Activity No: 7

Women's Day

Date : 06.03.2020

No. of Participants : 16



Students of Fine Arts department organized Posters and Slogan exhibition on "Women's Day". Slogans and Posters were showcased. Judges, Principal and Council members visited the exhibition.

Saroop Rani Government College For Women Amritsar.

Palamyor kaus

Department of English, Saroop Rani Government College For Women, Amritsar

Activity: Joy Of Literature

17 November 2022



DEPARTMENT OF ENGLISH



Report: The Department of English, organized an event entitled, 'Joy of Literature', to explore the colourful realms of English literature. The students actively engaged in a range of activities, including Poetical Recitation, Book Reviews, and Critical Analysis of various texts. Additionally, they performed the renowned Witch scene from Shakespeare's play, *Macbeth*. The Principal, Prof. (Dr.) Daljit Kaur, extended her appreciation and congratulations to the faculty of the English Department and the participants for their commendable initiative. She emphasized the importance of organizing such programs regularly to familiarize students with the intricacies of reading and analyzing literature. The event came to a close with a vote of thanks delivered by Ms. Preet Devinder, the Head of the Department of English. Overall, the program was a resounding success.

No. Participants: 20

narified.

Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

Activity No: 6

PUNJABI MAA BOLI

Date : 21.02.2020

No. of Participants : 23

Punjabi Maa Boli Students of The Fine Arts Department organized a competition on "Punjabi Maa Boli", students made Clay house on the theme of Punjabi culture. Students were given prizes and certificates.



Saroop Rani Government College For Women Amritsar.

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Principal,
Saroop Rani Government
College For Women
Amritsar.

Parangit leave

2021-22

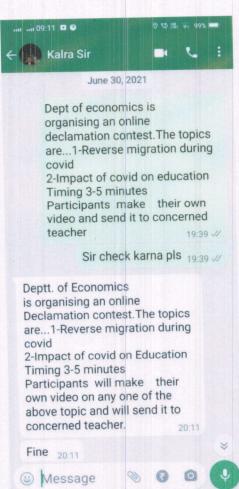
 Declamation contest was organized by online mode on topics of Reverse Migration during Covid -19, Impact of Covid on Education, Effect of Economic Development on the Environment Degradation in which 10 students participated, out of which the following students got 1st, 2nd and 3rd positions.

First: Jasmanpreet Kaur Second: Sukhbir Kaur Third: Shubseerat Kaur Date: 02.07'2021

Number of participants:11









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Amritsar.

2020-21

Poster making competition was organized by Online Mode on theme "Sustainable Development" during Covid -19 in which 25 students participated. Out of which, the following students got 1st, 2nd and 3rd positions.

First: Alka & Dilpreet Second: Nitika & Vimal

Third: Bhavika Mahajan & Chahat

Date: 23.04.2021

Number of participants: 25







men

Saroop Rani Government College For Women Amritsar.

2019-20

 Screening a documentary on "Zero Budget Farming" to the students in the multimedia room of the college.

Date: 05.10.2019

Number of students: 96



Department of Economics Organising a

DOCUMENTARY
ON
ZERO BUDGET FARMING

Date - October 10,2019 Venue - Multimedia Hall Time - 11:30 a.m



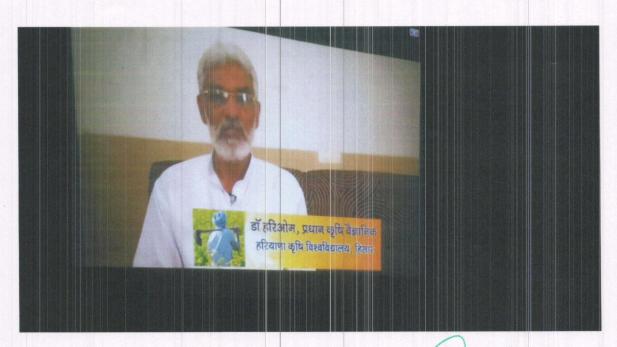


Joseph

Principal, Saroop Rani Government College For Women Amritsar.

man





Sport

Saroop Rani Government College For Women Amritsar,

ACTIVITY 4

POSTER MAKING & SLOGAN WRITING COMPETITION TO CELEBRATE

MAHATMA GANDHI JAYANTI

DATE : OCT 02, 2019

No. of Participants : 6



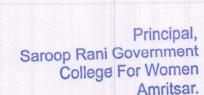
S.R. Govt. College for Women, Amritsar



Department of Fine Arts

Organising
Poster & Slogan Writing Competition
to Celebrate
Mahatma Gandhi Jayanti

On OCT 2nd, 2019



Students of Fine Arts Department Celebrate "Mahatma Gandhi Jayanti". Students made Posters and Slogans. Poster and Slogans were displayed in corridor of the college. Madam Principal along with council members visited the exhibition. Judges gave their judgement and winner were given certificates.



Principal,
Saroop Rani Government
College For Women
Amritsar.

Parangost barn

ACTIVITY 2

TEEJ FESTIVAL

DATE : AUG 13, 2019

No. of Participants : 25



S.R. Govt. College for Women, Amritsar

Department of Fine Arts

Organising Mehandi Camp
On

AUG

2019

2 Principal,
Saroop Rani Government
College For Women
Amritsar.

Paranget bour

Students of the Fine Arts department organized the "Teej Festival". Students participated in "Mehndi Camp" and "Tatoo" made by poster colours.



Principal,
Saroop Rani Government
College For Women
Amritsar.

Paramost bour

ACTIVITY 1

HANDMADE RAKHI EXHIBITION

DATE : 9th & 10th AUG 2019

No. of Participants : 30

S.R. Govt. College for Women, Amritsar

Department Of Fine Arts

Organising a Rakhi Exhibition

On

9th & 10th August 2019



Saroop Rani Government College For Women Amritsar.

Paramyrit bank

Fine Arts Department organized a Rakhi Exhibition. Students of the Fine Arts department sold handmade Rakhi and earn money.





Principal,
Saroop Rani Government
College For Women
Amritsar.

Paramyth bour

Department of English, Saroop Rani Government College For Women, Amritsar

Activity 2: Poster Exhibition by the Students of Functional English

9th April, 2019



Report: On April 9, 2019, the students of Functional English showcased their artistic skills through a poster exhibition. The exhibition displayed intriguing literary concepts and figures of speech such as similes, metaphors, contranyms, and portmanteau words through captivating graphics. Principal, Ms. Nutan Sharma, commended the students' efforts and appreciated their work.

No. of Participants: 53

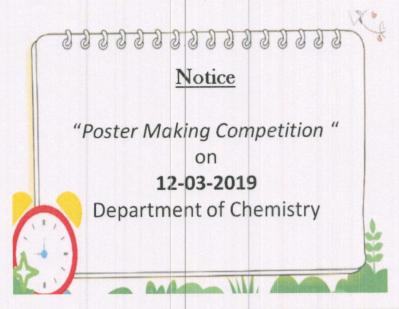
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Principal,
Saroop Rani Government
College For Women
Amritsar.

Saroop Rani Government College for Women, Amritsar Department of Chemistry

Poster Making Competition on 12-03-2019.

Students participated in poster making Competition on Recent Discoveries in Chemistry.



		Pasker	Connect.	Date 12-3-2019
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No. of Participants: - 20

Surinderke

Principal,
Saroop Rani Government
College For Women
Amritsar.

Saroop Rani Government College for Women, Amritsar Department of Chemistry

"Model Making Competition" on 26-03-2019.

Students participated in Model making Competition on Atomic Chemistry.

Notice

"Model Making Competition"

on

26-03-2019

Department of Chemistry

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No. of Participants: - 12

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Principal,
Saroop Rani Government
College For Women
Amritsan

ACTIVITY 8

Slogan & Poster Exhibition to commemorate the martyrdom day of Bhagat Singh

DATE : 23.03.2019

No. of Participants : 30

S.R. Govt. College For Women, Amritsar



Department of Fine Arts

Organising a Slogan & Poster Exhibition to commemorate the

Martyrdom

Day

Of Bhagat Singh 23.03.2019

Principal,
Saroop Rani Government
College For Women
Amritsar.

Palanght ban

Students of the Fine Arts Department Organized a Slogan & Poster Exhibition to commemorate the martyrdom day of Bhagat Singh. Students made Posters and Slogans. Judges judged the Posters and Slogans. Students got their Certificates and Prizes.



Saroop Rani Government College For Women Amritsar.

Palamy it banes

ACTIVITY 7

POSTER EXHIBITION TO CELEBRATE WOMEN

EMPOWERMENT DAY

DATE

: 09.03.2019

No. of Participants : 25

S.R. Govt. College For Women, Amritsar

Department Of Fine Arts

Organising a

Poster Exhibition to Celebrate
"Women Empowerment Day"

On 09.03.2019

Principal,
Saroop Rani Government
College For Women
Amritsar.

facamy'st bour

Students of Fine Arts department organized "Women Empowerment Day". Students made posters on "Women Empowerment Day".



Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

Parangint bour

 Department of Economics organized "Craft Marketing Competition" in which 30 students participated. Out of which, the following students got 1st, 2nd and 3rd positions.

First: Sharnpreet Kaur - B.A. 3rd year

Second: Mandeep Kaur - BSc. Home Science 2nd year

Third: Ramanpreet Kaur – B.A. 3rd year

Date: 07.03.2019

Number of participants: 30





Soul

Principal,
Saroop Rani Government
College For Women
Amritsar.

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6	12	Simonyal Kane	Simpongit kaus
	12	Shanette	Sherietta
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Saroop Rani Government College For Women Amritsar.

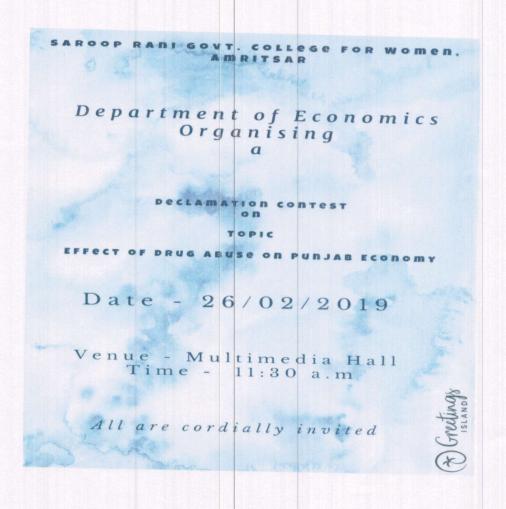
maner

 Declamation Contest was organized on the in collaboration with "Buddy Group". In this following students got 1st, 2nd and 3rd positions.
 Effect of drug abuse on Punjab economy contest, 09 students participated, out of which the

First: Ramanpreet kaur – B.A. 3rd year Second: Poonam – B.A. 3rd year Third: Deepshikha – B.A. 2nd year

Date: 26.02.2019

Number of participants:09









Principal,
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Amritsar.



Sport

Principal,
Saroop Rani Government
College For Women
Amritsar.

 Poster making competition was organized by the Economics Department on Demonetization, Rise in fuel prices, Digital India and Effects of Chinese products.

Date: 02.11.2018 No. of Participants: 29





Post	ir naking Compatition - 2.11.2018-18
List	of Participants
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4-14/10048	Ritike Ritika
6-1-4 110-094	Jaspuel Jospuet
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11-17/10/72	Kausha Kausha
12-18110001	Shalwjeet kaur Shavanjeet Kaur
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14-18/10033	Redding Ridhoma
15- 181100 47	Sekshi Jakaju
16- 18110119	Simlan Kaul Simeon Kaus
17-18/10/27	Komalphel kaur Komalpheet Kayn
18-18110143	Vansheek Vanshika
19-18110169	Soma Soma
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Principal,
Saroop Rani Government 2
College For Women
Amritsar.

Activity 2: Literary Poster Making Competition



Report: The Department of English organized a "Literary Poster Making Competition" on October 9, 2018. Students were tasked with creating posters representing prescribed poems and Henrik Ibsen's play, *A Doll's House*. The competition aimed to encourage creativity and assess students' literary comprehension. By visually interpreting themes and elements from the poems and the play, students expressed their artistic talents which deepened their engagement with literature.

The event fostered a collaborative and creative environment, enabling students to demonstrate their knowledge of literature through visual art.



No. of Participants: 50

maniferge

Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

2018-2019

Essay writing competition was organized on the topics 'Inflation in India', 'Rural versus Urban unemployment' and 'Chinese products should be banned in India'.

