwara, Manawala (Amritsar)" Special Home"



Organized an Educational tour to Pingalwara, Manawala ( Amritsar)

> On 20.3.2023

Date: 20/03/2023 No. of Participants: 62

An Educational tour to Pingalwara, Manawala (Amritsar) was organised under the able guidance of Principal Prof (Dr) Daljit Kaur our. Its a Charitable society which schools for Normal, Special and Deaf and Dumb children. Society runs a college recognised by RCI where students can take up Diploma for special children and their needs. Mr. Gulshan Ranjan Medical and Psychiatric social worker, educated students regarding the physical, psychological and social needs of special children and also the counselling aspects, and job opportunities in the similar field.



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Saroop Rani Government College for Women, Amritsar Department of Home Science

# VISIT TO G-20 SUBMIT EXHIBITION

Date: 17 -3- 2023 No. Of Participants: 36

#### Report

Departmental visit to G-20 Submit Exhibition on 17<sup>th</sup> March 2023. As per directions of Department of Higher Education Punjab a total of 500 students, 30 faculty members and various departments visited Khalsa College Amritsar on March 16-17 to witness G-20 initiatives. Various stalls on education, textiles, information technology, etc. were set-up at the venue for the young learners. Students of the Home Science Department visited the exhibition to gain knowledge about latest



Amritsar.

#### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR B.Sc Medical with CND

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## Departmental visit to G-20 Summit Exhibition on 17 March 2023.



Principal, Saroop Rani Government College For Women Amritsar. vari

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Saroop Rani Government College for Women Amritsar Department of Physics

#### Educational Visit to IISER Mohali

An educational visit was organized on 17-03-2023 by Physics and chemistry department in collaboration sponsored by Skill development and counseling program, Govt. of Punjab, to IISER Mohali for the students of B.Sc. (CSc/ NM) Sem VI. They had a counselling session during the visit about future prospective and they visited the well equipped labs. There were 50 students and four teachers to accompany them. The visit was beneficial with respect to research exposure. The return journey was held through Anandpur Sahib. Overall visit was fruitful to uplift the educational and moral aspects of students.

# DEPARTMENT OF PHYSICS & CHEMISTRY

S. R. GOVT. COLLEGE FOR WOMEN AMRITSAR

An Educational Trip To IISER Mohali & Anandpur Sahib March 17th, 2023

Sponsored by

Department of Higher Education,

Govt. of Punjab.

Saroop Rani Government College For Women Amritsar.

30





# Saroop Rani Government College for Women, Amritsar

#### **Department of Chemistry**

# Visit to Khalsa College Amritsar on 17-03-2023 to witness the G-20.

As per directions, the Department of Higher Education, Government of Punjab and under the guidance of Principal Prof. Dr.Daljit Kaur, 24 Students and Faculty members of Chemistry Department visited to Khalsa College Amritsar to witness the G-20, Various stall on Education, Textiles, Information Technology were setup which impart the latest





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#### Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of the activity:- Department visit to G-20 Summit Exhibition
   Date: 17<sup>th</sup> March 2023

Second Education Wing Meeting At Khalsa College, Amritsar

Total Number of the Participants:- 50 Student.Report:-

As per the directions of the Department of Higher Education (DHE), Government of Punjab, and under the able guidance of Principal Prof Dr Daljit Kaur, 550 students and 30 faculty members of 17 Departments along with one NCC Unit of S.R. Government College visited Khalsa College, Amritsar on March 16-17 to witness the G-20 initiatives; Laboratory staff and Office staff also visited the event.

Various stalls on education, textiles, information technology, etc. were set up, which imparted the latest knowledge in all avenues. It was an eye-opening event for the young learners of the college who felt that they have to work hard to take on the challenges of the 21st century.

As a supportive gesture, the Principal accompanied the group on March 17 and guided the students about the various facets of innovations and management. She emphasized that out-of-the-box thinking promotes the key to success.

Pictures of the Event:-





Principal,

Amritsar.

