

3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity
Sanitation Awareness Drive in Majhvind-Gopalpur Village Amritsar	NSS		2023
Rally Dedicated to Mother Language	NSS/ Department of Punjabi		2023
CM ki Yog Shala	NSS		2023
District Level Neighbourhood Youth Parliament Program Theme -Vasudaiva Kutumbakam 28/03/2023	Nehru Yuva Kendra with NSS		2023
Seven day Annual Camp	NSS		2023
Road Safety Week	NSS with District Sanjh Kendra, Amritsar		2023
Counselling Session for School Children at DBEE, Amritsar	NSS with DBEE, Amritsar		2023
Resonance Academic Counselling for the admission in colleges	NSS with DBEE, Amritsar		2023
Mari Matti Mera Desh Van Mahotsav	NSS		2023
Marahton & Cycle Rally on Road Safety Awareness	NSS	7th UN Global Road Safety Week	2023
Orientation in E-20	G 20 Summit	G 20 Summit	2023
Sawan Kavi Darbar	In collaboration with Languages Department Punjab/ Department of Punjabi/ NSS		2022
Cleaning of Library	NSS		2022
District Level Neighbourhood Youth Parliament Program Topic - Rashtriya Ekta Aweum Ekjutta	NSS with Nehru Yuva Kendra Amritsar		2022
District Level Neighbourhood Youth Parliament Program	NSS with Nehru Yuva Kendra Amritsar		2022
National Youth Parliament	NSS with Nehru Yuva Kendra Amritsar		2022
Safai Abhiyan	NSS		2022
Awareness on Environmental Consiousness and Plantation Drive	Voice of Amritsar		2022
Medical Camp	Department of Home Science		2022
Rally to Promote Har Ghar Tiranga	EBSB		2022
Guest Lecture on Women's Health and Hygiene	EBSB		2022
Rally on 75 Years of Independence day Azadi ka amrit Mahotsav	NSS		2022
Har Ghar Tiranga "pin a flag"	NSS		2022
Annual Seven Day Camp	NSS		2022
Vaccination Camp	NSS		2022
Van Mahotsava	NSS		
Tree Plantation by Rotary Club Amritsar District	Rotary Club Amritsar/NSS		2022
Nukar Natak" Ek Bhagat Singh Eh V"	Youth Club with NSS		2022
Cycle Rally to comemorate the Birth Anniversary of Shahid Bhagat Singh 28/09/2022	EBSB		2022
Cycle Rally to Promote Patriotism	EBSB		2022
Run For Unity	NSS		2022
Voter Awareness Rally	Department of Political Science with NSS		2022
Rally to Celebrate Constitution Day	Department of Political Science/NSS		2022
Awareness Rally on Environment Concern	Department of Philosophy/NSS		2022

Awareness rally on Mental Health	Department of Psychology/NSS		2022
Interactive Session On PCOS	Red Ribbon Club /NSS		2022
Tree Plantation Drive by Phulkari WOA	Phulkari WOA/NSS		2022
Interactive Meet with JMJ College Tenali	EBSB		2021
Virtual Meet with St. Joseph's College for Women Vishakhapatnam	EBSB		2021
Participation in Pulse Polio Drive	NSS		2021
Rally on Stubble Burning	NSS		2021
Plantation Drive	Voice of Amritsar		2021
Workshop on Importance of Iron Rich Foods	Fortis Escorts Hospital Amritsar	Anaemia Mukht Bharat Government of India	2021
Vaccination Camp	NSS/ Civil Surgeon Office		2021
Vaccination Camp	NSS/ Civil Surgeon Office		2021
Vaccination Camp	NSS/ Civil Surgeon Office		2021
Distribution of Pepper Sprays	Amandeep Hospital		2021
Lecture to the students of Government School, Maha Singh Gate	Department of Home Science		2021
Voting Awareness Rally	Department of Political Science		2021
Cancer Awareness Campaign	NSS/ Phulkari WoA		2021
Tribute to Martyrs at Jallianwala Bagh	NCC		2021
Two day youth festival	Director Youth Services Punjab		2021
Self-employment Awareness	Govt. Of Punjab under startup India Campaign	Boot Camp	2021
Tree Plantation Gifting of tree sapling to each other	Environment Club		2021
Van mahotsav	Department of Botany		2021
Awareness talk on Non- Surgical Treatment for Chronic pain	NSS/ Amandeep Hospital Amritsar		2021
Seminar on Menstrual Hygiene & Distribution of Sanitary Napkins	Amandeep Hospital		2021
Scooter Rally for Traffic awareness	NSS in collaboration with Sanjh Kendra		2021
Clean India Program	NSS		2021
Cleanliness Drive at Village Khurmania	NSS		2021
Interactive Meet with St Joseph's College Vishakapatnam	EBSB		2021
Marathon on Importance of Fitness	NCC		2021
Venue for Written Test for the post of Ward Attendant under Dept of Health and Family Welfare	Government of Punjab		2021
Vigilance Awareness week in collaboration with Punjab & sind Bank	IQAC and Buddy Programm		2021
A discussion on Examination	Govt. Of India	Mann Ki Baat	2021
Prayer meet to pay Homage to Jallianwala Martyrs	NSS		2021
Statue Cleaning by NCC army Wing	NCC		2021
Setting up Of Herbal Garden	Department of Botany		2021
Prayer Meet	Govt. of Punjab	Martyrdom of Father of Nation	2021
Sale of Candles and Diyas on Diwali	Department of Home Science		2021
Minding Our Minds With Meditation	Department of geography		2021
Rally organized to commemorate the Birth Anniversary of Sardar Vallabhai Patel.	NSS and NCC		2021
Road Safety Week	NSS		2020
One Day CME at SGRD Medical University	CND /SGRD		2020
Swachhta Pakhwara	NSS/EBSB		2020
Run for Unity & Plog Run	NSS		2020
Cyclathon	NSS		2020
Nutrition Education Program	CND & Government School Rampura		2020
Awareness rally on water conservation	Department of Geography		2020