Date: 31.10.2018

Number of participants:10



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Economics Department
Weiting Competitions
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84 BA 5th Sem Ball no- 16110663
Chinese product harmful and
effect of Indian Economy Eमारे देश में याइनीयु में बली वस्तुका
बारे में में अपने हाहते में त्युकत जा बही है। इस यह भी फह सकते हैं निक उस करतुओं का सारात की आधुकि दिचीत
हमारे देश में याहनी स्व में बली वस्तुमां वा समाव जारत पर केसे प्रशा है। उसके बारे में अपने कारों में त्युक्त जा इसे है। इस यह जी कह सकते हैं। का इस वस्तुओं का बाहत, जी आर्थिक स्पित स्पर उपा मकाव पड़ा है। आरत ने प्रस् स्पर उपा मकाव पड़ा है। आरत ने प्रस स्पर उपा मकाव पड़ा है। आरत ने प्रस हमें पुण्य देश हैं जहां है ब्यकती है। इस को देखते हैं पर होते वह ब्यकती है। इस को देखते हैं।
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Saroop Rani Government College For Women Amritsar. Marsi

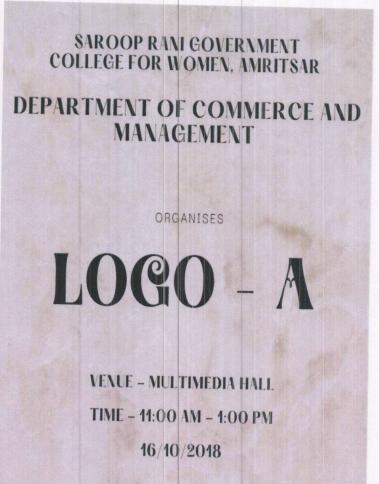
Logo - A

Date- 16/10/2018

No. of Participants - 25

LOGO - A Competition was organised in the Multimedia in which 25 students of the department participated and prepared logos of various companies without the help of any picture or digital medias.

Both the activities 'Knowing MNCs through waste' & 'Logo -A' were organised on the same day to check the knowledge of various commerce students regarding leading Multinational companies.



1. John .

Saroop Rani Government
College For Women
Amritsar.



Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

1. Jane .

Advertisement Making Competition - 'FAB AN AD'

Date- 26/09/2018

No. of Students - 25

Advertisement Making Competition was organised titled 'FAB AN AD' in the Multimedia in which 25 students of the department participated to compose and present advertisements for promotion of hypothetical products. The students were divided in a groups of 5 each and 5 teams showcased their advertisement proposals. This event helped students to polish their advertising and marketing skills.

Saroop Rani Government College for Women, Amritsar

Department of Gommerce & Management

FAB AN AD

26/09/2018

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Principal,
Saroop Rani Government
College For Women
Amritsar.

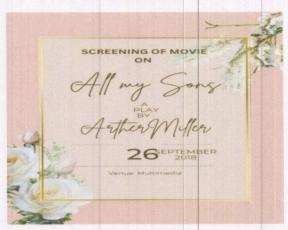




Principal,
Saroop Rani Government
College For Women
Amritsar.

2. Cha

Activity 1: Screening of the movie All My Sons



Report: The Department of English arranged a special screening of the film *All My Sons*, an adaptation of Arthur Miller's play with the same title. The screening was intended to offer students a unique audiovisual perspective of the play, enriching their comprehension and analysis of the text. It was a valuable supplement to their regular classroom education, providing a visual portrayal of the play's storyline and its characters. Through this initiative, the department aimed to provide students with a holistic learning experience that combines indepth textual scrutiny with visual interpretation.



No. of Participants: 87

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Saroop Rani Government College For Women Amritsar.

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Saroop Rani Government College for Women

PG Department of Commerce & Management

Activities Report (2018-19)

Drug Abuse - A Curse

Date - 06/09/2018

No of Participants- 15

A play organised by Department of Commerce & Management on the issue DRUG ABUSE – A CURSE in the college Auditorium and around 15 students of the department participated in the play to create awareness among the students against this menace.

Saroop Rani Government College for Women

DEPARTMENT OF COMMERCE AND MANAGEMENT

ORGANISES

DRUG ABUSE - A CURSE

September 6, 2018

1. 10 see

Saroop Rani Government
College For Women
Amritsar.





Saroop Rani Government
College For Women
Amritsar.

1. / Day

Knowing MNC's Through Waste

Date- 16/10/2018

No. of Participants – 20

Knowing MNC's Through Waste competition was organised in the Multimedia in which 20 students of the department participated to make posters and collages about various multinational companies using waste materials. This event created awareness among students about usage and utilisation of wastes in effective and efficient manner.

Saroop Rani Government College for Women

Department of Commerce and Management

ORGANISES

KNOWING MNC's
THROUGH WASTE

16/10/2018

Our Food

Principal,
Saroop Rani Government
College For Women
Amritsar.

Saroop Rani Government College for Women Amritsar Department of Physics





Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

Survider ham

Saroop Rani Government College for Women

PG Department of Commerce & Management

Collage Making Competition

Date - 29/08/2019

No. of Participants- 20

A Collage Making Competition on the Topic 'Emerging Trends in the Functions of Marketing' was organised in the Multimedia in which 20 students of the department Participated. Students were divided in a group of 4 and 5 groups were made. These 5 groups then prepared collage on the said topic and the best collage was honoured.

SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

DEPARTMENT OF COMMERCE AND MANAGEMENT

Organises

Collage Making Competition on Emerging Trends in the

Emerging Trends in the Functions of Marketing

29/08/2019 Venue - Multimedia Hall

Principal,
Saroop Rani Government
College For Women
Amritsar.

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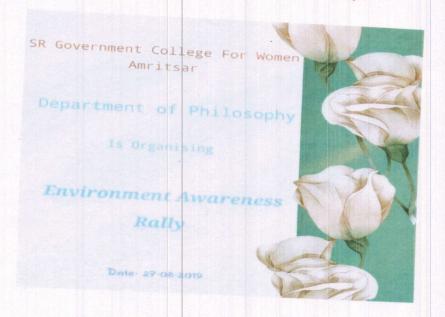
Saroop Rani Government College For Women Amritsar.

1. Januar .

SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF PHILOSOPHY

(2019-2020)

Environmental Awareness Rally



Date- 27.08.2019

No. of Participants = 175

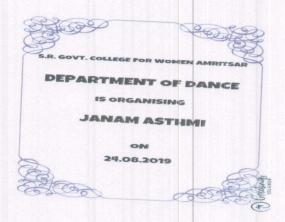
Students enthusiastically participated in an academic endeavour aimed at raising **environmental awareness** through an organized rally. This event featured a range of activities, including competitive poster-making contests and slogan writing exercises.



Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

Jogno

→ JANAM ASTHMI CELEBRATION



24.08.2019

No. of PARTICIPANTS = 13

The department of dance celebrated the festival of Krishan Janam Asthmi with great Pomp and show. Many Dance performances on Krishan Leela were shown by the students of the department. Madam Principal and other worthy council member presided over the function and appreciated the team work



Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

Salelu'





Principal,
Principal,
Principal,
Rani Government
Women
Amritsar.

DEPARTMENT OF HISTORY (2018-2019)

S.R GOVT COLLEGE FOR WOMEN, AMRITSAR

Department of History Organzies

POSTER MAKING, ESSAY WRITTING COMPETIRION ON MEMORY OF THE MARTYRS OF JALLIANWALA BAGH
DATE 06.04.2019

- Date. 6.04.2019
- No of Students. 25
- The department of history organized a Slogan and Essay writing competition on regarding Martyrs of Jallianwala Bagh, in which students participated with full enthusiasm and madam principal graced the occasion with her magnanimous presence.





DEPARTMENT OF HISTORY

Sunila Sheme

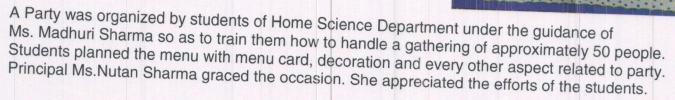
Saroop Rani Government College for Women, Amritsar Department of Home Science

MEET & GREETS

Date: 2/4/2019

No of student participants: 26

Report





Leewer

Saroop Rani Government College for Women, Amritsar Department of Home Science





Leave

Nukad Natak on Swachh Bharat

Date- 01/04/2019

No. of Participants- 15

A **Nukar Natak on Swachh Bharat** was organised by Department of Commerce & Management under the able guidance of HOD Prof. Dr. Daljit kaur in the college Flag Lawn in which 15 students of the department participated and created awareness regarding cleanliness among the students under the initiative of Buddy Group.

Saroop Rani Government College for Women,
Amritsar

Department of Commerce and Management
Organises

Nukar Natak - Swachh Bharat

01/04/2019 Time - 10:00 am Venue - College Flag Ground

1. Com.





Principal,
Principal,
Saroop Rani Government
College For Women
Amritsar.

2. 94

Nukad Natak on Drug Abuse- A curse

Date- 01/04/2019

No. of Participants- 15

A **Nukar Natak on Drug Abuse- A curse** was organised by Department of Commerce & Management under the able guidance of HOD Prof. Dr. Daljit kaur in the college Flag Lawn in which 15 students of the department participated and created awareness regarding the menace among the students under Government's Buddy Group initiative.

Saroop Rani Government College for Women,
Amritsar

Department of Commerce and Management
Organises

Nukar Natak Drug Abuse - A Curse

01/04/2019 Time - 10:00 am Venue - College Flag Ground

1. Roser.

Saroop Rani Government College for Women
PG Department of Commerce & Management





1. Jan.

Saroop Rani Govt. College For Women, Amritsar Department of Mathematics & Statistics

Session 2018-2019

Declamation on "History, Scope and Uses of Mathematics"

Date :27th March 2019 No. of Participants: 10

Competitions are an integral part of the educational process and the functional knowledge of mathematics helps the students to succeed in every walk of life. For this department of mathematics tries to make students excel through various activities. A declamation contest was organised by the department on 27th March,2019. Students of various streams participated in the competition and expressed their views on different aspects of History and scope of mathematics and its day-to-day importance. Winners were felicitated by Principal Mam for their efforts.



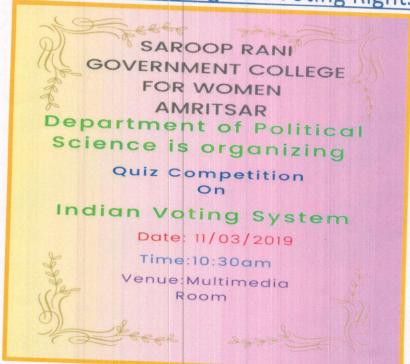


Principal,
Saroop Rani Government
College For Women
Amritsar.

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Saroop Rani Government College for Women, Amritsar
Department of Political Science
(2018-2019)

Awareness Campaign On Voting Rights



Date:11/03/2019
No. of Participants: 12

As per the instructions of election Commission of India a Quiz Competition was organised by department of Political Science of Saroop Rani Government College for Women, Amritsar under voter awareness forum in the college multimedia room. Students were made aware of VAF, voter helpline app, its number and also Indian voting system. Questions based on general awareness on voters: voting procedure and Indian constitution were put. Ballot papers were made and displayed to guide the students. First and second teams and all participants were awarded certificates. The function ended with motivating words of Madam Principal Ms. Nutan Sharma.







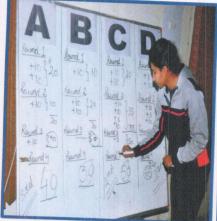
Staff members and Students enjoying the quiz competition.

Saroop Rani Government College For Women

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Saroop Rani Government College for Women, Amritsar Department of Political Science





Winning team is getting certificates from Principal Ms. Nutan Sharma







Saroop Rani Government College For Women

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Saroop Rani Government College for Women Amritsar Department of Physics

Science Day Celebration at Guru Nanak Dev University College Verka

Students of BSc (NM) Sem II & IV participated in the Science Day Celebration Organized by Guru Nanak Dev University College, Verka on Feb 27th, 2019.

Muskan Puri of BSc Nm Sem II won second prize, and Navdeep Kaur of BSc NM Sem II won third prize.





Saroop Rani Government College For Women Amritsar.

Surinder ham

Saroop Rani Government College for Women Amritsar Department of Physics



GURU NANAK DEV UNIVERSITY COLLEGE VERKA

DEPARTMENT OF PHYSICS

CERTIFICATE OF PARTICIPATION

This is to certify that Mr./Ms. Mushan Puri of S.R. GovT. College

has participated in Paper Reading Confest held on 27 3cb, 2019

under the auspices of Physics Association, Guru Nanak Dev University College

Verka, Amritsar and was awarded ITND prize for Paper Reading Confest.

Mrs. Nirmal Pandhi

Dr. Sonika Thakur

Dr. Jasminderpal Singh

Deputy Coordinator

Sunder haur

Saroop Rani Government College For W

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Department of Fine Arts

ACTIVITY 6

PORTRAIT & SLOGAN EXHIBITION TO CELEBRATE 550TH BIRTH ANNIVERSARY OF

GURU NANAK DEV JI

DATE : 22.02.2019

No. of Participants : 30

S.R. Govt College for women, Amritsar



Department of Fine Arts

Organising Portrait & Slogan Exhibition to Celebrate

Guru Nanak Dev Ji

550th Birth Anniversary On 22.FEB.2019

Principal,
Saroop Rani Government
College For Women
Amritsar.

Paramit Hours

SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR Department of Fine Arts

Students of Fine Arts Department organized "Guru Nanak Dev ji 550th Birthanniversary". Students of Fine Arts Department made Portraits and Slogans related to Guru Nanak Dev Ji and won cash prizes





Saroop Rani Government
College For Women
Amritsar.

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Saroop Rani Government College for Women, Amritsar

RED RIBBON CLUB

No. of Participants- 05

Participation in District level Red Ribbon Clubs Competition

March 8, 2019, students of B. Sc (Medical) participated in different competitions at the District Level Red Ribbon Club Competitions organised by Directorate of Youth Services, Punjab at Khalsa College, Amritsar and won prizes.





Saroop Rani Government College For Women Amritsar.