Saroop Rani Government College For Women

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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN DEPARTMENT OF MATHEMATICS AND STATISTICS (2022- 2023)

1. Name of Activity: Visit to Science city

Date 16-03-2023 NO. of Students: 52

materia The Primupal, S.R. Govt College (W) Amailson Subject: Permission for Granting duty leave for teachers going on educational trip. Respected Madam, The deportment of Mathematics has arranged an educational thip to science City, Kapurthala for the students of B.A / B.Se - som IV. There are total 52 students who are interested for this mentioned visit. The visit is to be asganised on Nasch 16th, 2023. For t's , two teachers from the college , No. Vandana (Maths dept!) and Dr. Paramijit Singh (Punjabi Dept!) will accompany the students. So, kindly grant duty leave for the montioned teachers. We will be highly obliged Highly Obsigned Yours sinceActy . Automounded Dated: 15/03/23 Ns. Vandona (Nac) . Departure Time: B:00 A.M. Dr. Paramit dingh "12" Annival Time : 7:00 7.M

Educational empowerment is not done within the four walls of classroom but outside too. So to make the students acquainted with such atmosphere and benefits from that, Mathematics Department organised an educational tour to Pushpa Gujral Science City on 16-03-2023. Nearly 52 students under the guidance of their teachers gathered the pearls of knowledge after visiting that place. Students were awestruck to see almost every branch of science and mathematical evaluation. It was a fun learning excursion with information overloaded.



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Saroop Rani Government College For Women



#### Date:16/03/2023

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#### Number of Participants: 53

The **Department of Political Science** of Saroop Rani Government College for Women, Amritsar organized an educational tour to **Jang-E-Azadi Memorial, Kartarpur** under the able guidance of Principal Prof (Dr) Daljeet Kaur on 16-03-2023. **53 students of BA Semester IV and VI** were part of this tour. Jang-E-Azadi War Memorial Museum enlightened the students about the history of struggle and sacrifices of Punjabis to get freedom from Britishers. The students also watched movie in war memorial theatre, which gave students knowledge about various movements (Kuka Movement, Guru Ka Bagh Morcha etc.) and personalities like Sardar Udham Singh, Sardar Kartar Singh Sarabha, Sardar Bhagat Singh etc. These martyrs' life inspired students and infused patriotic fervor. Overall visit was very inspirational, educative and informative.



Saroop Rani Government College For Women

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#### Date:16/03/2023 No. of Participants:52

The Department of Sociology of Saroop Rani Government College for women, Amritsar organized an educational tour to Jang-e-Azadi Memorial, Kartarpur under the aegis of Principal Professor Dr. Daljit Kaur on 16-03-2023.The museum was a source of enlightenment for the students as they learnt about the history of struggle and sacrifices of Punjabis under the British rule. A movie was showcased in the war memorial theater which was very informative. It described history of Punjab and various movements such as Kuka movement, Guru ka Bagh Morcha etc. They were also acquainted with great personalities like Sardar Bhagat Singh, Sardar Udham Singh, Sardar Kartar Singh Sarabha and many more. The students were inspired by the life and passion of martyrs' and were filled with enthusiasm. The educational tour sponsored by Department of Higher Education, Govt. of Punjab was informative and inspirational.

Principa

College For Women Amritsar.





Return

#### DEPARTMENT OF HISTORY (2022-2023)



- Date. 14.03.2023
- No of students. 70
- The department of history organized an educational visit to Archaeological Museum, Roop Nagar the under the able guidance of principal Prof. Dr. Daljit Kaur. The museum enlighted the students about gave and archeological insight into the coins, the handicraft, the Harppan Culture, the pottery sequence, the Bara culture of Harppan and Indus Valley Civilization. Additionally, it also provide deeper and understanding on the life and culture during the Sunga, the Khushan, Gupta Empires. On the return journey the students also visited the bank of Sutluj River where they were told about it historical importance.





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Principal, Saroop Rani Government College For Women Amritşar.

#### Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of the activity:- AN EDUCATIONAL TOUR TO DOORDARSHAN KENDRA, JALANDHAR (Sponsored by Department Of Higher Education, Government of Punjab)
- Date:- 14<sup>th</sup> March 2023.