Rally on "Environment Concerns"	Department of Philospny		2020
Seven Day Awareness Camp at Village Khurmani	NSS		2020
Awareness Rally on Drug Addiction at village Khurmania	NSS		2020
Awareness on the topic Health and Hygiene	NSS		2020
Cleanliness Drive and Awareness Campaign at Village Khurmania 20/08/2020	NSS		2020
Cleanliness Campaign in Elementary School	NSS		2020
Beautification Of Elementary School, Khurmania	NSS		2020
Fit India cycle Rally	NSS		2020
Fit India Prabhat Pheri	NSS		2020
Door to Door Awareness Regarding Covid - 19	NSS		2020
Prayers and Sandhaya Sabha	As per the orders of DPI/NCC and NSS and Red Cross	Gandhi Jayanti Celebration	2020
Road Show	Red Cross in collaboration with Traffic Police		2020
Sapling distribution Drive	Environment Club		2020
Ortho Camp	Apollo Hospital Amritsar		2019
Interaction with SLRM workers	Red Ribbon Club		2019
Rally on Environment Awareness	Department of Philospny		2019
Jan Chetna Rally	NSS		2019
Rally on Voting Awareness	Department of Political Science	Election Commision	2019
Rally on Constitution Day	Department of Political Science	State Government	2019
Earn While You Learn- Cafeteria	CND		2019
Preparation of Video for Cheering Indian Olympians	NSS		2019
Vaccination Camp	NSS		2019
Vaccination Camp	NSS		2019
Clean India Programme	NSS		2019
Rally on Stubble Burning	NSS		2019
Venue for Written Examination for the post of SA/ Exe(Tier I) in Intelligence Bureau	Government of India		2019
Food-Exhibition at Fortis MultiSpeciality Hospital on Protein & Fiber - Their Role in Satiety	CND in collaboration with Fortis Hospital		2019
Workshop cum Food Exhibition on Iron rich Food at Fortis Escort Hospital	Clinical Nutrition and Dietetics	Fortis Escorts Hospital	2019
Nutrition Education Program on Anaemia at Alpine Public school	Clinical Nutrition and Dietetics	Alpine Public School Amritsar	2019
Nukkad Natak on Incidents of Jallianwala Bagh	Youth Club		2019
Lecture to the students of Government School , Kot Khalsa	Department of Home Science		2019
Lecture to the students of Government School , Chheharta	Department of Home Science		2019
Handmade Rakhi Sale and exhibition	Department of Fine Arts		2019
Awareness Rally on Women Empowerment	Department of Philospny		2019
Workshop /Exhibition -"ABSORB"	Clinical Nutrition and Dietetics	Amandep Medicity Hospital	2019
Lecture by Police Personnel		30th road safety week	2019
Workshop and Food Exhibition Protein and Fibre	Clinical Nutrition and Dietetics	Fortis Escorts Hospital	2019
Plantation Drive	NSS		2019
Seven day Camp at Village Khurmania	NSS		2019
Appraisal to students about physical, social and economic structure of village	Dept. of Sociology	visit to adopted village Khurmania	2019
Phulkari CAN Conquer Cancer Awareness Session	NSS	Phulkari Women Of Amritsar and Phulkari CAN	2019