In &

Saroop Rani Government College for Women, Amritsar



List of Participants

Sr. No.	Name	A 11 11
1.	Jasleen Kaur	Activity
2.	Jasmine	Debate
3.	Komal Sharma	Debate
		Debate
4.	Kirandeep Kaur	Poster Making
5.	Mishika	Poster Making

Saroop Rani Government College For Women Amritsar.

Av &

Saroop Rani Government College for Women Amritsar Department of Physics

Quiz Competition

S.R. Govt. College for Women, Amritsar Department of Physics



Organizes a
Quiz Competition

Date: March 8th, 2019

Department of Physics organized a Quiz competition on March 8th, 2019. A screening test was held before structuring the teams. Five teams (each team comprised of five students) were selected for final rounds including Buzzer round, rapid fire and visual round.

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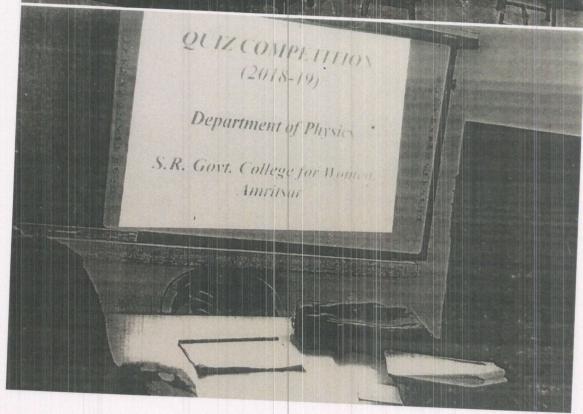
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Saroop Rani Government
College For Worker

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Saroop Rani Government College for Women Amritsar Department of Physics





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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

Workshop/Exhibition on Healthy Nutritious Diet
A Workshop cum Exhibition -- "ABSORB" was organized by the students of CND at the Amandeep
Medicity Hospital Mall Road Amritsar
Rebruary 2019
Number of Participants - 75



Workshop cum Exhibition "ABSORB" (using lost cereals) for wheat allergy patients in the Nutrition and Health Food Mela organized by Amandeep Medicity Hospital. The main purpose of the mela was to make people aware about the lost cereals and how they could use them in their day to day life. Dr Amandeep Kaur the owner and patron of the hospital was also there along with the doctors and the out patients. She appreciated the students for their effort. Doctors also judged the dishes and selected the best out of them.









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Commerce Fest

Date- 15/02/2019 & 16/02/2019

No. of Participants - 248

A two day **COMMERCE FEST** was organised by the department of commerce and management in which 248 students of the department participated in the 8 activities, namely

- START-UPS Stalls were set-up to develop entrepreneurial skills among students.
- 2. **HEAD SCRATCH** A case study given on the spot for Analysis.
- BUZZ Quiz based on the last 6 months highlights related to Business, Logos, Punch Lines General News, etc.
- ALFAAZ Self-made poetry competition on Commerce and Management.
- AD-MAD Create & present advertisement for new product / service that hold the attention of the audience.
- B-BRAINS Business plan competition through presentation and PPT.
- SNAP-A TASTIC Recognize the business person of exceptional wealth, power and influence.
- 8. SPUR OF THE MOMENT Imprompt speech on given topic.







1. Jan .





1. Joseph 2. Jane

Screening of Movie - GAFLA

Date - 08/02/2019

No. of Participants - 200

Screening of Movie – GAFLA in the college Auditorium to all the students of the department to make them aware about the Harshad Mehta Scam and to increase their knowledge about the working of Financial Markets and Stock Exchanges.

Saroop Rani Government College for Women

DEPARTMENT OF COMMERCE AND MANAGEMENT

ORGANISES

SCREENING OF MOVIE



08/02/2019 venue - Auditorium (10 am onwards)

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Saroop Rani Government College for Women
PG Department of Commerce & Management





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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

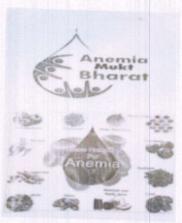
B.Sc. Medical with CND

Nutrition Education Program on Anaemia at Alpine Public School Amritsar 5 February, 2019

On 5 Feb. 2019, students got an opportunity to visit the Alpine Public School, Majitha Road Amritsar for putting up a workshop, exhibition and presentation on "Anemia"







Students displayed iron rich dishes in the exhibition. Ramanpreet Kaur told the students about Anemia its Symptoms and Treatment. She also told them about foods rich in Iron. She explained the need of these foods in our diet. Some of the recipes displayed were also explained to the student by her. After the presentation a quiz competition was organized in which all students participated After this, the winners were given iron rich candies as prizes The Principal Rajinder Kaur Bheniwal and teachers of Alpine Public school were also present at the workshop. Brochures were also distributed.





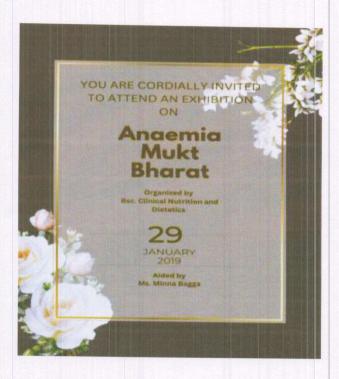


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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN.AMRITSAR

B.Sc. Medical with CND

Celebration of Anemia Mukt Bharat-- Governments
Awareness About
The Iron Deficiency Anemia
Plagship Program Anemia Mukt BharatTo Spread
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An Exhibition on Anemia was held by the students to celebrate the Governments Flagship Program AnaemiaMukt Bharat- To Spread Awareness about the Iron Deficiency Anemia. The display of iron rich foods grabbed the interest of the young girls of various streams of the college. A Diet brochure was launched by the Principal Mrs. Nutan Sharma on this occasion.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND





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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc. Medical with CND

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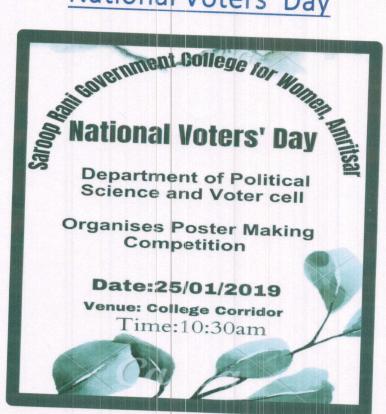
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Saroop Rani Government College for Women, Amritsar
Department of Political Science
(2018-2019)

National Voters' Day



Date: 25/01/2019
No. of Participants:26

Department of Political Science organised Poster Making competition on Voters' day to enlighten the students about their voting rights. The competition was organised under the valuable guidance of Principal Ms. Nutan Sharma, Prof. Satnam Singh, Prof. Khushpal Sandhu and Ms. Monica Salaria were the judges. Winning students were awarded certificates. Students got valuable information and awareness regarding importance of their voting rights.





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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF PHILOSOPHY (2018-2019)

Quiz Competition on Swami Vivekananda

SR GOVERNMENT COLLEGE FOR WOMEN,
AMRITSAR

DEPARTMENT OF PHILOSOPHY

Is Organising

Quiz Competition on
Swami Vivekananda

DATE - 22-11-18

Date- 22.11.2018

No. of Participants = 14

In commemoration of the national youth ideal and the Indian philosophical tradition embodied by Swami Vivekananda, the Department of Philosophy conducted a quiz competition. Madam Principal engaged with students and awarded prizes to the winners.

Principal,
Saroop Rani Government
College For Women
Amritsar.

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Principal,
Saroop Rani Government
College For Women
Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

Awareness Campaign on Say No to Polythene Bags

SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Department of Botany
organizing an
Awareness Campaign
on
'Say No to Polythene Bags'

October 09, 2018

No. of Participants: 52

Botany Department organized a campaign to make our campus polythene free by urging students to stop the use of polythene bags. They were made aware of the bad consequences of polythene for our environment and health. On this occasion, Madam Principal distributed eco-friendly bags and book marks carrying messages to save our environment.

Saroop Rani Government College For Women Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY





Principal,
Saroop Rani Government
College For Women
Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR ENVIRONMENT CLUB

2018-19

Poster Exhibition on Eco-friendly Diwali

SAROOPRANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Environment Club organizing

POSTER EXHIBITION

on

'Eco-Friendly Diwali'
October 06, 2018

No of Participants: 50

Botany Department organized Poster exhibition to promote environment friendly Diwali celebration. Saplings were awarded to all the participants and students were encouraged to opt for flowers, rice, pulses and organic colours and celebrate Diwali by lighting sky lanterns.

Principal, Saroop Rani Government College For Women Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR ENVIRONMENT CLUB





Saroop Rani Government College For Women Amritsar.

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Saroop Rani Government College for Women, Amritsar Department of Home Science

CELEBRATING NATIONAL NUTRITION WEEK

Date: September 2018 No. Of Participants: 27

Report

During Nutrition Week a food exhibition was organized by students and the best dishes were judged by chief dietician of Fortis Hospital Dietician Ms.Guljeet Kaur and Principal Mrs.Nutan Sharma.

On 4-9-2018 Students of the department visited Fortis Hospital and attended a seminar on 'Pediatric Nutrition' delivered by Dr.Manik Mahajan and R.Varunpushkarn.

On 5-09-2018 An Exhibition on "Gluten Free Food" was organized by students in Fortis Escort Multispecialty Hospital. CEO Dr. Dinesh Vashist and Dr. HP Singh inspired students and judged the dishes. Students also interacted with patients and their attendants and guided them about various foods available for people suffering from gluten allergy.

On 7-9-2018 Lecture on Food Allergies and Diseases (Celiac Diseases) was delivered by dietician Ms.Guljeet Kaur chief Dietician Fortis Escort Hospital Amritsar. She sensitized the students of the department specifically regarding symptoms, causes and remedies of wheat allergy.



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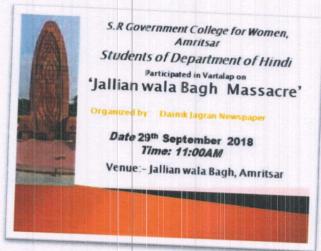
Principal,
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Saroop Rani Government
College For Women
Amritsar.

National

Nutrition Week

Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of Activity:-Vartalap on Jallian Wala Bagh Massacre
- Date:- 29th Sept. 2018.



Number of Participants:-30 Students

Report:-

Students of Hindi Dept. participated in Vartalap on Jallian wala Bagh Massacre. which was organized by 'Dainik Jagran' Newspaper on 29th September 2018. The interaction was on the Shatabadi Year of Jallian Wala Bagh Saka, Amritsar.

Picture of the Event



Sunita Sharus

Saroop Rani Government College for Women, Amritsar Department of Hindi

- Name of Activity:-Hindi Diwas Celebration
- Date:- 18th Sept. 2018



Number of Participants:- 50 Students

Report:-

Hindi Diwas was celebrated on 18th Sept. 2018. Students participated in poetical recitation, declamation & poster making competitions. Winners were awarded with certificates.

Pictures of the Event:-





Saroop Rani Government
College For Women
Amritsar.

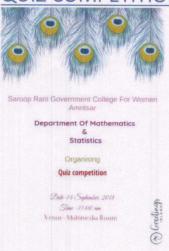
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Saroop Rani Govt. College For Women, Amritsar

Department of Mathematics & Statistics

Session 2018-2019

QUIZ COMPETITION ON CONCEPTS OF MATHEMATICS



Date:14th Sep. 2018 No. of participants :15

A deep-rooted acquisition of knowledge is possible from the project-based study and for this Mathematics department organised a Quiz Competition in which students from different streams of college participated and bagged the first three positions. B.Sc. (N.M.) got first position, B.Sc. (Computer Science) got second position and B.A got third position. A thorough knowledge of the subject was quite vivid from their enthusiastic participation and their winning positions ultimately motivated them to perform better in future.



Saroop Rani Government College For Women Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

DEPARTMENTAL EVENTS AND ACTIVITIES 2019-20

Plantation Drive: Nanak Bagichi

SAROOP RANI GO VERNMENT COLLEGE FOR WOMEN, AMRITSAR

PLANTATION DRIVE 'NANAK BAGICHI'

PUNJAB GOVERNMENT INITIATIVE September 05, 2019

> Organizing Department: Department of Botany

No. of Participants: 42

As a part of plantation drive started by Government to create man-made forests, **Nanak Bagichi** was developed in college campus. Saplings of traditional trees like Neem, Beri, Ananas, Mango etc. were planted by Principal, Staff members and students. Through this campaign, Madam Principal Dr. Savita Sachdeva urged the students to plants more and more plants.

Saroop Rani Government
College For Women
Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY





Principal,
Saroop Rani Government
College For Women
Amritsar.

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Activities of Dance Department From 2018 -2023

→ JANAM ASTHMI CELEBRATION



01.09.2018

No. of PARTICIPANTS = 11

The department of dance celebrated the festival of Krishan Janam Asthmi with greatPomp and show. Many Dance performances on Krishan Leela were shown by the students of the department. Madam Principal and other worthy council member presided over the function and appreciated the team work









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IMATHER MAURE
                                  Date - 1 - 9 - 2018
                  No of Participants: - 11
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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR DEPARTMENT OF BOTANY

Poster Making Competition on Gender Equality

SAROOPRANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Department of Botany organizing

POSTER MAKING COMPETITION

GENDER EQUALITY
August 24, 2018

No of Participants: 42

A poster competition was conducted on a sensitive issue: Gender Equality by Botany Department. Students participated enthusiastically and winners were appreciated with prizes. (First Prize: Manmeet, Second Prize: Deepanshi and Third Prize: Komalpreet)



Principal,
Saroop Rani Government
College For Women
Amritsar.