Resource Person: Mr. Parminder Singh, Senior Engineering AssistantMrs. Jasbir Kaur, Engineering Assistant Mr. Harjeet Singh, Engineering Assistant Mr. Hira Lal, Senior Technician

Total Number of the Participants:- 62 Student.Report:-

The Department of Hindi, S.R. Govt. College for Women, Amritsar organized an educational tour to Doordarshan Kendra, Jalandhar under the able guidance of Principal Prof. (Dr.) Daljit Kaur on 14 -03-2023. 62 students of B.A. Elective Hindi, Functional Hindi and Hindi Journalism of Semester 2nd, 4th and 6th were part of this visit. The Senior Engineering Assistants Mr. Parminder Singh, Mrs. Jasbir Kaur and Engineering Assistant Mr. Harjeet Singh along with the Senior Technician Mr. Hira Lal described various technical aspects of electronic media, especially Doordarshan Kendra. They all provided practical knowledge of program making, news reading, typing, lights and sound effects, live telecasts etc. They also guided the students about job prospective, job trainings and courses in the Prasar Bharti including Radio & TV stations. The visit ended with an interactive session where students had the opportunity to clarify their doubts and queries. Overall this tourwas very informative and beneficial for the students.

Sunila Sharma

Saroop Rani Government College for Women, Amritsar Department of Hindi

Pictures of the Event:-



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Principal,

#### **ACTIVITY 5**

# EDUCATIONAL TOUR TO AN ARCHAEOLOGICAL MUSEUM ROOPNAGAR

DATE

: MAR 14, 2023

27

No. of Participants

DEPARTMENT OF FINE ARTS

S.R. GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

An Educational Tour To An Archaeological Museum Roop Nagar Dated : 14.03.2023

(Sponsored by Department of Higher Education, Government of Punjab)

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Around 27 students of B.A. sem 2,4 and 6 of the Fine Arts Department of S.R Govt College for Women visited an educational tour of Archaeological Museum Roop Nagar under the aegis of Principal Prof. Dr. Daljit Kaur. Students visited the Archaeological Museum as well as the ancient sites of the INDUS VALLEY CIVILIZATION Ghagar-Hakra beds. They witnessed Archaeological remains like:- architecture, coins, pottery, terracotta art, and tools of the well-cultured lifestyle of an approximately 8000-year-old lost civilization. The purpose of this visit was to refine the educational values of the students.







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Principal, Saroop Rani Government College For Women Amritsar.

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Principal, Saroop Rani Government College For Women Amritsar.

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Principal, Saroop Rani Government College For Women Amritsar.

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#### MUSIC VOCAL

**No. of participants - 50.** On 13<sup>th</sup> March 2023, students were taken on an **educational tour** of the Music Vocal department aided by the Govt. of Punjab under the able leadership of Principal Prof. Dr. Daljit Kaur, to Baba Sucha Singh Gurmat Sangeet Academy and Swar Abhyas Kendra, Jandiala Guru where Principal Sukhwant Singh interacted with the students.





7)One day Educational Tour to Baba Sucha Singh Gurmat Sangeet Academy



On 13/03/2023 PG Department of Music Instrumental organised one day Educational Tour to Baba Sucha Singh Gurmat sangeet Academy jandiala guru under the able guidance of Principal Prof. Dr Daljit Kaur sponsored by Higher Education Government of Punjab. Principal S. Sukhwant Singh and Principal S. Jaswant Singh of the academy gave warm welcome to teachers and students. During visit Principal S. Sukhwant Singh addressed students how to sit in proper way while doing practice and also shared practical knowledge of correct intonation of swaras while presenting Indian Classical Ragas. He also shared his personal experiences in the field of Music.

No. of Participants:25





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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF PUNJABI (2022-2023) VISIT TO SRI KHADOOR SAHIB

#### Date : 13-03-2023 No. of Participants-65

On 13-03-2023 Punjabi Department organized an Educational tour to Sri Khadoor Sahib. During this educational tour, students visited the museum and gained an insight in the lives of great scholars.