One day workshop to impart Nutrition Education Programme	Clinical Nutrition and Dietetics	Government Elementary School Rampura	2019
Awareness on Drug Addiction at Village Kotli Sakiyan Wali	NSS		2019
Various activities at village Khurmania	NSS		2019
Awareness Rally Addressing Various Social Issues	NSS		2019
Cleanliness Drive at Village Khurmania	NSS	Swacchta Pakhwara	2019
Nukkad Natak on Swacch Bharat	Department of Commerce	Buddy Program	2019
Run for Unity	As per the orders from DPI(C) NSS and NCC	Brth Anniversary of Sardar Vallabh Bhai Patel	2019
To impart Nutrition Education Program on Anaemia at Alpine Public School Amritsar	Clinical Nutrition and Dietetics and Alpine Public School Naushera Amritsar		2019
Venue for Two day Youth Festival	Directorate of Youth Services, Punjab		2019
Vigilliance Awareness Week(28/10/2019-2/11/2019)	NSS		2019
Environmental Awareness Rally			2019
Annual Seven day Camp	NSS		2019
Consciousness Rally- Massacre of Jallianwala Bagh	Department of History		2019
Plantation Drive Nanak Bagichi	Department of Botany		2019
Rally on Women Empowerment	Department of Philosphy		2018
Rally on HIV AIDS	Red Ribbon Club		2018
Socio- Economic Survey of Attari and Pul Kanjari(Pul Moraan)	Department Of Geography		2018
School of Honesty/ Emandari di Paathshala started	Department of Punjabi		2018
Vaccination Camp	NSS		2018
Awareness Campaign on Say No To Polythene Bags	Department of Botany		2018
Traffic awareness Rally	NCC		2018
Hands on Experience on Waste Segregation	Department of Botany	SLRM centre Amritsar Cantt.	2018
Food Exhibition at Fortis Escorts Hospital Amritsar "FOVEROS CEREALS" meaning lost cereals	Clinical Nutrition and Dietetics	Fortis Escorts Hospital	2018
Workshop and Cooking Demonstration to prepare nutritious meals	Clinical Nutrition and Dietetics		2018
Visit to Blind School (Gol Bagh Amritsar)	NSS		2018
Motivational Lecture on Women Safety and launching of Mobile App "SHAKTI"	IQAC	Guest Lecture by S. S Srivastava	2018
Cleanliness Drive in College	NSS		2018
Participation in Cancer awareness Camp	NSS/ World Cancer Care Charitable Trust		2018
Cleanliness Drive in School of Mirakot Village	NSS	7 Day Camp	2018
Drug Prevention Programme	NSS		2018
Discourses to make students aware about the Right to Vote	Deputy Commissioner Office & Initiator of change NGO	I vote I lead	2018
Drug Prevention Programme	Govt. of Punjab	Buddy Program	2018
Dr Sharanjeet Kaur Sidhu District Dental Health Officer	RedCross and IQAC	Seminar on Oral Health	2018
Sale of Hand Made Rakhis	Department of Fine Arts		2018
Vanmahotsav	NSS		2018
Plantation Drive	Botany dept under the aegis of DPI Punjab	Nanak Baghichi	2018
Awareness on AIDS to workers of SLRM Amritsar	Red Ribbon Club	SLRM Amritsar	2018
Play on Drug Abuse-A Curse	Department of Commerce		2018

CME on Better Child Health	Clinical Nutrition and Dietetics	Fortis Escorts Hospital	2018
Awareness lecture on Chronic Disease and Nutrition Development	Clinical Nutrition and Dietetics	Fortis Escorts Hospital	2018
Valedictory of Vigilance Awareness Week - Lecture on Integrity, a way of life	NSS		
Visit to Shelter Home(Yatri Niwas)	Yatri Niwas, district Municipal Corporation amritsar		2018
Two day State Level Youth Festival	Youth Club	Directorate of Youth Servies	2018
Awareness Rally Against Social Problems	Department of Sociology		2018
Cycle Rally for Drug Abuse			2018
Swach Bharat Summer Internship	NSS		2018