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Saroop Rani Government College for Women, Amritsar Department of Hindi

SESSION 2018-19 Departmental Events and Activities.

- Name of Activity:-Raksha Bandhan Samaroh
- Date: 23rd Aug. 2018



Number of Participants:-35

Students Report:-

Raksha Bandhan Samaroh was celebrated in Hindi Department on 23rdAugust 2018 in which 35 students participated in poster exhibition.

Picture of the Event:-



Saroop Rani Government College For Women Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Department of Fine Arts

ACTIVITY 1

HANDMADE RAKHI MAKING AND EXHIBITION

DATE

: 22.08.2018

No. of Participants

: 20



S.R. Govt. College for Women, Amritsar

Department Of Fine Arts Organising A Handmade Rakhi Exhibition

On 22. AUG. 2018



Principal,
Saroop Rani Government
College For Women
Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR Department of Fine Arts

Fine Arts department organized a handmade Rakhi exhibition. Students of Fine Arts department sold Handmade Rakhi.





Principal,
Saroop Rani Government
College For Women
Amritsar.

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Saroop Rani Government College for Women Amritsar Department of Physics

Debate Competition

S.R. Govt. College for Women, Amritsar
Department of Physics & Mathematics
organizing a
DEBATE COMPETITION



Aug. 29th, 2018

Multi-Media Room

Debate competition was organized on Aug. 29th, 2018 in collaboration with mathematics department. Debate participation was fruitful to promote innovative thinking, and helps students to build links between words and ideas that make concepts more meaningful.



Saroop Rani Governme College For We

Amritsar

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

DEPARTMENT OF PUNJABI

(2018-2019) SCHOOL OF HONESTY



Date: 27-07-2018

As per the guidelines of the Department of Higher Education, the school of honesty was started in the college. The aim was to motivate students to inculcate honesty.



Principal,
Saroop Rani Government
College For Women
Amritsar.

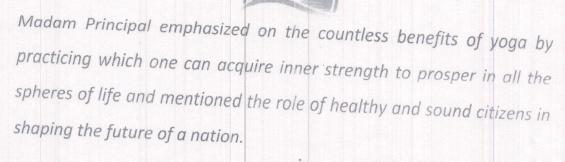
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Yoga is a physical, mental and spiritual practice emerged in India. NCC Naval Wing of S.R. Govt. College for Women Amritsar celebrated the International Yoga Day on June 21st 2023 with full zeal and enthusiasm. Around 150 cadets from various colleges and schools of the district associated with 2 Punjab Naval Unit NCC Amritsar participated in the yoga session. Principal Prof. (Dr.). Daljit Kaur addressed the cadets and staff, and stated the aim of celebrating International Yoga Day. The purpose of yoga is to provide holistic approach to health and to keep a balance among numerous aspects of life.



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The event was coordinated by 2 Punjab Naval Unit NCC Amritsar. The yoga instructor Sanjay Kumar enlightened the cadets about the benefits of yoga and made them practice various yogasanas followed by pranayamas.

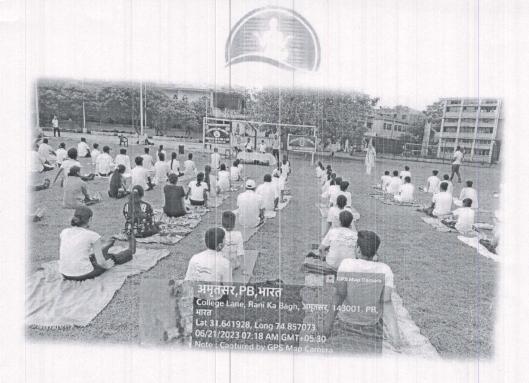
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The cadets were also encouraged by unit members to make yoga an integral part of their life. During this event, ANO's and CTO's of participating institutes were also present and practiced the yogasanas.







shtimes.com

ਦੇਸ਼ ਪ੍ਰਦੇਸ਼ ਟਾਈਮਜ਼

ਅੰਭਰਰਾਸਟਰੀ ਯੋਗਾ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ

ਪੱਟੀ 23 ਜੂਨ (ਪਵਨ ਕੁਮਾਰ/ਬੂਟਾ ਸਿੰਘ)
2 ਪੰਜਾਬ ਨੰਵਲ ਯੂਨਿਟ ਐਨਸੀਸੀ
ਸੀ/ਤੁਸਰ ਦੇ ਕੈਂਡਿਟਾਂ ਨੂੰ ਅੰਤਰਰਾਸਟਰੀ
ਜੰਗਾ ਦਿਵਸ ਨੂੰ ਪੂਰੇ ਜੌਸ ਅਤੇ ਉਤਸਾਹ
ਨਾਲ ਐੱਸ. ਆਰ ਕਾਲਜ ਫਾਰ ਵ੍ਰਮੈਨ
ਸੀ/ਬੁਸਰ ਦੇ ਕੈਂਡਟਾਂ ਨੇ ਅੰਤਰਰਾਸਟਰੀ
ਜੰਗਾ ਦਿਵਸ ਨੂੰ ਪੂਰੇ ਜੌਸ ਅਤੇ ਉਤਸਾਹ
ਨਾਲ ਐੱਸ. ਆਰ ਕਾਲਜ ਫਾਰ ਵ੍ਰਮੈਨ
ਸੀ/ਬੁਸਰ ਦੇ ਮੈਦਾਨ ਵਿੱਚ ਮਨਾਇਆ, ਇਸ
ਕੇ ਜ਼ਿਲ੍ਹੇ ਦੇ ਵੱਖ-ਵੱਖ ਕਾਲਜਾਂ ਅਤੇ ਸਕੂਲਾਂ
ਲਗਭਗ 150 ਕੈਂਡਟਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ,
ਵਦਿਆਰਬੀਆਂ ਵਿੱਚ ਸਾਂਤੀ ਅਤੇ ਸੰਤਸਟੀ
ੀਆਂ ਭਾਵਨਾਵਾਂ ਨੂੰ ਉਤਸਾਹਤ ਕਰਨ ਲਈ
ਫਸਮ ਅੰਗਾ ਸੰਸਨ ਦਾ ਆਯੋਜਨ ਕੀਤਾ
ਗਆ। ਐੱਸ. ਆਰ ਸਰਕਾਰੀ ਕਾਲਜ ਵ੍ਰਮੈਨ। ਅੰਮ੍ਰਿਤਸਰ ਦੀ ਪ੍ਰਿੰਸੀਪਲ ਡਾ ਲਜੀਤ ਕੋਰ ਨੇ ਕੈਂਡਟਾਂ ਅਤੇ ਸਟਾਫ ਨੂੰ
ਬੋਧਨ ਕੀਤਾ ਅਤੇ ਹਰ ਵਿਅਕਤੀ ਵਿੱਚ ਸਗ ਦੇ ਗੁਣ ਦੱਸੋ। ਵਿਅਕਤੀ ਦਾ ਜੀਵਨ ਅਤੇ ਵਿਅਕਤੀ ਜੀਵਨ ਦੇ ਸਾਰੇ ਖੇਤਰਾਂ ਵਿਚ ਸਮਰਿਧ ਹੋਣ ਲਈ ਅੰਦਰੂਨੀ ਸਕਤੀ ਕਿਵਾਂ
ਸਪਤ ਕਰ ਸਕਦਾ ਹੈ। ਯੋਗਾ ਇਸਟ੍ਕਟਰ ਜੋ ਕੁਮਾਰ ਨੇ ਕੈਂਡਟਾਂ ਨੂੰ ਇਸ ਪਰੰਧਰਾ ਦੇ ਭਾਵਾਂ ਬਾਰੇ ਜਾਣੂ ਕਰਵਾਇਆ ਅਤੇ ਉਨ੍ਹਾਂ ਨੂੰ ਗਾਣਾਅਮਾਂ ਤੋਂ ਬਾਅਦ ਵੱਖ-ਵੱਖ ਯੋਗਸਨਾਂ
ਦਾ ਅਭਿਆਸ ਕਰਵਾਇਆ। ਇਸ ਤੋਂ ਦਲਾਵਾਂ ਕੈਂਡਟਾਂ ਨੂੰ ਯੂਨਿਟ ਮੈਂਬਰਾਂ ਵੱਲਾ ਕਗ ਨੂੰ ਆਪਣੇ ਜੀਵਨ ਦਾ ਅਨਿੱਖੜਵਾਂ ਅੰਗ ਬਣਾਉਣ ਲਈ ਵੀ ਪੇਰਿਤ ਕੀਤਾ



ਦੇੱਸਿਆ ਗਿਆ। ਇਸ ਸਮਾਗਮ ਦੌਰਾਨ, ਵਾਲੀਆਂ ਸੋਸਥਾਵਾਂ ਵੀ ਹਾਜਰ ਸਨ ਅਤੇ

W/

Lecture Demonstration on Correct Intonation of Swaras in Various Ragas



Date:02-05-2022

No. of Participants: 52

Lecture demonstration by Mr. Dalbir Singh Sohal Former Associate Professor in Music (Instrumental) in S.R. Govt. College for Women, Amritsar on "Correct Intonation of Swaras in various Ragas."



A PowerPoint Presentation on the Udasis of Sri Guru Nanak Dev ji



Date-26 November 2021 No. of participants -50

Department of Music Instrumental & Vocal organized a program with the collaboration of INTACH (Indian National Trust of art and cultural heritage Amritsar chapter). The program was dedicated to the birth anniversary of Guru Nanak dev Ji. The guests came from Orissa delivered a power point presentation on the udasis of Guru Nanak dev ji with special reference to Orissa, showing the paths from which Guru Nanak travelled on foot to Jagannath Puri. The lecture was very informative for the students. The students of minusic

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dept. presented a religious song depicting the teachings of Guru Nanak Dev Ji. Kamalpreet student of MA also presented a shabad from Gurbani. A short and informative lecture on wild life in Orissa was accompanied thereafter.





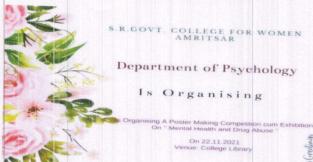
Saroop Rani Government College for Women, Amritsar Department of Psychology

Screening of Movie 'Ardas'

&

A Poster Competition on Topic 'Mental Health and Drug Abuse De-Addiction





Date:22/11/2021

No. of Participants: 60 in Movie & 28 Poster Entries

Screening of Movie 'Ardas' on account of the celebrations of Punjabi Maah Diwas by Higher Education Department,
Government of Punjab

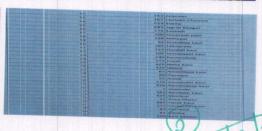
and a poster competition on Topic 'Mental Health and Drug Abuse De-Addiction on the account of Celebrations of Punjabi Maah Diwas by Higher Education, Government of Punjab.

In poster competition Ramadeep of 5th semester got 1st prize. Arpana of 1st semester got 2nd prize and Simran Kaur Nagar of 3rd semester got 3rd prize and consolation prizes were given to Arshdeep and Amanpreet of semester 3rd.









Latinduken

Department of Computer Science

Activity

- Name of Activity- Extempore(Mental Health in an unequal world)
- Date/Period of Activity-14-10-2021
- Detailed Report-.-. Department of Computer Science organized Extempore Competition via google meet to celebrate World Mental Health Day. The purpose of this competition was to create awareness about the significance of mental health in present time.
- No. of Participants- 20 students were benefited.

Department of Computer Science is organising **Extempore-Competition** to celebrate World Mental Health Day (October 10) on October 14 2021 at 11:00 am Rules •Topics will be given 10 minutes before the event. Participants will have to speak on topic For 30-45 seconds. •Participant can speak in English/Punjabi/Hindi. Participants will not be allowed to take any paper or material with him or her during the speech. *Winners of the competition will be awarded E-certificates. Interested candidates can submit their enteries to Ms Manpreet Kaur, by 13 October 2021 12:30pm Details to be submitted College Roll Number Mobile Number

W/

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CERTIFICATE OF APPRECIATION

Presented to

DAMANPREET KAUR, BCA SEM III, 20180014

for achieving First position in the

Extempore - Competition held on October 14, 2021

On

Mental Health & IT

Organized by Department of Computer Science.

Mr. Pankaj Mishra Coordinator

Dr. Vandana Bajaj Nodal Officer

Ms Jyoti Bala Principal

SAROOP RANI GOVERNMENT COLLEGE FOR WOME AMRITSAR

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CERTIFICATE OF APPRECIATION

Presented to

HARJOT KAUR, BCA SEM I, 1211781490011

for achieving Second position in the

Extempore - Competition held on October 14, 2021

On

Mental Health & IT

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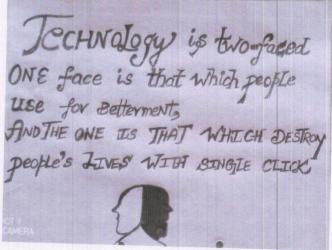
Saroop Rani Government College For Women Amritsar. mane

Department of Computer Science

Activity

- Name of Activity Slogan Writing Competition (Science and technology for a sustainable future)
- Date/ Period of Activity-24-05-2021
- Detailed Report-. Slogan Writing Competition was held by department of computer science. The entries were submitted through google forms.
- No. of Participants- 22 students were benefited





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Saroop Rani Government College for Women, Amritsar Department of Psychology

Lecture by Prof. Richa Sharma on Topic 'Covid-19: As Science Sees it '.