#### GPS Map Camera

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#### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR P.G. DEPARTMENT OF GEOGRAPHY

#### EDUCATIONAL TRIP TO KANJALI WETLAND

DATE: 13.03.23

P.G. Department of Geography, S.R. Government College for women, Amritsar, organised an educational trip to Jang-E-Azadi War Memorial Museum (Kartarpur), Kanjali Wetland (Kapurthala) under the able guidance of Principal Prof. Dr. Daljit Kaur. The department visited the Kanjali Wetland (Kapurthala) Ramsar Site where students learnt about the importance of wetland sites in ecosystem.

Number of participants: 54



EDUCATIONAL TRIP (Sponsored by Dept. Of Higher Education, Govt. Of Punjab)

# P.G. DEPT. OF GEOGRAPHY

S.R. Govt. College for Women, Amritsar

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#### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR P.G. DEPARTMENT OF GEOGRAPHY



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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

Educational visit to Keshopur Chhumb Community Reserve, Gurdaspur and Wildlife Sanctuary Kathlour Kushalian, Pathankot SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

> Department of Botany organizing educational visit to Keshopur Chhumb Community Reserve (Gurdaspur) and Wildlife Sanctuary Kathlour Kushalian (Pathankot) MARCH 10, 2023

#### No. of Participants: 61

Students of B.Sc. Medical visited World's Ramsar site Keshopur Chhumb Community Reserve and Wildlife Santuary Kathlour Khushalian. This one day educational excursion was sponsored by Department of Higher Education, Government of Punjab.

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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY



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### DEPARTMENT OF HISTORY (2022-2023)

S.R Govt College For Women, Amritsar Department of History Is Organising Educational Tour Jallianwala Bagh and Golden Temple Plaza Museum Memorial and museum Amritsar Date. 07.03.2023

- Date. 07.03.2023
- No of students. 35
- The department of history organized an educational tour to Jallianwala Bagh and Golden Temple Plaza Museum, Amritsar under the able guidance of Madam Principal Prof. Dr. Daljit Kaur. It was a historical tour facilitating deeper insights about Sikh history and Jallianwala Bagh massacre among the students.

Saroop Rani Government College For Women Amritsar.





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Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of the activity:- An Educational Visit to Dainik Jagran News Paper Office and 94.3 FM Radio Station Amritsar
- Date:- 4<sup>th</sup> March 2023.



Resource Person: Mr. Vipin Rana, Senior Correspondent,

Danik Jagaran Newspaper.

Mr. Raghav Shikarpuria, Head of the Photo Section S. Amritpal Singh, Incharge of Punjabi Jagran Mr. Naveen Rajput, Senior Crime Reporter

Mr. Hardeep Randhawa, Entertainment section Reporter Mr. Akhilesh Yadav, Education Beat Ms. Akshita and RJ Mr.

Deep Total Number of the Participants:- 60 Students. Report:-

Our Hindi Department students had a educational visited to Dainik Jagran News Paper office and 94.3 MYFM Radio station Amritsar.

During their visit to Dainik Jagran, Mr. Vipin Rana, Senior Correspondent, shared his knowledge on various aspects of journalism. Additionally, Mr. Raghav Shikarpuria, Head of the Photo Section, S. Amritpal Singh, Incharge of Punjabi Jagran, Mr. Naveen Rajput, Senior Crime Reporter, Mr. Hardeep Randhawa, Entertainment section Reporter, and Mr. Akhilesh Yadav, Education Beat, also shared valuable information about their respective areas of expertise.

Later, the group visited the 94.3 MY FM Radio Station, where RJ Ms. Akshita and RJ Mr. Deep provided information on how to meet the requirements for employment in the field. The visit ended with an interactive session where the students had the opportunity to clarify their queries.

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Principal, Saroop Rani Government **College** For Women Amritsar. have

### Saroop Rani Government College for Women, Amritsar Department of Hindi

Pictures of the Event:-



### Media Coverage:-



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Principal, Saroop Rani Government **College For Women** Amritsar. paner

### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

Educational visit to Krishi Vigyan Kendra (KVK), NagKalan Jahangir, Amritsar



### No. of Participants: 48

The focus of the mela was on agricultural advancements such as display of new improved varieties of food crops (including cereal crops, vegetables and fruits), medicinal and herbal plants, ecofriendly farm machinery, best practices for dairy and soil health management etc.