S.R.GOVT. COLLEGE FOR WOMEN AMRITSAR

Department of Psychology

Is Organising

A Guest Lecture on Topic" Covid 19: As Science Sees It" By Prof.Richa Sharma

> Date: 28.4.2021 Time: 11.40A.M Platform: Google Meet

3 Greetings

Date: 28/4/2021

No. of Participants:82 Resource Person: **Prof. Richa Sharma**

Online Lecture by Prof. Richa Sharma on Topic 'Covid-19: As Science Sees it '. Prof. Richa Sharma from department of remote sensing, BIT, Mesar, Ranchi.

The lecture covered many details of actual picture of covid-19 management in India.

The lecture was beneficiary and knowledgeable for the students to understand the present scenario and what is the role of human beings in these unprecedented times.





Satrolukis

 Online lecture cum demonstration on Correct Intonation of Swaras in Different Ragas by Dr. Prem Sagar-HOD Music vocal department, H.M.V College, Jalandhar



Date-27 April 2021 No. of participants -25

The department of Music (Instrumental & Vocal) conducted online lecture cum demonstration on the Topic- "Correct Intonation of Swaras" in Music Instrumental & Vocal by Dr. Prem Sagar, Head of Music Vocal from Hans Raj Mahila Maha Vidhyala, Jalandhar. His main emphasis was on the Techniques of Sadhana and Voice Culture. He presented his thoughts on making voice through different genres of classical music also enlighten the relationship between Vocal and Instrumental thoughts on making voice through different genres of classical music also enlightened the relationship between Vocal and Instrumental music.



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Department of Computer Science

Departmental Events and Activities

SESSION: 2020-21

Activity

- Name of Activity-Poster Making Competition
- Date/Period of Activity-26-04-2021
- Detailed Report-. Poster Making competition was held by Deptt. Of Computer Science .Students participated in this activity enthusiastically. The entries were submitted through Google forms.
- No. of Participants- 15 students were benefited





CAPACITY ENHANCEMENT

A pre-placement talk was held on Nov 25, 2020 by Ms. Kawaljit Kaur, related to recruitment process related to Wipro (WILP Hiring 2021). Mr. Pankaj Mishra resolved the doubts of students related to the drive and its process

Recruitment process related to Wipro (WILP Hiring 2021)

Pre-placement talk

Principal,
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(2020-2021)

Online Inter class "Motivational Quote" writing Competition



S.R.GOVT. COLLEGE FOR WOMEN AMRITSAR

Department of Psychology

Is Organising

An Inter Class
"Motivational Quote "Writing Competition
On 9.12.20
Submission to be taken Online

Date:9/12/2020

No. of Participants:31

Online Inter class "Motivational Quote" writing Competition was conducted to inculcate positive thinking and promoting mental health.

Students sent their entries through the online mode. After the completion of the entries, results were announced.

Students participated enthusiastically.

Student of Semester 5 Bhavya Sood go t the 1st prize, Simran Semester 1 got 2nd prize, Arshdeep Kaur and Amanpreet kaur of semester 1st got the 3rd prize.







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Saroop Rani Government College For Women Amritsar.

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CAPACITY ENHANCEMENT

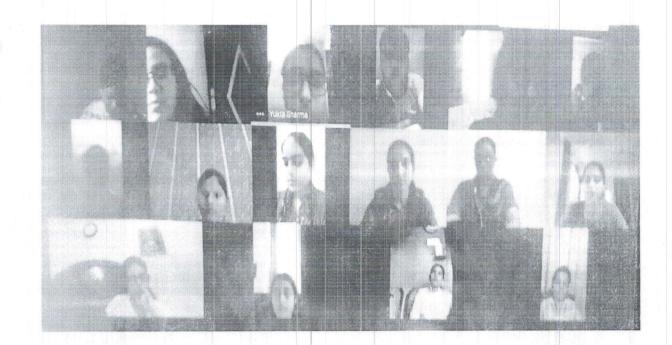
A stationing was held related to placement process of Infosys by Mr. Shivam Maini on November 19, 2020 through Zoom platform for the students of BCA/B.Sc. 30 students attended the session.

PLACEMENT PROCESS OF INFOSYS

PLATFORM: ZOOM

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Session 2020-21

Lecture Demonstration on Comparative Study of Ragas



Date: 26-11-2020

No. of Participants: 15

Department of Music Instrumental organised Lecture demonstration by Dalbir Singh Sohal Former Associate Professor in Music (Instrumental) S.R. Government College for Women, Amritsar on "Comparative study of Ragas." He also taught students about difficult aspect of music and how to learn them in easy order to have a successful carrier.





Principal,

Saroop Rani Government College For Women Paychology Department is againsing a session on Om Thanting Meditation on 14.2.2020 in the Poychology Department from 1.05 pm to 2.05 pm as a part of Buddy Programme initiative of Punjab Government.

- Dr Praithre Zusan.
HOD, Poycholagy

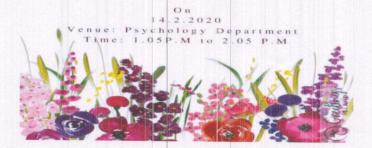
Session on "Om Chanting Meditation"

S.R.GOVT. COLLEGE FOR WOMEN

Department of Psychology

Is Organising

An " Om Chanting" Meditation Session

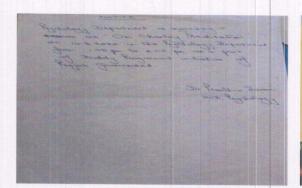


Date: 14/2/2020

No. of Participants: 30

Session on "Om Chanting Meditation" was held in department of psychology from 1:05 P.M till 2:05 P.M. as a part of buddy programme intiative taken by Punjab Government.

Students felt very relaxed after the session and demanded more such sessions every month to rejulvinate and regain the exhausted energies.





Principal.

Saroop Rani Government College For Women Amritşar.

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Lecture Demonstration on Role of Aesthetics in Music



Date: 13-09-2019

No. of participants: 29

Lecture Demonstration conducted in Music (Instrumental) Department on "Role of Aesthetics in Music" by Mr. Gaveesh Assistant Professor Guru Nanak Dev University in Music Department.





Saroop Rani Government College For Women Amritsar.

Slaumderbane

Session 2019-20

INSTRUMENTAL MUSIC COMPETITION



Date: 12-09-2019

No. of Participants: 25

Music (Instrumental) Department organised Competition for BA (1st Sem) & MA (1st Sem) students. In this competition students had played various dhuns on different instruments. Winners were encouraged and honoured by our College Principal.

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Shawinder Kau

S	ROLL NO.	NAME	CLASS	PRIZ E	INSTRUMENTS	
1.	19110495	Manpreet Kaur	B.A. – 1 st	1 st	Harmonium	
2.	19110107	Simranjot Kaur	B.A. – 1 st	2 nd	Harmonium	
3.	19110275	Charanjeet Kaur	B.A. – 1 st	3rd	Harmonium	
4.	19110084	Amandeep Kaur	B.A. – 1 st	3rd	Harmonium	
5.	19250006	Kulbir Kaur	M.A. – 1 st	1 st	Harmonium	
6.	19250004	Rupinder Kaur	M.A. – 1st	2 nd	Harmonium	
7.	19110187	Navpreet Kaur	B.A. – 1 st	1 st	Sitar	
8.	19110340	Muskaan	B.A. – 1 st	2 nd	Sitar	
9.	19110025	Neha	B.A. – 1 st	3rd	Sitar	
10.	19260001	Bhawnapreet	M.A. – 1 st	1st	Sitar	
11.	19260002	Akashdeep kaur	M.A. – 1 st	2 nd	Sitar	





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Sharwinder baur

A lecture on topic 'Mental Health and Happiness' by Mr. B.K. Bharat Bhushan

S.R.GOVT.COLLEGE FOR WOMEN AMBITSAR

Department of Psychology

Is Organising
A Guest Lecture
On
On
Topic' Mental Health and Happiness'
By Mr.B.K. Bharat Bhushan
Date: 9.9.2019
Time: 11.A.M.
Venue: Psychology Department

Date:9/9/2019

No. of Participants -55

Resource Person: Mr.B.K. Bharat Bhushan

lecture on 'Mental Health and Happiness' was delivered by Mr.B.K. Bharat Bhushan, Chief Co-coordinator, Brahamakumaris, in department of psychology under the guidance of Madam Principal Dr. Savita Sachdeva.

His lecture filled students with positive aura and enthusiasm to explore more about positive mental health and strategies to make our living conditions better.

students learned about perceptual views of different people.

His talks on part of "self" and "consciousness thoughts" gave students overwhelming Knowledge about various unknown facts.





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NOTICE

Poychology Deportment is organising
a lecture on Power of the Subconscious
Mind' by Ms Saloney Sharma,
a renowned hypnotherapist and
tarot card reader, on 6 September,
2019 in the Multimedia Room
at 10:30 am.

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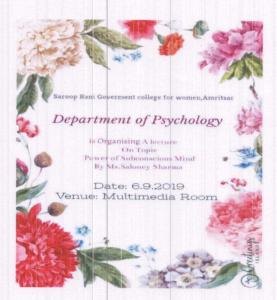
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(2019-2020)

A lecture on topic "Power of Subconscious Mind"



Date: 6/9/2019

No. of Participant strength:81

A lecture on topic "Power of Subconscious Mind" by a hypnotherapist and tarot card reader Ms. Saloney Sharma was organised by department of psychology.

Madam Saloney acquainted students with the existence of subconscious mind, and what powers we already have within ourselves to drive us and make our future.

After the lecture students interacted with madam and put forward the questions aroused in their mind and all their questions were satisfactorily answered by our guest in interactive session.







Principal,

CAPACITY ENHANCEMENT

Dr. Harpreet Kaur Sethi conducted a training session for Amazon Placement drive in 19 April 2019.

Amazon Placement

Training Session

Principal,
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College For Women
Amritsar.

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Lecture Demonstration on Music and its Practices



Date: 28-03-2019

No. of Participants: 29

An interactive lecture on "Music and its Practices "by Madam Nirmaljeet kaur Former Principal in Shri Guru Angad Dev College, Tarn Taran and Madam Rashmi Nanda Former Professor of Indian Classical Dance in S.R. Govt. college for Women Amritsar.



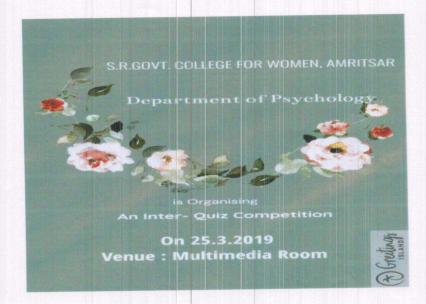






Principal,
Principal,
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Quiz Competition on Topics of Personality, Intelligence and Learning



Date: 25/3/2019

No. of Participants: 86

Inter-Quiz Competition organised for subject awareness among students.

Before starting it the rules were made clear to the students. There were four teams.

In total there were four rounds i.e. round for teams, audience round, buzzer round and bumper round.

All the participants showed immense enthusiasm in participating and giving responses.

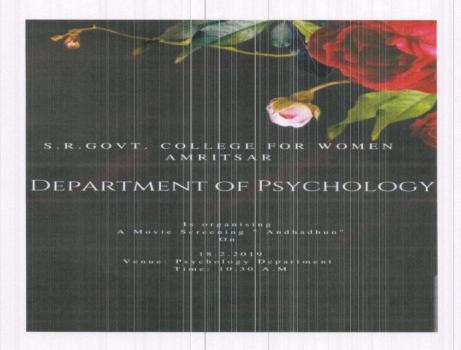
It gave students objective knowledge regarding their subject matter.





Latinduly

Screening of movie 'Andhadhun'



Date: 18/2/2019

No. of Participants: 92

Psychology department organised the screening of critically acclaimed and awarded movie 'Andhadhun'.

This movie is a good study of the Complexities of human behaviour and the functioning of human mind; hence it was relevant for all students of psychology department.

A brief question answer session was held after the movie to assess the students in depth understanding of the content.



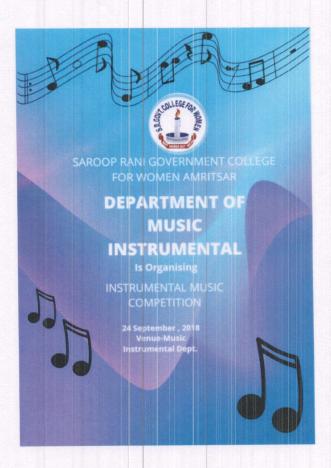


Latindeller

ACTIVITIES DEPARTMENT OF MUSIC INSTRUMENTAL 2018-2023

Session 2018-19

INSTRUMENTAL MUSIC COMPETITION



Date:24-09-2018

No. of Participants: 27

Music (Instrumental) Department organized competition for BA (1st Sem) & MA (1st Sem) students. In this competition students had played various dhuns on different instruments. Winners were encouraged & honoured by our college Principal.

College For Women

Amritsar.