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DEPARTMENT OF HISTORY (2022-2023)

S.R GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

# Department of History

An Educational Tour to An Gobindgarh Fort, Amritsar On Dated 23.02.2023

- Date. 23.02.2023
- No of Student.50
- The department of history organized an educational tour to Gobingarh Fort, Amritsar. It was an enlightening experience for the students where they learnt a lot about the life and times of Maharaja Ranjit Singh. On the whole, visit proved to be very fruitful.



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## Saroop Rani Government College for Women, Amritsar

### **Department of Chemistry**

## Education Tour to Chemistry Dept. Guru Nanak Dev University on 09-02-2023

94 students of (Med/ CND/ Non-Med) to visit GNDU Amritsar Chemistry Department to see instrument like IR NMR UV regarding syllabus.



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Saroop Rani Government College(W), Amritsar **Department Of Sociology** The Principal,

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Subject :

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Permission for educational trip to Jarge Agade Kantarpu Respected Madam

an educational trup to Targe Azadi, Kantarpur for. the student of BA Sem IV and BA Sem VI. There are total statudents who total statutents who are independented for the mention Visit. The visit is to be organized on March 16, 2023 mentioned Kindly parmit me to average this trip. Ms. Nit is wadher and Mr. Amarbin Kaus will accompany this trip. 9 shall be highly thankshed to you.

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Dated - 15/02/2023

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Your Sincerely, Nitika Waltwa Dept. of Sociology

Saroop Rani Government College for Women, Amritsar Department of Home Science

### SCHOOL VISITS

Date: March 2023 No. of Participants: 17

#### Report

In social activity under the guidance of Ms. Mitali Nevtia, students of B.Sc. Home Science Sem VI visited schools and delivered lectures to the students on following topics:

- nutritive value of foods
- common household methods of stain removal



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#### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR Department of Fine Arts

### **ACTIVITY** 4

#### VISIT TO K.T. KALA ART GALLERY

: FEB 04, 2023

14

No. of Participants

DATE



On Dated 04-02-2023

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#### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR Department of Fine Arts

The students and faculty of Fine Arts Department of S.R. Government College for Women, Amritsar visited K.T. Kala Art Gallery, Amritsar on 04.02.2023. About 25 students attended the exhibition-cum-workshop by a renowned national level calligrapher, Mr. Harish Verma. The students were enlightened by water colour paintings of the artist as the paintings were unique and invaluable. The artist urged the students to be skilled in their artwork as art can stimulate thoughts. A live performance was also organised for the students. The artist along with the students made photo colour calligraphy on huge paper penal to inspire the students to create their own masterpieces. This indelible experience motivated the students to becomes skilled and selfsupportive.



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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR Department of Fine Arts



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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR Department of Fine Arts



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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

#### Dietetic Internship Programme At Smt. Parvati 26 December 2022 to 5 January 2023 No. Of Participants -11

Students of B.Sc. Clinical Nutrition and Dietetics completed their 10 days Dietetic Internship Programme at Smt. Parvati Devi Hospital, Amritsar under the able guidance of Ms. Swati Gupta (Registered Dietician). On the Job Training is given to the students where they visit various wards and the Kitchen of the hospital. It helps them in learning how to deal with patients and manage their adequate nutrition during the disease. Students also learn Nutrition Counselling, Dietary Recommendations for various diseases, Food Selection and cooking in the kitchen along with the preparation of nutrition guidelines for patients.





Under the able guidance of Swati Cupta Registered Dietitian Chief Dietitian Smt. Paarvati Devi Hospital, Amritsar



DT.SWATI GUPTA FELICITATED THE STUDENTS



Saari Kajal Komuri, Amarpenen Raut, Ravin Sarriyal, Ultranika Thugan, Amarina Arona, Jimampenet Kaur, Bhageat Kaur, dannet kaur anti-thir Di, Sarah Dugha



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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

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B.Sc Medical with CND



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### Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of the activity:- Visit to Guru Nanak Dev University, Amritsar
- Date:- 19-11-2022.