Shawinder Kam

S.	ROLL NO.	NAME	CLASS	PRIZE
1.	18260005	Urvashi	MA (1st Sem)	First
2.	18110286	Amandeep Kaur	BA (1st Sem)	First
3.	18110052	Jaanvi Chander	BA (1st Sem)	Second
4.	18110311	Prabhleen Kaur	BA (1st Sem)	Second
5.	18110224	Amritpreet Kaur	BA (1st Sem)	First
6.	18110130	Kamaljeet Kaur	BA (1st Sem)	Second
7.	18110029	Amandeep Kaur	BA (1st Sem)	Third
8.	18110290	Sneha	BA (1st Sem)	First
9.	18110204	Pooja Kaur	BA (1st Sem)	Second







List of Poorticipants Playing Instruments Competition

So. No.	Roll No.	NAME.
1.	1811 5001	S Largen Lech
2	18116029	Amandey
3	1811 00 31	pomouteet
4,	18110066	Simoan
5.	18110107	P001a
6.	1840130	karnalget
7.	1811 0198	Jaki
6	18110224	Amount preud
9.	18110253	Appendul
lo ⁿ	18/10 293	Brout'
М.	18110446	vanacli
12.	1840481	piran pourt
13.	18110488	Ramonder
14.	18/10204	Pooja
16'	18265005	Uovashe'
16.	18710286	Amanded pour
n.	18110052	Sqamui Chander
\$ '	18.11 0 311	Pagbhleen pour
9.	18110290	Srela
20'	18 26 0001	Manju
211	1826 5056	Gurpenet pour
27,	18260118	Harman teet
23	18260268	Harshita
	18260211	Rupceli
	18260313	Subhaaj
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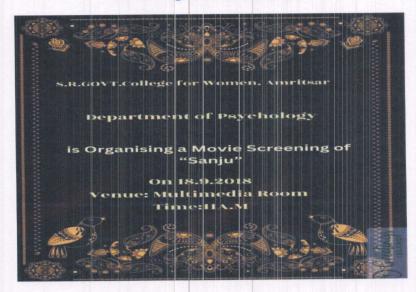
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Saroop Rani Government
College For Women
Amritsar.

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Screening of Movie 'Sanju'



Date: 1.8/9/2018

No. of Participants-95

Department of Psychology organised a Screening of Movie 'Sanju' which highlights the causal factors leading to drug Abuse which is related to syllabus of abnormal and clinical Psychology.

The movie is an in-depth case study of an addict and highlights the causal factors leading to drug abuse along with vivid portrayal of the detoxification process, withdrawal symptoms, rehabilitation and therapeutic procedures.

The movie sensitised the students about the magnanimity and gravity of the menace of drug abuse.







Principal,

Saroop Rani Government College For Women Amritsar.

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(2018-2019)

Lecture on "Power of Subconscious Mind"



Date: 31/8/2018

No. of Participants: 90

Resource Person: Ms. Saloney Sharma

A lecture on Power of Subconscious was delivered by Ms. Saloney Sharma, A Renowned Hypnotherapist.

She enthralled students with her intense knowledge about the subconscious part of human mind, its control over our behaviour and its strengths and weaknesses.

She explained how we can use the power of subconscious mind in our day-to-day life and lead a better life by having a positive outlook.



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Principal,

Webinar on "Enhancing Mental health with Cognitive Behaviour Therapy"



Date: 23/6/2021

No. of Participants:85

Resource Person: Dr. Prarthna Swani

A webinar was conducted on Topic 'Enhancing Mental health with Cognitive Behaviour Therapy by Dr. Prarthna swani.

Madam told us about the importance of healthy and positive mind.

She told the aspect that healthy body constitutes the healthy mind.

The role of Cognitive Behaviour therapy was stated well that to lead a healthy life we need to restructure our thoughts patterns and cognitive which will help us to lead a better and comfortable life.





2/9/23

Scholuber

(2021-2022)

Lecture on Topic "It's All Within You"

S.R.GOVT. COLLEGE FOR WOMEN

Department of Psychology

Invites you to Attend

A Guest lecture
on Topic' Its All Within You'

Date: 18.6.2021
Time: 11:30
Venue: Psychology Department
Platform: Google Meet

Date: 18/6/2021

No. of Participants: 85

Resource Person: Dr. Naina Sharma

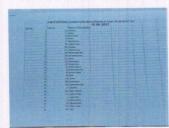
A Motivational Lecture on Topic "It's All Within You" by Dr. Naina Sharma, Senior Assistant Professor, Department of Psychology of Distance Education, Punjab University, Patiala.

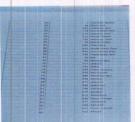
She taught the students that all the powers and weakness are within us. Human beings are very much responsible for their sad and happy experiences in our lives.

Students were moved by Dr. Naina motivational and inspirational words.











2019[23

Saroop Rani Government College For Women

Amritsar

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5) Workshop on Basic Techniques of Sitar and Career opportunities in the field of Music.



On 4/3/2023 Workshop on Basic Techniques of Sitar and Career Opportunities in the field of Music sponsored by Department of Higher Education, Government of Punjab under the able guidance of Principal Prof Dr Daljit Kaur and Ms Sharminder Kaur (HOD Department Music Instrumental)

Resource Person: Mr. Dalbir Singh Sohal (Former Associate Professor Music Instrumental in Saroop Rani Government College For Women Amritsar) shared practical knowledge of Basic techniques of Sitar such as Meend, Kan, Krintan, Jamjma, Ghaseet, khatka, Murki etc. and how to use all these while presenting Ragas. He also shared career opportunities in the field of Music with students.

No. of Participants:90



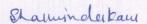




ਦਲਬੀਰ ਸੋਹਲ ਤੇ ਪ੍ਰੋਫੈਸਰ ਸ਼ਰਮਿੰਦਰ ਕੌਰ ਸੰਗੀਤ ਵਿਭਾਗ ਦੇ ਸਟਾਫ ਨਾਲ।

ਦੋ ਦਿਨਾ ਸੰਗੀਤਕ ਵਰਕਸ਼ਾਪ ਕਰਵਾਈ

ਰਮੇਸ਼ ਰਾਮਪੁਰਾ, ਅੰਮ੍ਰਿਤਸਰ: ਸਰੂਪ ਰਾਣੀ ਸਰਕਾਰੀ ਕਾਲਜ ਇਸਤਰੀਆਂ (ਇ.) ਅੰਮ੍ਰਿਤਸਰ ਦੇ ਪੋਸਟ ਗਰੈਜੂਏਟ ਸੰਗੀਤ ਸਾਜ਼ ਵਿਭਾਗ ਵੱਲੋਂ ਦੋ ਦਿਨਾ ਦੀ ਕਾਰਜਸ਼ਾਲਾ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ, ਜਿਸਦੇ ਪਹਿਲੇ ਦਿਨ ਡਾਕਟਰ ਰਿਤੂ ਸ਼ਰਮਾ ਵੱਲੋਂ ਸਿਤਾਰ ਹੀ ਕਿਉਂ ਤੇ ਸੰਗੀਤ ਸਾਜ਼ ਦੇ ਖੇਤਰ 'ਚ ਨੌਕਰੀ ਦੀਆ ਸੰਭਾਵਨਾਵਾਂ ਵਿਸ਼ੇ ਉੱਪਰ ਚਰਚਾ ਕੀਤੀ ਗਈ। ਕਾਰਜਸ਼ਾਲਾ ਦੀ ਲਗਾਤਾਰਤਾ ਦੇ ਦੂਜੇ ਦਿਨ ਦਲਬੀਰ ਸਿੰਘ ਸੋਹਲ ਦੁਆਰਾ ਸਿਤਾਰ ਦੀਆਂ ਮੁੱਚਲੀਆਂ ਤਕਨੀਕਾ, ਸਿਤਾਰ ਦੀਆਂ ਬਾਰੀਕੀਆ, ਰਾਗ ਦੀ ਪੇਸ਼ਕਾਰੀ ਵਿਚ ਅਲਾਪ, ਜੋੜ ਅਲਾਪ, ਕਟ, ਖਟਕਾ, ਮੁਰਕੀ, ਜ਼ਮਜ਼ਮਾ, ਕ੍ਰਿੰਤਨ, ਖਮੀਟ ਆਦਿ ਦਾ ਕ੍ਰਿਆਤਮਕ ਗਿਆਨਾ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਸਾਂਝਾ ਕੀਤਾ ਗਿਆ। ਇਸ ਕਾਰਜਸ਼ਾਲਾਂ ਵਿਚ ਸੰਗੀਤ ਸਾਜ਼ ਵਿਭਾਗ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਨਾਲ ਨਾਲ ਕਾਲਜ ਵਿਚ ਨਵ ਸਥਾਪਿਤ ਮਿਊਜ਼ਿਕ ਕਲੰਬ ਅਤੇ ਸੰਗੀਤ ਗਾਇਨ ਵਿਭਾਗ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਵੱਧ ਚੜ੍ਹ ਕੇ ਹਿੱਸਾ ਲਿਆ। ਸੰਗੀਤ ਸਾਜ਼ ਵਿਭਾਗ ਦੇ ਕੰਬਰ ਨੇ ਕਿੰਪ ਚੜ੍ਹ ਕੇ ਹਿਸਾ ਲਿਆ। ਸੰਗੀਤ ਸਾਜ਼ ਵਿਭਾਗ ਦੇ ਅੰਸੋਸੀਏਟ ਪ੍ਰੋਫੈਸਰ ਸ਼ਰਮਿੰਦਰ ਕੌਰ ਨੇ ਆਏ ਹੋਏ ਮਹਿਮਾਨਾਂ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ। ਕਾਲਜ਼ ਦੇ ਪ੍ਰੈਸ਼ੀਪਲ ਪ੍ਰੋ. ਡਾ. ਦਲਜੀਤ ਕੌਰ ਜੀ ਨੇ ਵਰਕਸ਼ਾਪ ਦੇ ਸਫਲ ਆਯੋਜਨ ਲਈ ਆਯੋਜਕਾ, ਨੂੰ ਵਧਾਈ ਦਿੱਤੀ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸੰਗੀਤ ਦੇ ਸਬੰਧਿਤ



4) Workshop on Why should we learn Sitar?



On 3/3/2023 Workshop organised on Why should we learn Sitar? Sponsored by Department of Higher Education, Government of Punjab under the able guidance of Principal Prof Dr Daljit Kaur and Ms Sharminder Kaur (HOD Department Music Instrumental)Resource Person:Dr.Ritu Sharma(Distinguished Alumni and Former Associate Professor Music Instrumental in BBKDAV College For Women Amritsar) shared the views of learning sitar and it's opportunities in the field of Music.

No. of Participants: 95





Poster Exhibition cum Competition on "Stress Management Techniques"



Date: 15/02/2023 No. of Participants:46

Department of Psychology Organized a Poster Exhibition cum Competition on Topic" Stress Management Techniques". There were total 46 Poster entries and students displayed the posters on the boards. Our Chief Guest Madam Principal Prof Dr. Daljit Kaur appreciated the efforts of the students and had a fruitful interaction with students and discussed the importance of Managing stress from perspective of students. Dr. Vandana Bajaj and Ms. Manjeet Minhas, from department of English acted as judges and acknowledge the work done by students. After the overall assessment, Prizes were announced, Shailza Arora of 2nd Semester got the 1st prize, Khushi Mehra of 6th Semester bagged 2nd prize and Muskan Kaur of 2nd sem got 3rd prize.