#### **Report:-**

Students of Hindi Department visited Guru Nanak Dev University Amritsar toCelebrate Punjabi Maah which was organized by the Punjab Government.

Total Number of Participants:- 40 Students

Pictures of the Event:-





Da Saroop Rani Government College For Women Amritsar. man

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### DEPARTMENT OF HISTORY (2021-2022)

S.R Govt College For Women, Amritsar Department of History As Organising Educational Tour Visit to punjab state war Heroes Memorial and museum Amritsar Date. 16.11.2022

- Date. 16.11.2022.
- No of Students.40
- The department of history, organized an educational tour to Punjab State War Heroes' Memorial and Museum, Amritsar. Under the able guidance of Principal Prof. Dr. Daljit Kaur. Students of sem I, II, VI, were a part of this visit. It was a historical tour facilitating deeper insights about Punjab history among the students. Overall the trip was very informative and educational.

Principal. Saroop Rani Government

**College For Women** 

Amritsar.





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9/23 24 Principal,

## SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF PUNJABI

### (2021-2022) VISIT TO PUNJAB NAATSHALA

### Date : 04-05-2022 No. of Participants-207

On 04-05-2022, the students were taken to Punjab Naatshala for an educational tour. The students were shown the play "Faasle". They met with artists after performance.







### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

Visit to Central Potato Research Centre, ICAR Regional Institute

### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

### **Department of Botany**

organizing One-Day Educational trip Central Potato Research Centre

### ICAR Regional Institute April 23, 2022

#### No. of Participants: 52

B.Sc. Medical students were taken to Central Potato Research Centre, ICAR Regional Institute (Jalandhar), to explore better awareness in the field of Research and prospects in Higher Education.

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### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY





Principal, Saroop Rani Government College For Women Amritsar.

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### Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of Activity:- Educational visit to 'The Tribune office'
- Date:- 4<sup>th</sup> Apr. 2022
- Number of Participants:-80 Students

#### **Report:-**

Students visited 'The Tribune' office on 4th April 2022. Senior correspondent Mr. G.S. Paul had a one to one talk with the students. He updates them with the latest techniques of print and electronic media.

### **Picture of the Event:-**



21923 Principal,

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Saroop Rani Government College for Women, Amritsar Department of Home Science

### VISIT TO FURNITURE & FURNISHING WORKSHOP

Date: 26 March 2022

No. of Participants: 11

#### Report

Students of Home Science Department visited local market to gain knowledge regarding various materials available for home decor.

Thus a visit to Dream Designer furniture shop was arranged so as to acquaint students regarding various types of woods and ply that are used for making furniture.

This trip was aimed for the students to understand the products, furnishing materials and current trends in the industry. The trip started with **furniture display** in different set ups for students to understand the colour schemes for various themes and how much important role furniture plays in **interior designing**. The purpose of this visit was to learn the designing and planning of furniture for interior spaces that fulfil all kinds of human needs.





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Saroop Rani Government College for Women, Amritsar Department of Home Science

### VISIT TO VARIOUS SCHOOLS

Date: 3/3/22 to 5/3/22 No. Of Participants: 11

#### Report

Students visited Government Girls School, Court Khalsa, Amritsar and gave a lecture on personal care and hygiene during menstruation period to adolescent girls.

Students of department visited Government Girls School, Chheherta, and Amritsar and gave a lecture on physical and psychological changes during adolescence.

Students of Home Science department visited Government School, Mahan Singh Gate, Amritsar and gave a lecture on career guidance to students.