Saroop Rani Government College for Women, Amritsar
Department of Psychology

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Principal,
Saroop Rani Government
College For Women
Amritsar



ਸਰੂਪ ਰਾਣੀ ਸਰਕਾਰੀ ਕਾਲਜ, ਅੰਮ੍ਰਿਤਸਰ

Saroop Rani Governmen College For Wonger

stress in youth is the leading cause of drug addiction. Officiating were motivated to share their problems with their friends, family motive to equip the students with strategies to manage the stress November, 2022 at S.R Govt. College for Women, Amritsar. Buddy A seminar was organised under Buddy programme on 24th and stay committed towards themselves and the society. positivity in their lives. This session prepared them for their upcoming members and teachers as interaction is the best way to create addressed the students and apprised them with the causes and contemporary world. Dr. Paramjit and Dr. Harmandeep Singh and anxiety of exams and competitive demands of the menace of drug addiction. The symposium was organised with a Programme is an initiative of Govt. of Punjab to fight against the Principal Dr. Surinder Kaur motivated the girls to be responsible citizens University exams and also served the objective of Buddy program as effects of stress and explained methods of its management. Students

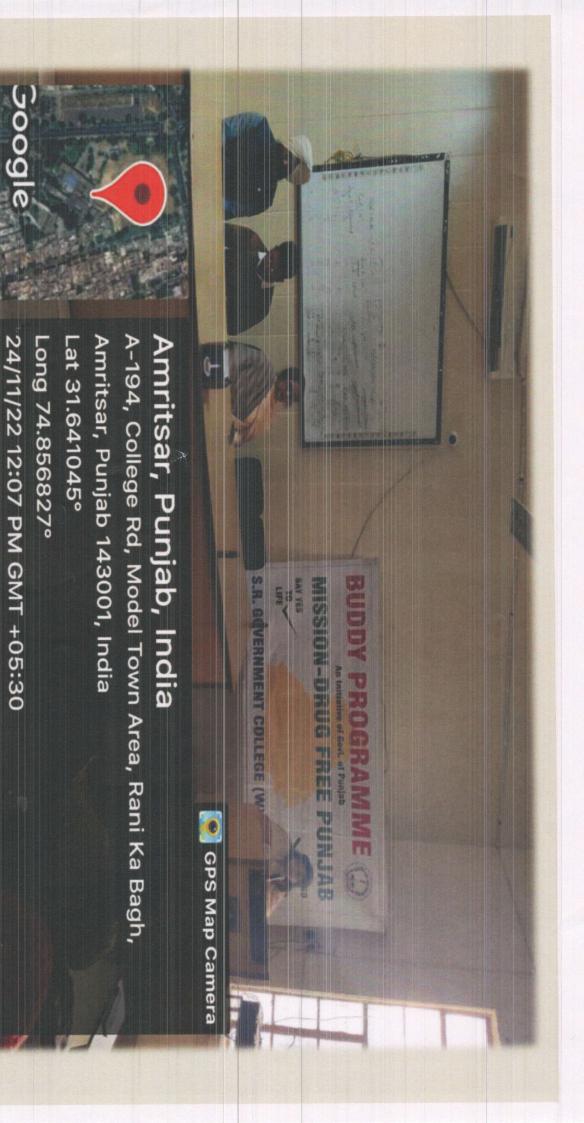


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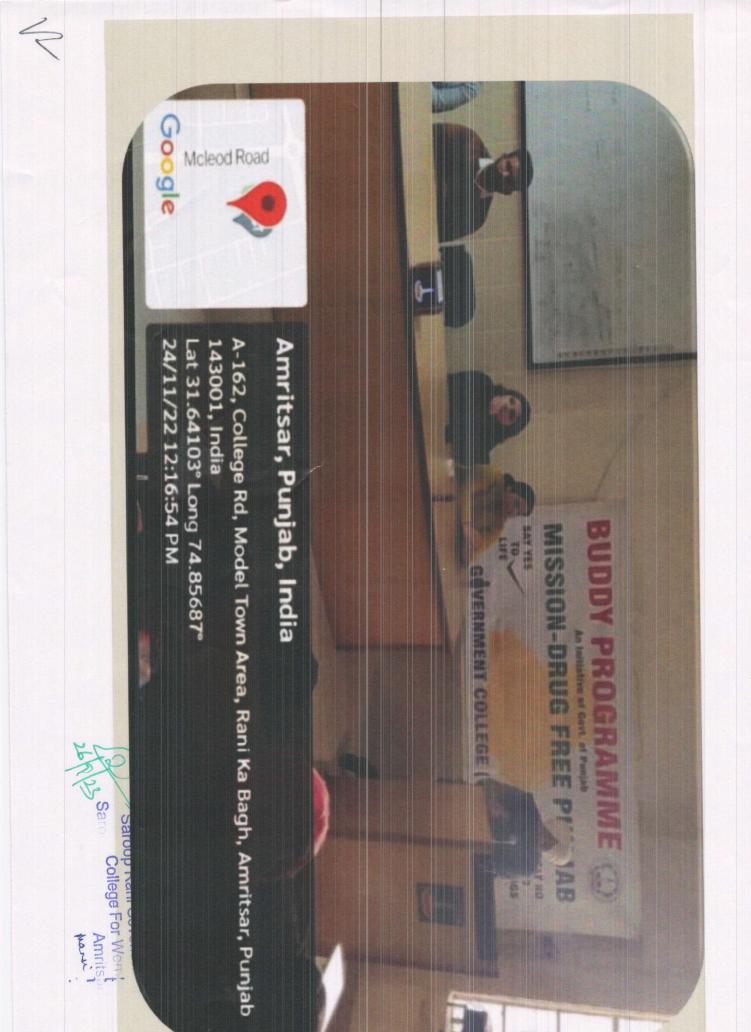




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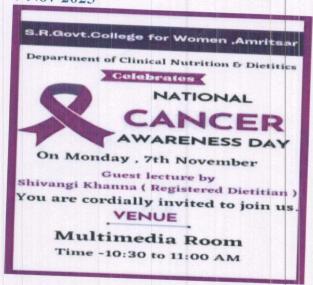
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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

B.Sc Medical with CND

Awareness Lecture on Medical Nutrition Therapy Of Cancer Treatment National Cancer Awareness Day 7 Nov 2023



Department of Clinical Nutrition & Dietetics, S. R. Government College for Women Amritsar celebrated "National Cancer Awareness Day" on 7th November 2022 inaugurated by Madam Principal Prof. Dr. Daljit Kaur. A lecture on **Medical Nutrition Therapy of Cancer Treatment** was given by Shivangi Khanna (Registered Dietitian) Dietitian Care and Cure Medicity Amritsar, Ex-Fellow Tata Memorial Hospital Mumbai.



Principal,
Saroop Rani Government
College For Women
Amritsar.

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11) Celebration of World Music Day





ਵਿਸ਼ਵ ਸੰਗੀਤ ਦਿਵਸ ਮੈਕੇ ਇੱਕ ਸੰਗੀਤਕ ਬੈਠਕ ਦਾ ਆਯੋਜਨ ਕੀਤਾ

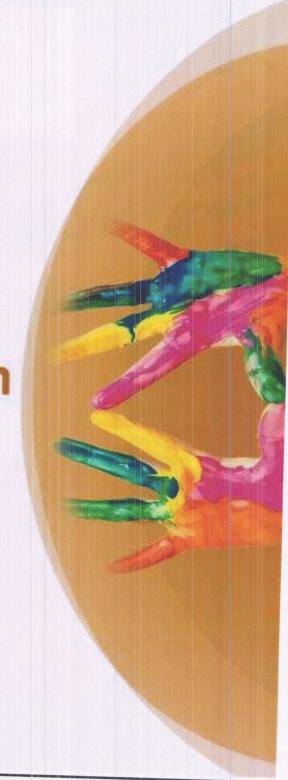
ਸੰਗੀਤ ਕਲੱਬ ਦੀਆਂ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਵੱਖ- ਵੱਖ ਗੀਤ ਗਾ ਕੇ ਵਿਸ਼ਵ ਨੇ ਵੱਖ- ਵੱਖ ਗੀਤ ਗਾ ਕੇ ਵਿਸ਼ਵ ਸੰਗੀਤ ਦਿਵਸ ਮਨਾਇਆ। ਪ੍ਰੇਗਰਾਮ ਦਾ ਆਗਾਜ਼ ਸੰਗੀਤ ਵਾਦਨ ਵਿਭਾਗ ਦੇ ਮੁਖੀ ਮੈਡਮ ਸ਼ਰਮਿੰਦਰ ਕੋਰ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵਿਸ਼ਵ ਸੰਗੀਤ ਦਿਵਸ ਦੀ ਮਹੱਤਤਾ ਦੱਸਦੇ ਹੋਏ ਕੀਤਾ। ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਪ੍ਰੇਟੈਸਰ ਕਾਕਟਰ ਦਲਜੀਤ ਕੋਰ ਨੇ ਸਬੰਧਿਤ ਕਲਾਕਾਰਾਂ ਨੂੰ ਸਨਮਾਨ ਚਿੰਨ੍ਹ ਡੇਟ ਕੀਤੇ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਆਤਮ ਫਿਸਵਾਸ ਨਾਲ ਸੰਗੀਤ ਦੇ ਖੇਤਰ ਵਿਸ਼ਵਾਸ ਨਾਲ ਸੰਗੀਤ ਦੇ ਖੇਤਰ



On 21/06/2023 World Music Day celebrated in S. R Government College For Women, Amritsar by Music Club. On this occasion former student of the college Bhawnapreet played Sitar Vadan, Swajeet kaur played Rabab and Simranjeet kaur played Dilruba. Students of Music Club also sung various songs to celebrate this day.Madam Sharminder Kaur HOD Music Instrumental Department commenced the program by telling the importance of World Music Day to students. Performers honoured with momentos by Principal Prof. Dr. Daljit kaur and she also motivated students to move forward in the field of music and to build self-confidence. Students of different departments had taken part in this occasion.

No. of participants:21

Principal, Saroop Rani Government College For Women Amritsac. Wall
Painting
Competition



Principal,
Saroop Rani Government
College For Women
Amritsar.

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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR P.G. DEPARTMENT OF GEOGRAPHY

WORLD WATER DAY

DATE: 22.02.23

World Water Day was celebrated by Geography Department. Under which a short film was screened. Students displayed their posters on water conservation and recited poems on the theme of "WATER CONSERVATION". Principal Prof. Dr. Daljit Kaur graced the occasion with her presence and made aware the students about the significance of water. She also suggested the different ways to save water. Dr. Satinder Kaur head of P.G Department of Geography also shared her view about water conservation and gave tips to students to save water in their routine life.

Number of participants: 65





HEAD OF THE DEPARTMENT P.G. DEPT. OF GEOGRAPHY

DR. SATINDER KAUR

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Principal,
Saroop Rani Government
College For Women
Amritsar.

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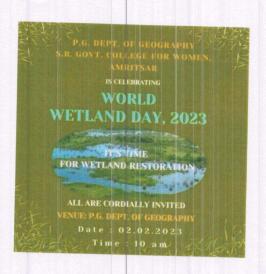
SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR P.G. DEPARTMENT OF GEOGRAPHY

World Wetland Day

Date: 02.02.2023

P.G. Department of Geography celebrated World Wetland Day. On this occasion H.O.D of Geography Department Dr. Satinder Kaur delivered welcome address. There after Mr. Ramandeep Singh , Mr. Puneet Kalra presented lectures on spatial distribution of wetlands in Punjab and importance of wetland respectively. Mrs Ramanjit Kaur shared their views regarding types and significance of wetland And Dr. Ravinder kaur shared their views regarding restoration of wetlands.

No. of participants 37





Ms.Ramanjit Kaur from Botany department delivered lecture on "Types and Significance of Wetlands"



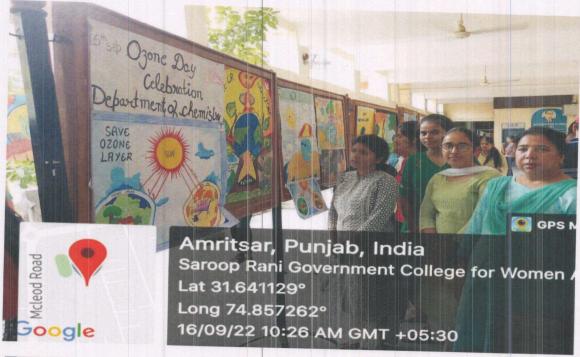
Dr. Ravinderjit Kaur from Botany department presented power point presentation on the "Restoration of

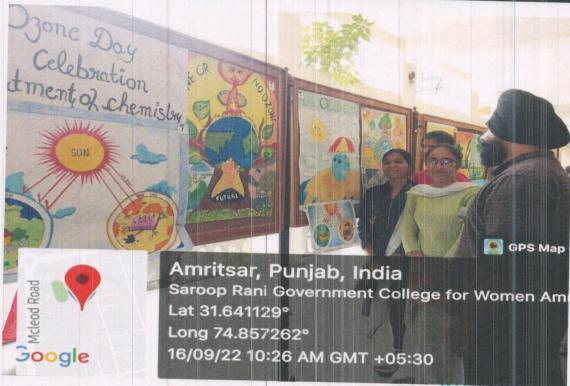
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Saroop Rani Government College for Women, Amritsar Department of Chemistry

World Ozone Day Celebration on 16 09 2022.



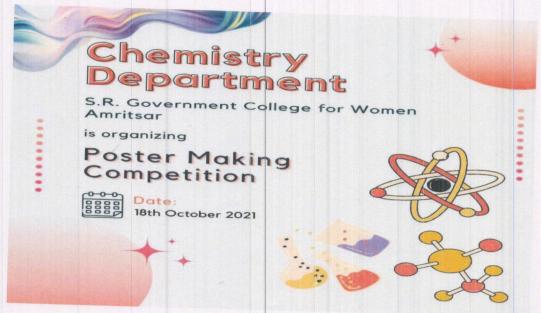


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Saroop Rani Government College For Women Amritsar.

Saroop Rani Government College for Women, Amritsar Department of Chemistry

Poster Making Competition on 18-10-2021.





Harsimran Kaur (B.Sc-Med- V) got 1st Prize.
Sanchita Sharma (B.Sc-CND-V) & Jagroop Kaur (B.Sc-Non-Med- V) got 2nd Prize KajalKumari (B.Sc. – CND- III) got 3rd prize.

Surinderk

Saroop Rani Government College For Women Amritsar.

Department of English, Saroop Rani Government College For Women, Amritsar

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IQAC & English Lit	erary Society
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75 years of Indep	pendence
Certificate of o	Achievement
Presented to	
participating & achieving	
the event	position in
IQAC & Department of English.	teld on Oct 6, 2021erganized by
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Literary Fest

Celebrating 75 years of independence





Some glimpses of the event







No. Of Participants: 45

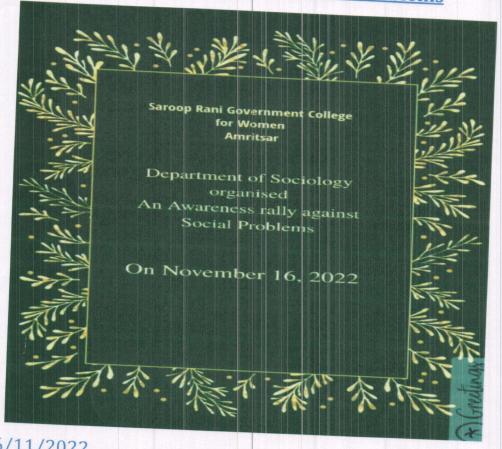
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Maner

(2022-2023)

Awareness Rally against Social Problems



Date:16/11/2022

Number of Participants = 93

Department of Sociology, Saroop Rani Government College for Women, Amritsar organized an awareness rally against Social Problems on Nov 16, 2022.

This awareness rally was flagged off by Principal Prof. Dr. Daljit Kaur. She addressed students with her encouraging words. Students chanted slogans to spread awareness about the social problems faced by society. The Council and other staff members also graced the occasion with their presence.

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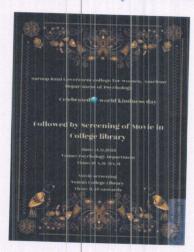
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Saroop Rani Government College For Women Amritsar.

Saroop Rani Government College for Women, Amritsar Department of Psychology

World Kindness Day Celebrations



Date: 14/11/2022 No. of Participants:60

On this occasion Madam Principal Prof. Dr Daljit Kajur addressed the students of psychology department with her enlightening words about virtue of kindness. She shared with students the importance of being kind first to yourself and then to others. She further educated students how we can share our experiences of kindness on social media platform to personify ourselves as inspiration for others. Dr Satinder Kaur, Head, Department of Geography shared her experience of kindness and educated students how they can clear their karmas by being kind to others. Dr Preeti Gulati, Assistant Professor, Department of Psychology, shared with students regarding importance of celebrating world kindness day. A Movie screening on the theme of 'spreading kindness 'was also organised in College Library to make students learn about being kind through this art form of entertainment. Dr Romy Arora, Dr Kiranpreet Kaur, Madam Guneet and Madam Sudha also graced the occasion with their presence.





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SAROOP RANI GOVT. COLLEGE FOR WOMEN, AMRITSAR

Department of Economics celebrated "World Transport Day" in which the Declamation contest was held and 08 students have participated and the following students got 1st, 2nd and 3rd positions.

First: Simran Nagra - B.A. 3rd year

Second: Bhoomika - B.A. Third: Alankrit - B.A. 1st year

Date: 10-11-2022

Number of participants: 60



Saroop Rani Government College For Women Amritsar. mann

ACTIVITY 2

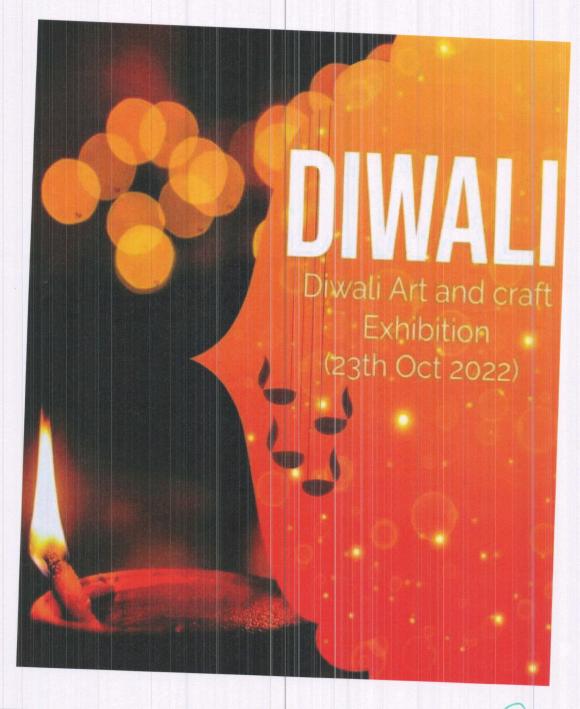
DIWALI ART & CRAFT EXHIBITION

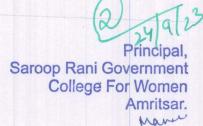
DATE

: OCT 23, 2022

No. of Participants

20





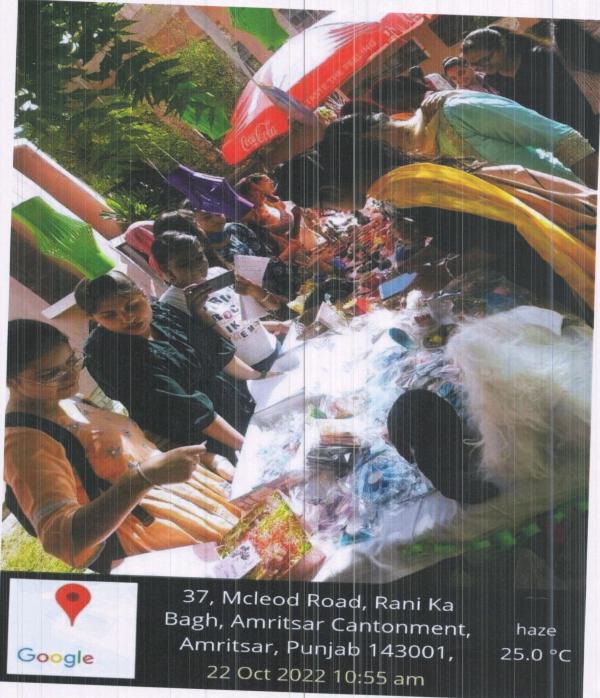
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An Exhibition of Art and Craft organised by Fine Art Department. in college campus on Diwali Eve. Students sold their hand made article like Resin art materialand Designer Diyas.



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SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR P.G. DEPARTMENT OF GEOGRAPHY

POT MAKING COMPITITION

Date: 22.10.2022

Pot making Competition: was held in P.G. Dept. of Geography, in which 25 students have been participated out of which the following students bagged the first, second and third positions. First: Goldy, B.A. sem I ,Second: Tanu, M.A. Sem III and Third: Smile Sharma, B.A. sem III

Number of participants: 24





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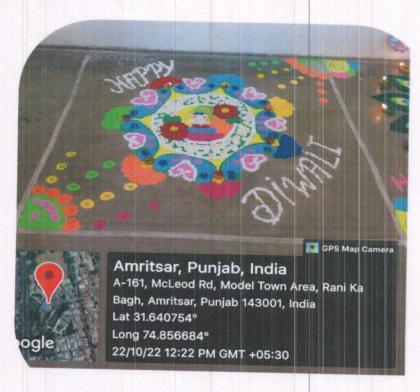
(2022 - 2023)

Diwali Celebrations

Date:22/10/2022

Number of Participants: 11

The festival of Diwali was celebrated with great enthusiasm by the Department of Sociology of Saroop Rani Government College for Women, Amritsar. On this occasion, the students of the department made rangoli and took part in the various activities organized by the college. As per the guidance of Principal Prof. Dr. Daljit Kaur ji, students were motivated to celebrate smokeless and safe Diwali. Mrs.Nitika Wadhwa,The senior faculty member of Sociology Department, Ms. Amarbir Kaur and teachers from other departments were also present on the occasion.











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 Guest Lecture, Declamation Contest and Poster Making Competition was held on "International Day for Eradication of Poverty".

A Guest lecture by the Prof Shaminder Jeet Singh (Retd.) was organized by the Department on the International Day for Eradication of Poverty.

07 students have participated in **Declamation Contest** on the same topic and out of which the following students got 1st, 2nd and 3rd positions.

First: Simran Nagra - B.A. 3rd year & Bhoornika

Second: Alankrit - B.A. 1st year

Third: Namita -

In Postar Making competition 25 students have participated out of which the following students got 1st, 2nd and 3rd positions.

First: Gurpreet Kaur – B.A. 1st year Second: Goldy Kumari – B.A. 1st year

Third: Sakshi - B.A. 1st year

Date: 17-10-2022 Number of Students: 70





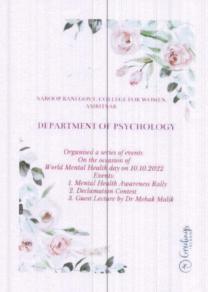
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Saroop Rani Government College for Women, Amritsar Department of Psychology

(2022-2023)

World Mental Health Celebrations



Date: 10/10/2022 No. of Participants: 130

Resource Person: Dr. Mehak Malik

Mental Health Awareness Rally was flagged off by Principal Professor Dr Daljit Kaur, and Professor Dr Ashwani Bhalla, Deputy Director, Higher Education, was the guest of honour. He addressed our students with his encouraging words that how important is mental health in today's stressful life and students chanted slogans to spread awareness about the importance of inculcating positive thinking and promoting mental health. Poster Making Competition and Declamation Contest also evoked active participation from the students A Seminar on the topic 'Importance of Mental Health' was presented by Dr Mehak Malik, a renowned clinical psychologist.





Saroop Rani Government College For Women Amritsar.

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Activity Report (2022-23)

Quiz Competition

Date - 19/09/2022

No. of Participants - 20

A QUIZ COMPETITION for the students of the department was organised in which 20 students participated. The competition was divided into three rounds in which 2 questions were asked from each team and all rounds were having passing questions. One team with least marks at the end of round was eliminated after each round and at the end one team was selected as the winner. The winning team was given prizes by the Head of the Department.

SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Department of Commerce and Management

19/09/2022

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Extempore Competition

Date - 21/09/2022

No. of Participants - 11

An **Extempore Competition** was organised in which 11 students of the department participated and gave their views on various topics like Advertising, Online teaching and Industrialisation.

SAROOP RANI GOVERNMENT COLLEGE FOR WOMEN, AMRITSAR

Department of Commerce and Management

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(2021-2022)

CELEBRATION OF 131ST BIRTHDAY ANNIVERSARY OF DR. B.R AMBEDKAR



Number of participants:12

As per instructions of Government of India, the 131st Birth anniversary of Dr. B.R Ambedkar was celebrated with great pomp and show by the department of Sociology in the college campus. On this occasion, the Principal of the college Mrs. Jyoti Bala apprised the students about the views of Dr. B.R Ambedkar.



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SAROOP RANI GOVT. COLLEGE FOR WOMEN, AMRITSAR

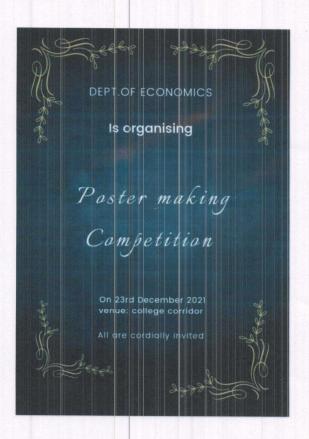
 Poster Making Competition was organized on the topics of "Farm bill: Are they Good or Bad"," Future of coal in India"," Disinvestment and Privatization" in which 30 students participated. Out of which the following students got 1st, 2nd and 3rd positions.

First: Varundeep Kaur – B.A. 2nd year Second: Bhawna Gupta – B.A. 2nd year

Third: Simran Kaur – B.A. 1st year & Shubseerat Kaur – B.A. 2nd Year

Date: 23.12.2021

Number of participants: 30







Johnson

Saroop Rani Government College For Women Amritsar.

ACTIVITY 1

MEHNDI COMPETITION

DATE

: 18.11.2021

No. of Participants

: 18



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Nov -2021:

Mehndi competition was organized in Fine Arts Department. Principal Madam Mrs. Jyoti Bala graced the occasion and appreciated the work of the students.



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Paray teams

(2019 - 2020)

SLOGAN WRITING COMPETITION ON FEMALE FOETICIDE



No. of participants:22

An Online Slogan Writing Competition on Female Foeticide was organized by the Department of Sociology. Ms. Nitika Wadhwa, the senior faculty member of Sociology Department appreciated the efforts of students and also made the students aware about the serious issue of female foeticide and importance of girls in society.

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	Date , 03/11/2020. Department of Sociology
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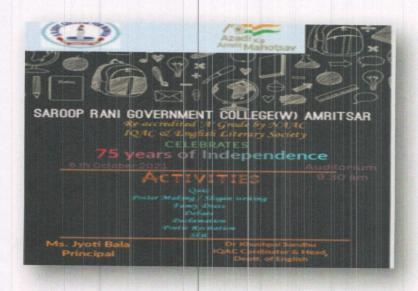
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Department of English, Saroop Rani Government College For Women, Amritsar

Activity 2: Literary Fest

6th October, 2021



Report: The Department of English in collaboration with the IQAC, organised a Literary Fest on 6th October, 2021, to celebrate 75 Years of Independence of India. Many students participated actively in various literary competitions such as quiz, poster making, slogan writing, fancy dress, debate, poetic recitation, declamation, skit, etc.

Celebrating 75 Y	ears of Independence
	tober 2021
D	uty List
Justices of the Event: Dr Khusheud Sanda	o. Dr Vandana Bojoj and Mts Margest Kaur
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Activity	Inchange
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Foster Making/Slogan Writing	Ms Marisi Singh, Ms Radhika Mahajan Ms Deepika
Fancy Dress	Ma Eksi Verma
Debute	Mis Sonia, Mis Freetika
Declamation	Mis Simurbir Kaur
Poetic Recitation	Mis Haricamas Kaur
Skie	fulls Isha Soni, Miricrepreet Singn
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