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Principal, Saroop Rani Government College For Women Amritsar. nann

### SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

#### 2022

Visit to Dietetics Department SGRD Hospital Amritsar also lectures by DrHarjit Singh and DrCheenum Date : 16 February 2022 No. of Participants =37







A lecture by Dr Harjit Singh and Dr Cheenum Bhatia

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Saroop Rani Government College for Women, Amritsar Department of Home Science

### VISIT TO GOVERNMENT SCHOOLS

Date: 28/2/20 No. of participants: 15

Report:

Students of B.Sc. Home Science Sem VI regularly organize Visits to Government Schools in Amritsar to provide useful information to their adolescent girl students. Home Science. Students visited **Government Girls Senior Secondary School**, Mall Road, Amritsar and gave a lecture on personal care and hygiene during menstruation.



Importance of Hand was hing :-How Do the germs yet inside? - (Kills germs) Ince they are in four hends, goins enter the lotty wough spenings such util eyes, note or nouth. - Reduce injections Maintain Persona ygienc. - - Nobe Kills cold and in eyes cough Single most import ant practice -1 March to in the ulso enter th

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## SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF PUNJABI

### (2019-2020) Visit to Book Fair

### Date : 12-02-2020 No. of Participants-35

A group of students visited the book fair at Khalsa College, Amritsar and met with Shiromani Poet Surjit Patar on 12-02-2020. Students bought books and vowed to make books part of their lives.



Page | 5 Principal. Saroop Rani Government **College** For Women Amritsar. mann

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## SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF PUNJABI

### (2019-2020) VISIT TO EXHIBITION

#### Date : 08-11-2019 No. of Participants-35

A group of students went to see the 550<sup>th</sup> Birthday Exhibition of Shri Guru Nanak Dev Ji organized by Ministry of Information & Broadcasting, Government of India at Ranjit Avenue, Amritsar. Students learned about the life, travels and teachings of Shri Guru Nanak Dev Ji.



Principal Saroop Rani Government **College For Women** Amritsar. have

### Saroop Rani Government College for Women, Amritsar Department of Home Science

### VISIT TO LOCAL BOUTIQUE

Date: 14 October 2019

No. of Participants: 14

#### Report

Regular visits are organized to local boutique to provide hands on training to students under students learning and enriching experience.

Students of Home Science Department visited to Sonia Boutique in Ranjit Avenue to gain first-hand knowledge regarding, how a boutique is run dealing with clients. The visit provided students an insight into professional life of a boutique owner. The main emphasis of the workshop was on the importance of oral and written communication in a professional world







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Number of Participants- 18

Sociology Department organized **a field visit to village Khurmania** which is adopted by our college under buddy program. knowledge regarding the Village's Social, Physical and Political structure was provided by the teachers to the students.



Saroop Rani Government College for Women, Amritsar **Department of Psychology** Visit to Bhatia Neuro Psychiatric Hospital and De-Addiction Centre S.R.GOVT COLLEGE FOR WOMEN Department of Psychology Is organising an Educational Visit To Bhatia Neuro Psychiatric Hospital and De-Addiction Centre On 27.9.2019 Date: 27/9/2019 No. of Participants: 35 Every year the students of BA semester 5 are taken to hospital visits as a part of their curriculum as they are taught Abnormal and clinical Psychology. Here the students meet the patients who are under treatment. The patients and his/her family discuss their case with the students where students come to know about precipitating factors that lead an addict to fall into the pit of addiction, how their families suffer due to their addictions and what struggles do they face due to them imparted mental and physical conditions.





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#### Saroop Rani Government College for Women Amritsar Department of Physics

### Excursion to Hardy's World

An excursion was organized to Hardy's World Ludhiana on Sept. 21<sup>st</sup>, 2019. There were around 55 students and two teachers from the dept. to accompany them. Trip was beneficial to facilitate real world experiences, and to develop sense of independence.





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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

### Internship/On the Job training At Fortis Escorts Hospital Amritsar

10 January 2019 To February 2019

A ten day internship was held in the Fortis Escorts Hospital, Amritsar. The students learnt how to conduct themselves in the hospital ,prepare diet charts of the patients and complete the essential files.





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Saroop Rani Government College for Women

PG Department of Commerce & Management

#### Jung-E-Azadi

Date- 15/03/2019

No. of Participants - 30

An **Excursion** by Department of Commerce & Management to **Jung-E-Azadi, Baba Bakala Sahib Gurudwara and Amritsar Haweli** in which 30 Students of the department along with faculty members paid tribute to the freedom fighters.



Principal, Saroop Rani Government College For Women mritsar.

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# Saroop Rani Government College for Women, Amritsar Department of Chemistry Activities conducted by Department of Chemistry (2018-2019)

An Education Tour to Guru Nanak Dev University on 07-02-2019 Our Students experienced several advanced spectroscopy instruments like NMR, UV-Vis and FTIR spectrometers gaining valuable insights into analytical techniques.



No of Participants: - 90

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Saroop Rani Government College For Women Amritsar.

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### Saroop Rani Government College for Women, Amritsar Department of Psychology

Visit to Hermitage: Rehabilitation Home



Saroop Rani Goverment college for women, Amritsar

### Department of Psychology

is Organising an Educational visit to Hermitage: Rehabilitation Home

> On 2.11.2018

Date: 2/11/2018

No. of Participants: 35

Department of Psychology organised a Visit to Hermitage: Rehabilitation Home.

This was and educational visit for the students, here the students met the patients who were shifted to the rehabilitation home after their treatment for withdrawal from the drugs.

Here the students communicated with the patients and came to know about their heart-rending stories.

Students learned how the patients are given positive self-regard and activities they involve in daily life like, games, roleplay, gardening, etc and daily counselling sessions with therapist.

The students have detailed knowledge about the life of drug addict at rehabilitation home



Principal

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No of Participants: 35

Visit to Bhatia Neuro Psychiatric Hospital. This visit was organised for in depth psychological understanding of the students related to their syllabus of BA semester 5.

Students had an interaction not only with the patients but also their families. Dr. Bhatia had an interaction with the students and enlightened them about the aspects of social changes and gender specific addictions.

Dr. Bhatia told students about the measures to be controlled and reduce the addiction of drugs in societies and quenched all the queries put forward by the students



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### Saroop Rani Government College for Women Amritsar Department of Physics

### **Excursion to Wonderland**

An excursion was organized to Wonderland on Sept. 15<sup>th</sup>, 2018. Such excursions are beneficial to facilitate real world experiences, team building, socialization and to develop sense of independence.



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Saroop Rani Govt. College For Women, Amritsar

**Department of Mathematics & Statistics** 

Session 2018-2019 Excursion To Wonderland



No. of participants: 40 A monotonous routine always brings boredom and to break this iceberg, change is always needed. So, Mathematics Department organised an excursion to wonderland on 15 september,2018. A satisfactory number of students under the guidance of their teachers participated with full zeal and enthusiasm. This excursion helped the students to relax themselves mentally and create more space to add something new cognitively.





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Saroop Rani Government College for Women, Amritsar



No. of Participants: 20

#### Visit to SLRM

Students of B. Sc (Medical) visited the SLRM (Solid-Liquid Resource Management) centre at Amritsar Cant. They interacted with the women workers of the centre and acquainted them about the myths and realities of AIDS. Pamphlets were also distributed to the workers.

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## SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

Visit to SLRM Centre for Hand on Experience on Waste Segregation



Department of Botany organizing a visit to

### **SLRM Centre**

### **Amritsar Cantonment**

for

'Hands on Experience on Waste Segregation' August 11, 2018

#### No. of Participants: 42

Students of B.Sc (Medical) visited Solid- Liquid Resource Management (SLRM) Centre, Amritsar Cantt. This centre of waste management is managed by women. The workers explained the segregation process of degradable and non-degradable waste in a simple way. They showed the working procedure of conversion of degradable waste in compost. Saplings were distributed among workers for appreciating their efforts.

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# SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY





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Saroop Rani Government College For Women

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Department of English, Saroop Rani Government College For Women, Amritsar

Session: 2018-19

# Activity: Field Trip to PUL KANJARI



**Report**: To complement classroom education and tap into students' creative potential within a real-world context, the English department arranged a field trip to PUL KANJARI, which has historical ties to Maharaja Ranjit Singh. The primary goal of this excursion was to offer students an opportunity to delve into Punjab's rich historical and cultural heritage.

No. of Participants: 60

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